J Exp Biol Advance Online Articles. First posted online on 29 August 2012 as doi:10.1242/jeb.075044 Access the most recent version at http://jeb.biologists.org/lookup/doi/10.1242/jeb.075044 D. L. Altshuler and others Yaw turns of hummingbirds

1 Wingbeat kinematics and motor control of yaw turns

2 in Anna's hummingbirds (Calypte anna)

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SUMMARY

21 The biomechanical and neuromuscular mechanisms used by different animals to 22 generate turns in flight are highly variable. Body size and body plan exert some 23 influence, e.g., birds typically roll their body to orient forces generated by the wings 24 whereas insects are capable of turning via left-right wingbeat asymmetries. Turns are 25 also relatively brief and have low repeatability with almost every wingbeat serving a 26 different function throughout the change in heading. Here we present an analysis of Anna's hummingbirds (Calypte anna) as they fed continuously from an artificial feeder 27 28 revolving around the outside of the animal. This setup allowed for examination of 29 sustained changes in yaw without requiring any corresponding changes in pitch, roll, or 30 body position. Hummingbirds sustained yaw turns by expanding the wing stroke 31 amplitude of the outer wing during the downstroke and by altering the deviation of the 32 wingtip path during both downstroke and upstroke. The latter led to a shift in the inner-33 outer stroke plane angle during the upstroke and shifts in the elevation of the stroke 34 plane and in the deviation of the wingtip path during both strokes. These features are 35 generally more similar to how insects, as opposed to birds, turn. However, time series 36 analysis also revealed considerable stroke-to-stroke variation. Changes in the stroke 37 amplitude and the wingtip velocity were highly cross-correlated as were changes in the 38 stroke deviation and the elevation of the stroke plane. As was the case for wingbeat 39 kinematics, electromyogram recordings from pectoral and wing muscles were highly 40 variable, but no correlations were found between these two features of motor control. The high variability of both kinematic and muscle activation features indicates a high 41 42 level of wingbeat-to-wingbeat adjustments during sustained vaw. The activation timing 43 of the muscles was more repeatable than the activation intensity, which suggests that the former may be constrained by harmonic motion and that the latter may play a large 44 45 role in kinematic adjustments. Comparing the revolution frequency of the feeder to measurements of free flight yaws reveals that feeder tracking, even at one revolution 46 47 every two seconds, is well below the maximum yaw capacity of the hummingbirds.

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Introduction

49 Flying animals have the ability to alter velocity and orientation about three axial and 50 three torsional degrees of freedom with varying degrees of independence. This ability is 51 generally termed maneuverability (Dudley, 2000), but this definition does not provide a specific 52 metric that can be compared across individuals or among taxa. Studies with flying birds and bats 53 have sometimes used a specific definition of maneuverability as the smallest radius for which a 54 given animal can make a turn (Pennycuick, 1975). This value is invariant for hovering insects 55 and hummingbirds, which can turn in place. The turning performance of many taxa across a 56 broad range of body sizes has been examined, including insects (Fry et al., 2003; Ristroph et al., 57 2009; Springthorpe et al., 2012; Hedrick et al., 2009), fishes (Weihs, 1972; Webb, 1983), birds 58 (Warrick et al., 1988; Warrick and Dial, 1998; Hedenström and Rosén, 2001; Hedrick and 59 Biewener, 2007; Hedrick et al., 2007; Ros et al., 2011), bats (Norberg and Rayner, 1987; Iriarte-60 Díaz and Swartz, 2008), carnivorous mammals (Eilam, 1994), and humans (Carrier et al., 2001; 61 Lee et al., 2001). These studies have revealed a diversity of biomechanical mechanisms for 62 turning, even within clades of flying animals such as birds or insects. One source of this variation 63 is that turns can be composed of different magnitudes and phases of body pitch, roll, and yaw. 64 Thus, even for a specific definition of maneuverability in flight, it is unknown which, if any, 65 kinematic features are necessarily conserved among animal species or across body sizes.

66 Hovering insects and hummingbirds provide an opportunity for comparing maneuvering 67 performance because these animals can all turn in place about the yaw axis with little or no 68 change about roll and pitch axes and no change in horizontal or vertical position. Experiments 69 with tethered fruit flies (Drosophila melanogaster; Götz, 1968) and locusts (Locusta migratoria; 70 Dawson et al., 1997) have demonstrated that during attempted turns, the inner wing (the inner 71 forewing for the locusts) sweeps through a smaller arc, i.e., has lower stroke amplitude, 72 compared to the outer wings. Tethered locusts also exhibit a pronounced asymmetry in the 73 average elevation of the fore wings with the inner wing being more depressed (Dawson et al., 74 1997). When generating yaw turns in free flight, the outer wing of D. melanogaster has a wider 75 stroke amplitude and a more horizontal stroke, i.e., a shallower stroke plane angle, which also 76 causes an increase in the angle of attack of the outer wing (Fry et al., 2003). A universal 77 mechanism for terminating yaw turns in freely flying insects and hummingbirds is the use of 78 symmetrical wingbeat kinematics because the difference in velocity experienced by each wing

during the turn is sufficient to damp the yaw torque (Hedrick et al., 2009). The kinematic
mechanisms that hummingbirds use to generate yaw turns have not been investigated previously
although more complicated escape maneuvers have been described (Christopher James Clark,
2010).

83 Any difference between left and right wingbeat kinematics must be reflected in the 84 activation features of at least one bilateral pair of muscles. Numerous recordings from the basalar 85 muscles of tethered insects have revealed that the activation phase and number of spikes are 86 associated with changes in wing deviation and stroke amplitude (Dawson et al., 1997; Tu and 87 Dickinson, 1996; Lehmann and Götz, 1996). When larger groups of muscles are recorded 88 simultaneously, subsets have been found to act synergistically (Heide, 1975). For example, two 89 of the basalar muscles of tethered blowflies (Calliphora vicina) are associated with wing 90 downstroke deviation, and interactions among basalar and pterale III muscles influence the 91 stroke amplitude (Balint and Dickinson, 2001). Recordings from freely flying Convolvulus 92 Hawkmoths (Agrius convolvuli; Ando et al., 2002) further demonstrate associations between the 93 timing on direct muscles in the insect thorax and the stroke amplitude and deviation (Wang et al., 94 2008). Timing differences in the main power muscles, the dorsal longitudinal and dorsal ventral 95 muscles, of the Tobacco Hawkmoth (Manduca sexta) influences the overall yaw velocity of the 96 body in free flight, but do so by acting upon the inertial velocity that is extended from the 97 previous stroke (Springthorpe et al., 2012).

98 The activation patterns of avian muscles are more difficult to interpret because the large 99 number of motoneurons innervating each muscle leads to considerable variation in timing 100 (temporal recruitment patterns) and intensity (spatial recruitment patterns). Hedrick and 101 Biewener (Hedrick and Biewener, 2007) recorded from two pectoral muscles (pectoralis major 102 and supracoracoideus) and two wing muscles (biceps brachii and extensor metacarpi radialis) as 103 Rose-breasted cockatoos (Eolophus roseicapillus) navigated a 90° turn. They observed left-right 104 activation asymmetries in all of the muscles, but none of these patterns were associated with 105 among-wingbeat changes in body kinematics. Hummingbirds can hover like many insects and, 106 during this behavior, the pectoralis major has a relatively simple activation pattern composed of 107 only 1-3 spikes (Hagiwara et al., 1968). Experiments in low-density air, during load lifting, and 108 in a wind tunnel demonstrate an association between the maximum EMG spike amplitude from 109 this muscle and the wingstroke amplitude (Altshuler et al., 2010; Tobalske et al., 2010). The

hummingbird therefore presents an opportunity to examine neuromuscular and kinematic mechanisms of turning in birds that can be directly compared to the extensive literature on insect flight control.

113 For the present study, we sought to address three questions: 1) What are the wingbeat 114 kinematic and neuromuscular features used by hummingbirds to generate sustained yaw turns? 2) 115 How repeatable are these features? 3) What are the temporal associations between muscle 116 activation patterns and wingbeat kinematics? To address these questions, we trained 117 hummingbirds to track a feeder that revolved around the outside of the animal thereby eliciting a 118 pure yaw turn, without any change in roll, pitch, horizontal or vertical position. The 119 hummingbirds tracked the feeder for several seconds, amounting to as many as a hundred or 120 more wingbeats. During these steady-state maneuvers, we recorded the wingbeat kinematics 121 using high-speed cameras and made electromyogram recordings (EMGs) from the pectoralis 122 major, pronator profundus, and pronator superficialis muscles. Associations among kinematic 123 and electrophysiological variables are examined using several statistical approaches including 124 time series analysis.

MATERIALS AND METHODS Animals

129 Between May and September of 2009, we captured four adult male Anna's 130 hummingbirds (Calypte anna) at the University of California, Riverside campus, using portable 131 drop-door traps and Hall traps (Russell and Russell, 2001). The hummingbirds were housed 132 individually in cages measuring 0.93m x 0.62m x 0.62m and fed ad libitum with a solution of 133 13% artificial nectar (Nektar-Plus, Nekton GmbH, Germany) and 5% sucrose. The light cycle in 134 the vivarium was 12:12 with lights on from 7 a.m. to 7 p.m. Prior to experiments, the animals 135 were brought to the laboratory for three to four days of training and acclimation to the flight 136 chamber. All the procedures were conduced under permits from the United States Fish and 137 Wildlife Service and the California Department of Fish and Game, and approved by the 138 Institutional Animal Care and Use Committee at the University of California, Riverside.

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Experimental setup and training

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141 The flight chamber (Fig. 1A) was 0.61m high, 0.58m deep, and 0.51m wide and 142 contained a wooden perch in one corner and an artificial feeder made out of a 1mL syringe that 143 was mounted at the end of a J-shaped aluminum arm. The long arm was connected to a stepper 144 motor (MDrive 23 Plus, Schneider Electric Motion, USA) placed in the center of the cage roof. 145 The distance between the mouth of the feeder and the axis of rotation of the motor was adjusted 146 slightly, if needed, for each bird such that they could feed from the revolving syringe while 147 maintaining their center of gravity in the axis of feeder rotation, thereby executing a pure yaw 148 turn.

149 An individual hummingbird was initially moved from the vivarium, placed in the 150 experimental chamber, and trained for the experiment. They first learned to feed on command 151 from the stationary feeder by covering it for 20 minutes in between feeding bouts. As soon as a 152 bird terminated a feeding bout by flying away, the feeder was once again covered. Within one to 153 three hours, each bird learned to approach the feeder as soon as access was allowed and then feed 154 for bouts longer than 5 seconds. Thereafter, the bird learned to feed while the feeder was rotated 155 at a slow frequency of 7.5 revolutions per minute (r.p.m.). We maintained this frequency until 156 the hummingbird consistently followed the feeder for two seconds and then increased the 157 revolution frequencies to 15, 25 and finally 30 r.p.m., which was the frequency used for all 158 experiments with the turning feeder. The birds were trained equally on both clockwise and 159 counterclockwise directions at all training frequencies. Each hummingbird typically required 160 three days of training, four hours per day before they could follow the feeder consistently at 30 161 r.p.m. (0.5 Hz).

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Surgery and experimental procedures

164 Hummingbirds were anesthetized with isoflurane during the surgical procedure to 165 implant the electromyography (EMG) and ground wires. Induction concentrations were 2.5%, 166 but the isoflurane concentration was brought to 1.8% as quickly as possible once the animals 167 reached a surgical plane. Oxygen flow rates were maintained at 500cc/min. Each animal had four 168 recording electrodes implanted into muscles, two on each side. Our intention was to target the 169 pectoralis major (PM) and the pronator superficialis (PS) on both the left and right sides. The PM 170 was targeted because it powers the downstroke and its activity varies in response to mechanical 171 demands (Hagiwara et al., 1968; Altshuler et al., 2010; Tobalske et al., 2010). The PS was

targeted because it is one of the larger superficial muscles in the hummingbird wing (Welch Jr. and Altshuler, 2009). It is nonetheless a very small muscle and we inadvertently recorded from two other proximal wing muscles, the pronator profundus (PP) and the flexor digitorium superficialis (FDS) in place of recordings intended from the PS.

The EMG wires were made of 99.99% silver with heavy polyimide (HML) insulation (California Fine Wire, USA). The vendor fabricated electrically isolated wire pairs ("bifilar") made of either 0.0508 mm (0.002") or 0.0762 mm (0.003") diameter wires. We used the 0.0508 mm electrodes with the proximal wing muscles (FDS, PP, and PS), and the 0.0762 mm electrodes with the pectoralis major (PM). A single 0.1016 mm (0.004") silver wire, also insulated with HML, served as the ground electrode. We removed the last 0.5mm of insulation from the end of each wire, and offset the ends of the paired wires by 0.5 mm.

To secure the electrodes around the muscle fibers, we fed the end of the wire or wire pair into the tip of a hypodermic needle and then bent back the wire to form a hook. We then inserted the recording electrodes into the muscles and the ground electrode subcutaneously on the back above the vertebral column using the needle. We removed the needle and left the wires in place by holding it with forceps as the needle was removed. The electrodes were secured with 6-0 sutures to the skin of the hummingbird over the site of insertion and additionally secured the full set of lead wires with suture through the intervertebral fascia.

190 Following recovery from the initial surgery, hummingbirds were released in the flight 191 chamber. Three different flight behaviors were recorded: stationary hovering, clockwise turning, 192 and counterclockwise turning. All recordings with the revolving feeder were made at 30 r.p.m. 193 Two trial recordings of each flight behavior were made for each bird with one exception: only 194 one trial was made for bird 4 during hovering. The trials and behaviors were varied in temporal 195 sequence. A trial was considered successful if the bird fed from the feeder for at least 0.5 196 seconds. Trials were separated by 20 minutes and all the trials for each bird were recorded in a 197 single day. Following data collection, each bird was briefly anesthetized with isoflurane and the 198 electrodes were removed taking care to prevent damage to muscle fibers. The body mass was 199 recorded on a digital scale and the wings on both sides of the bird were photographed in an 200 outstretched position against white paper with a reference scale. Measurements of wing length, 201 wing area, aspect ratio, and the non-dimensional moments of wing area were calculated using 202 custom analysis software in Matlab (Mathworks Inc., USA).

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Electromyography

EMG signals from the electrodes were amplified x1000 using a multi-channel extracellular amplifier (model 1700, A-M Systems, USA), with the low- and high-frequency cutoffs of the online filters set at 0.1 Hz and 10 kHz, respectively. The amplifier output was acquired at 10,000 samples per second (0.1 ms resolution) with an analog-to-digital acquisition board (Digidata 1440, Molecular Devices, USA). The electrophysiology data were synchronized with the high-speed cameras (1 ms resolution) by recording the camera trigger pulse with the acquisition system.

The EMG signals were filtered offline using zero-phase, fourth-order high-pass Butterworth filters with cut-off frequencies set at between 3-12 times the wingbeat frequency. The wing strokes were defined by the furthest angular extents within the stroke plane to determine the relative timing of excitation events. All EMG analyses were performed separately for the left and right wings because the angular extreme sometimes occurred at different times.

217 The muscle activation timing and intensity were examined using different representations 218 depending upon the muscle (Table 1). The PM is unusual in having a relatively small number of 219 discrete excitation waveforms, and the spike amplitudes are correlated with wingbeat kinematics 220 and flight speeds (Hagiwara et al., 1968; Altshuler et al., 2010; Tobalske et al., 2010). We 221 accordingly used the occurrence of the first spike (t) as the measure of activation timing relative to the wingbeat, and the normalized maximum spike amplitude (\hat{E}_{max}) as the measure of 222 223 activation intensity. The proximal wing muscles have more typical vertebrate activation patterns 224 in that the burst duration is longer and a greater number of waveforms are present. We 225 accordingly used the average spike occurrence (\bar{t}) relative to the wingbeat for activation timing, and the normalized, rectified area of the waveform (\hat{E}_{area}) as the measure of activation intensity. 226 227 The timing and activation variables were calculated over a wingbeat cycle beginning and ending 228 at the upstroke-downstroke transition (pronation) for the PM and PS. The wingbeat cycle for the 229 PP began and ended at the downstroke-upstroke transition (supination). Because the PP and PS 230 have biphasic activation patterns, we analyzed the first and second bursts independently. We 231 recorded the FDS from only one side of one animal, which was insufficient to include its 232 excitation features in the analysis. We normalized both measures of EMG intensity by first 233 calculating the log of each variable per wingbeat cycle and then confirming that the maximum

value was not an outlier. All of the intensity measures for a single electrode were then divided bythe maximum value for that electrode.

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Kinematic digitization

238 High-speed images of each hummingbird flying in the cage were recorded in three views 239 by two cameras. One camera (Troubleshooter, Fastec Imaging, USA) recorded at 640 x 480 pixel 240 resolution through a mirror placed at an angle of 45° under the chanber, providing the bottom 241 view of the hummingbird. A second camera (Miro 4, Vision Research, USA) recorded the front 242 view and a side view. The side view was filmed through a second mirror placed outside the left 243 wall of the chamber and tilted at an angle of 45°. This camera recorded both perspectives using an aspect ratio and resolution of 800 x 600 pixels. Both cameras filmed at 1000 frames s⁻¹ with a 244 245 shutter speed of 1/5000 sec. The image sequences in both cameras terminated with a common 246 end trigger thereby synchronizing the videos.

247 The three camera views were calibrated using the direct linear transformation (DLT) 248 technique with a 14-point calibration frame and DLTdv3 software (Hedrick, 2008). Six points 249 were digitized on each hummingbird: left wing tip, right wing tip, right shoulder, left shoulder, 250 top of the head and the tip of the middle tail feather. Every third frame in each video was 251 digitized, and the resulting data were fit with a cubic spline to extrapolate the points in the 252 remaining frames. These splined 2D points were then checked and refined frame-by-frame 253 within DLTdv3. After the 2D points were refined, the 3D real-world body points were filtered 254 with zero-phase, fourth-order low-pass Butterworth filters. The filter cutoff frequencies ranged 255 between 1.5 and 5 times the wingbeat frequency, with generally lower cut-off frequencies for the 256 head position and higher cutoff frequencies for the tail, wing shoulder, and wingtip positions.

257 The images were sampled at 1000 frames per second, which translated to ~25 frames per wingbeat or ~25 time points per wing and body point. To improve the estimate of the maximum 258 259 and minimum excursions and their phasing with respect to EMGs, the filtered kinematic data 260 were upsampled to 10,000 frames per second and fit with a cubic spline using the interpolate 261 package from the Scientific Tools for Python (SciPy) module. This procedure increased 262 precision in the calculation of wing angles, stroke duration and muscle activation phase relative 263 to wing motion. The pronation time for each wing was defined as the time of the minimum 264 excursion in the stroke plane whereas the supination time was defined by the maximum

excursion. The pronation and supination times were used to calculate the wing stroke durationsand for the relative timings of the muscle activation features.

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Frame of reference and coordinate system

We compared the kinematics across wingbeats using two frames of reference, both defined in part by the position of the wings at the start and end of each downstoke and upstroke (Fig. 1B). We used wing stroke-centered frames of reference because the tail exhibited high frequency oscillations (Altshuler et al., 2009) and the body position varied within and among trials. One frame of reference was constrained by gravity and other was aligned with the stroke plane.

275 In the gravitational frame of reference (Fig. 2A), the Z-axis was set parallel to gravity, 276 thereby defining an X-Y plane parallel to the ground. Each wing stroke was rotated about the Z-277 axis by defining the X-axis as a line located in between the left and right wingtip paths projected 278 into the X-Y plane. The midpoints between the wingtips at the upstroke-downstroke transition 279 and downstroke-upstroke transition were used to calculate the wingtip path dividing line. Thus, 280 the frame of reference rotated for each stroke, and kinematic parameters were calculated for down- and up-strokes separately. The yaw angle Ψ was defined as the angular rotation between 281 282 strokes (Fig. 1B), and the number of values per trial was therefore twice the number of 283 wingbeats. Within the gravitational frame of reference, positive Z was towards the sky and the 284 bird faced the positive direction of the X-axis. This frame of reference allowed us to maintain the 285 aerodynamic relevance to gravity but still compare the paths of each individual wing strokes.

The stroke plane-centered frame of reference (Fig. 2B) differed from the gravitational frame of reference in two respects: 1) The Z'-axis was orthogonal to the stroke plane; 2) The stroke planes, and therefore the frames of reference, were calculated separately for the left and right wings. This transformation allowed for comparison of the deviations from the stroke plane between the left and right wings, across wingbeats, and among animals.

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Kinematic variables

We defined 10 kinematic variables, which were calculated separately for each down- and up- stroke (Table 1). Yaw angle was described above for the frames of reference. Six variables were calculated in the gravitational frame of reference. The wingtip speed U_{tip} was calculated by

dividing the distance traveled through the three dimensions by the duration of the stroke. The body axis was defined as a line through the head and tail, and its orientation with respect to the horizontal plane and the bird's orientation provided two body angles. The lateral body angle χ_{GR} , χ_Z was calculated in the X-Z plane and the frontal body angle χ_{GR} , χ_Z was calculated in the Y-Z plane.

301 Two wing angles were calculated for each time step with respect to gravity. The 302 instantaneous position angle ϕ_{GR} describes the angle between the shoulder to wingtip vector and the Y-axis, projected into the X-Y plane (Fig. 2A). The values are constrained between -90° 303 304 (directly behind the bird) and $+90^{\circ}$ (directly in front of the bird). The instantaneous elevation angle θ_{GR} describes the angle between the shoulder to wingtip vector and its projection in the X-305 Y plane. Its values are constrained between -90° (directly below the bird) and $+90^{\circ}$ (directly 306 above the bird). The average of the elevation angle for each stroke $\bar{\theta}_{GR}$ provides the position of 307 308 the stroke plane relative to the shoulder.

309 The stroke plane was determined using reduced major axis (RMA) regression of the 310 wingtip positions in the X-Z plane for each wing in each stroke. The stroke plane angle β is the 311 angle between the slope of the RMA regression and the horizontal plane (Fig. 2B). Negative 312 values indicate that the beginning of the stroke is at a higher elevation than the end of the stroke. The wing stroke amplitude Φ_{SP} is the angle from the rearward most position of the wingtip to the 313 314 shoulder to the forward most position of the wingtip, projected into the stroke plane. The elevation amplitude Θ_{SP} is the sum of the maximum and minimum angles, each defined as an 315 316 angle between the shoulder to wingtip vector and its projection into the stroke plane. The frame 317 of reference transformations and the calculations of the kinematic variables were made using 318 custom software written in Python (Python Software Foundation, 2012).

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Statistical analysis

321 Sequences of wingbeat kinematics and muscle activations represent time series data.

322 We used four statistical approaches to analyze how these variables changed across flight modes.

323 All statistical analyses were implemented in R (R Development Core Team, 2012).

The variation in the kinematic and EMG variables by flight mode was compared using the intra-class correlation coefficient (ICC), which is the most common measure of repeatability.

The specific method was analysis of variance (ANOVA)-based (Lessells and Boag, 1987; Whitlock and Schluter, 2009). The EMG values were considered separately for the left and right sides. The kinematic values were assessed for left-right differences for the down- and up-strokes separately. The two trials of each flight mode were combined for ICC analysis.

330 To examine overall changes in mean values of kinematic and electromyographic 331 parameters, we employed a mixed-model ANOVA with flight mode (hover, clockwise, and 332 counter-clockwise) as the fixed effect and bird as a random effect. For kinematic variables, 333 downstroke and upstroke were separated. The ANOVA approach led to a massive reduction in 334 the data set, utilizing a mean value for each measure for each bird per flight mode. We chose to 335 use a single mean instead of a more complicated mixed-model ANOVA (e.g., trial nested within 336 bird), because of low variance within measures per bird-flight mode combination. For models 337 with significant overall ANOVAs ($\alpha < 0.05$), a post-hoc analysis was employed to test for 338 significant differences between clockwise and hovering and between counter-clockwise and 339 hovering using general linear hypothesis tests corrected for multiple comparisons (Hothorn et al., 340 2008).

341 The third approach was to use time series analysis to consider how the relationships 342 between kinematic and electromyography measures changed through time. We first calculated 343 the autocorrelation (AC), which is the cross-correlation of each individual measure with a 32-344 time point (i.e., 16 downstroke-upstroke pairs), time-lagged version of itself (Venables and 345 Ripley, 2002). Using a similar approach, we then examined cross-correlations (CC) among 346 pairwise combinations of all variables (kinematic vs. kinematic and kinematic vs. 347 electromyographic) for the same 16 wingbeats. Because the sequences of wingbeats were too 348 short for standard time series detrending procedures, which are used to remove non-stationarity 349 from time series data (Cowpertwait and Metcalfe, 2009), we implemented a method based on 350 linear regression. We first determined the ordinary least squares regression slope of each 351 observation of each variable versus time (wing stroke period 1-32). We then used the two-352 dimensional rotation matrix to rotate the data so that the new slope was zero.

We assessed significance of AC analyses by aggregating the proportion of each measure with at least one non-zero lag value whose correlation fell outside a 95% confidence interval for autocorrelation. We used only non-zero lags because the correlation at lag = 0 is 1 by definition and, thus, is always significant. Significance among CC analyses was assessed via

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357 randomization. For each set of variables (kinematic vs. kinematic and kinematic vs. 358 electromyographic), we generated a null distribution for each variable for each of lags = -2, -1, 0, 359 1, and 2. This range of lags corresponds to a period including synchronous correlation (lag = 0) 360 as well as correlations of $\pm 1/2$ and ± 1 wingbeat. An analytical *P*-value for each variable-lag 361 combination was determined as median of the proportion of times that the observed CC exceeded the randomized CC. Because checking over 1,000 distributions for normality was impractical. 362 363 we chose to use the median, which is a better estimator of central tendency for skewed 364 distributions and converges on the mean for normally distributed samples. This method produced 365 more conservative results than assessing the likelihood of significance based on the percentage 366 of significant CC analyses for each variable-lag combination.

The fourth approach, principal components analysis (PCA) was carried out to confirm the results of the ANOVA and cross-correlation analyses among kinematic variables only. Due to the incomplete nature of the electromyographic data, these data could not be included in the PCA analysis. All variables were scaled to unit variance prior to the analysis.

RESULTS

The body mass and wing morphology of the four *C. anna* used in experiments are given in table 2. Separate measurements were made on the left and right wings and paired t-tests were used to determine if the wing morphology variables differed by side. Although there were small asymmetries for each of the wing variables, there was no systematic difference by side (all P >0.45).

378 Representative electromyograms are provided in figure 3. These raw recordings were 379 made with the online analog filters wide open and have not been post processed. The signals 380 come from different individuals during hovering flight. The pectoralis major (PM) and the three 381 wing muscles [flexor digitorium superficialis (FDS), pronator profundus (PP), and pronator 382 superficialis (PS)] come from the birds in the present study. A verified recording from the 383 supracoracoideus (SC) of a different individual adult male C anna is also presented for 384 comparison. Other than electrode placement, the SC recording was made with identical methods 385 to the PM recordings.

The PM becomes active midway through the upstroke and likely generates muscle force at stroke transition and during the subsequent downstroke. The PS and FDS become active at the

downstroke-upstroke transition and presumably generate force during the latter half of the
upstroke, possibly continuing through stroke transition. The FDS was not recorded with
sufficient sample size for analysis but it is included here because the position of the electrode
that recorded this trace was confirmed post mortem. The SC becomes active midway through the
downstroke and likely generates muscle force at stroke transition and during the subsequent
upstroke. The PP becomes active during the upstroke-downstroke transition and probably
generates force during the latter half of the downstroke, continuing through stroke transition.

The revolving feeder had a constant rotation of 30 r.p.m., but the hummingbirds did not track the feeder with constant angular velocity and instead varied the yaw angles by stroke (Fig. 1C). The maximum angular changes in left (counter-clockwise, -7.9°) and right (clockwise, 11.4°) yaw angle were recorded during downstrokes. The birds exhibited small changes in yaw during hovering (blue traces) at a stationary feeder.

400 The average wingbeat frequencies and left-right differences in stroke amplitude are given 401 for the four individuals in table 3. Among individuals, wingbeat frequencies varied as much as 4 402 Hz within a flight mode, but within individuals this value was less than 1 Hz across the three 403 flight modes. The differences in left-right stroke amplitude were similar between up- and down-404 strokes for each individual during hovering flight. The values for clockwise flight were always 405 more positive for the downstroke, whereas the counter-clockwise values were more positive for 406 the upstroke. Thus, the outer-inner difference in stroke amplitude was consistently higher on the 407 downstroke compared to the upstroke.

The instantaneous wing position angles in the gravitational frame of reference were sinusoidal and highly repeatable for both wings across wingbeats for all three treatments (Fig. 4). The instantaneous elevation angles were also similar between left and right wings, and across wingbeats during hover feeding. However, these traces were much more variable during clockwise and counterclockwise feeder tracking. In these cases, the left and right wings exhibited divergent patterns that also varied considerably across wingbeats.

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Intra-class Correlation

The intra-class correlation (ICC) or repeatability values for the timing and intensity features of the PM, PP, and PS are provided in table 4. The negative values arise when there is greater variability within than among individuals. However, it has been suggested that this

situation is unlikely to occur in nature and that negative values represent statistical noise around what is effectively zero repeatability (Nakagawa and Schielzeth, 2010). Across all muscles and flight modes, the average ICC for the timing features ($\bar{x} = 0.59$) is higher than for the intensity features ($\bar{x} = 0.27$). During hovering flight, the repeatability of the timing features is higher or nearly so compared to the other flight modes. For the intensity features, the repeatability values for the PM were generally higher or nearly so compared the other two muscles.

The ICC values for the kinematic variables spanned a wide range (Table 5). The most consistently low values were for the yaw angles during both strokes, further demonstrating that the hummingbird tracked the revolving feeder with high variation across strokes. The stroke amplitudes and the wingtip velocities exhibited relatively high repeatability for both strokes across all three maneuvers. This was also the case for the average elevation angle but the ICC values for the elevation amplitude were relatively low. The body angles and stroke plane angles exhibited a broader range in ICC values.

Mixed-Model ANOVA

434 The mixed-model ANOVAs revealed broad patterns of differences in mean kinematic 435 measures across flight maneuvers (Tables 6,7) with no significant differences in 436 electromyographic measures (all P > 0.2). Significant differences were found among flight 437 modes in yaw angle (Ψ), average elevation angle ($\bar{\theta}_{GR}$), and elevation amplitude ($\Theta_{\Box\Box}$) for both upstroke and downstroke, stroke plane angle (β) during upstroke, and stroke amplitude (Φ_{SP}) 438 439 during downstroke. Based on post-hoc tests comparing clockwise and counter-clockwise 440 maneuvers with hovering, clockwise maneuvers are more different from hovering than are 441 counter-clockwise maneuvers. The kinematic variable with strongest differences between hovering and vaw maneuvers is the average elevation angle ($\bar{\theta}_{GR}$). The complete data set for this 442 443 variable during the downstroke as well as several other kinematic and electromyographic 444 variables are provided in figure 5. In addition to wingbeat- and stroke-specific values, these plots 445 contain the mean values by bird and maneuver, which are the inputs to the mixed-model 446 ANOVAs. This approach clearly eliminates time-varying patterns of potential interest for 447 understanding flight control.

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Time series analysis

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450 A large number of variables had at least one non-zero lag correlation that fell outside a 451 95% confidence interval (online supplementary Table S1). The muscle activation features were 452 autocorrelated in 43% of all trials. Kinematic variables were autocorrelated in 71% of the trials, 453 and some variables, such as body angles, average elevation angles, elevation amplitudes and 454 stroke plane angles were autocorrelated in almost every trial. Two general patterns of 455 autocorrelation are present: (1) sinusoidal autocorrelation at low frequencies, which characterize 456 changes in body angles and (2) alternating autocorrelation, corresponding to differences between 457 upstrokes and downstrokes, which characterize stroke plane angle, elevation angle, elevation 458 amplitude, and wingtip speed (Fig. 6).

459 There are a large number of cross comparisons among kinematic and electromyographic 460 variables. The cross-correlation analysis between kinematics and EMGs is composed of 800 461 variable combinations with a sample size of 8,640 for all four individuals. Comparisons within 462 kinematics are composed of 280 variable combinations with a sample size of 6,440. When 463 analyzed without correcting for multiple comparisons, many of the kinematic and 464 electromyographic combinations appear to show significant cross-correlation, e.g., the average 465 time of the first burst of the PS with kinematic measures at multiple lags (Online Supplementary 466 Figure S1). However, subsequent randomization analysis demonstrated that significant cross-467 correlation is highly probable for randomly ordered data, resulting in no significant *P*-values 468 across all 800 comparisons (P > 0.06; Online Supplementary Figure S2). Patterns of cross-469 correlation among kinematic measures are widespread, both considering percentage significant 470 (Online Supplementary Figure S3) and P-value via randomization (Fig. 7). Significant cross-471 correlations at lags $\pm \frac{1}{2}$ and ± 1 wingbeat are widespread among kinematic measures. The 472 strongest (P < 0.005) and most consistent (present on both sides) cross-correlations were 473 between average elevation angle and elevation amplitude, and between stroke amplitude and 474 wingtip speed, all at zero lag.

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Principal Components Analysis

477 Principal components analysis showed kinematic measures to co-vary largely 478 independently of one another (Online supplementary materials: Figure S3; Table S2). Only yaw 479 angle (Ψ) and frontal body angle ($\chi_{GR, XZ}$) loaded similarly on the first and second PCs. All other variables loaded differently from each other on the first two PCs. In contrast to most PCAs, theproportion of variance accounted for by the first two PCs was just over half.

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DISCUSSION

Overall Kinematic Changes

486 Hummingbirds sustain yaw turns using two distinct kinematic mechanisms: 1) extending 487 the stroke amplitude of the outer wing during the downstroke, and 2) substantially altering the 488 deviation path of both wings during both strokes. For the first mechanism, it is important to note 489 that our frames of reference are set by the extreme positions of the wing strokes. The feeder 490 revolved at an angular rate of ~ 4.5° per wingbeat or ~ 2.25° per wing stroke given the near 491 constant wingbeat frequency. If a hummingbird tracked the feeder at the same rate while using a 492 constant stroke amplitude with respect to its body, its expected left-right stroke amplitude 493 difference is 4.5° per stroke or 9.0° per wingbeat. During clockwise turns, the average left-right 494 stroke amplitude during the downstroke was 3.75°, and during counterclockwise turns, the 495 average value was -8.49°. During hovering, the average downstroke value was -4.02°, which was 496 significantly different from the values exhibited during turning (Table 7). Because the measured 497 values fall close to, or within, the range of the expected values during turns it is not known the 498 extent to which the asymmetry in stroke amplitudes was a cause or a consequence of yaw torque. 499 The asymmetries are nonetheless a relevant feature given that variation in wing stroke amplitude 500 is one of the primary mechanisms that hummingbirds use to control aerodynamic power (Chai 501 and Dudley, 1995; Altshuler et al., 2010; Tobalske et al., 2007, 2010).

502 Asymmetries in the deviation path of the wings leads to the outer wing in a more elevated 503 position and with a higher absolute deviation in the U-shaped trajectory during both strokes as well as an increase in the stroke plane angle during the upstroke. These overall changes are 504 505 apparent by comparing the time course of wing angle values in the gravitational frame of 506 reference (Fig. 8) and by plotting the wing tip traces relative to body models in the three planes 507 of the gravitation frame of reference (Fig. 9). Hummingbirds exhibit these stroke specific 508 changes in wingbeat kinematics while holding similar average body positions during stationary 509 hovering and yaw turns to the left and right. Hummingbird yaw kinematics share similarities 510 with measurements of attempted turns in tethered insects and real turns in freely flying insects,

511 but also differ in key elements. Comparing hummingbird yaw turns to Drosophila free flight 512 saccades (Fry et al., 2003) reveals that both animals expand the stroke amplitude of the outer 513 wing, but the fruit flies reduce its deviation and stroke plane angle whereas the hummingbirds 514 increase elevation amplitude (Θ_{SP}) during both strokes, and stroke plane angle (β) during the 515 upstroke. The hummingbird vaw turns also share asymmetry in inner and outer stroke amplitudes 516 with the Drosophila "Sashay maneuvers" (Ristroph et al., 2009), which have a strong yaw 517 component, but again differ with respect to deviation and stroke plane angle between the inner 518 and outer wings.

519 A key turning-related kinematic feature identified from insect studies is the orientation or 520 pitch angle of the wing in a body- or stroke-centered frame of reference, and the related angle of 521 attack in a velocity frame of reference. Difference between inner and outer wings in the absolute 522 rotation angles as well as the timing of rotation have been reported for tethered insects during 523 attempted turns with varying degrees of freedom (Baker, 1979; Zarnack, 1988; Waldmann and 524 Zarnack, 1988; Schwenne and Zarnack, 1987; Thüring, 1986; Dawson et al., 1997) and for the 525 free flight turns of Drosophila (Fry et al., 2003; Ristroph et al., 2009). Our analysis did not 526 include this feature, but there are at least two ways in which it can be very important to 527 generating force asymmetries. Advances in the timing of wing rotation can contribute to 528 enhanced lift (Dickinson et al., 1999) as has been demonstrated for hovering honey bees 529 (Altshuler et al., 2005). However, even if rotational lift does not apply, left-right differences in 530 rotation timing will influence the aerodynamic forces produced during the wing translation.

531 Other than hummingbirds, the birds that have been studied use fundamentally different 532 biomechanical mechanisms to change heading during flight. Ros et al. (Ros et al., 2011) recently 533 demonstrated that turning in flying pigeons is controlled not by altering wingbeat kinematics but 534 by reorienting the body to direct aerodynamic forces. They also pointed out that other birds 535 (Warrick and Dial, 1998; Hedrick and Biewener, 2007) and bats (Aldridge, 1986, 1987; Iriarte-536 Díaz and Swartz, 2008) roll during aerial turns, which suggests that many volant vertebrates may 537 be limited in their ability to orient aerodynamic forces off the body axis. Our results are not 538 directly comparable to all features of the Ros et al. (Ros et al., 2011) study because we used 539 stroke-averaged kinematics for comparisons, but the differences in stroke amplitude and 540 deviation combined with the lack of difference in mean body position angles among flight modes 541 indicates that hummingbirds are able to redirect forces relative to their bodies. Although Anna's

hummingbirds are much smaller than the turning birds and bats that have been studied so far,
there is considerable overlap in size between the larger hummingbird species and the smaller bird
and bat species. Measurements from these animals would elucidate if the differences observed so
far derive from body size or from differences in body plan between hovering and non-hovering
animals.

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Muscle Activations

549 The activation bursts of the hummingbird pectoral muscles, the pectoralis major and 550 supracoracoideus, contain fewer spikes and are more advanced in relative wingbeat timing 551 compared to the pigeon and other avian taxa (Tobalske et al., 2010). The activations of avian 552 wing muscles have received relatively little attention with the exception of some extensive 553 recordings by Dial with pigeons and starlings (Dial et al., 1991; Dial, 1992a, 1992b). Comparing 554 the pronator superficialis between the hummingbird and the pigeon (Dial, 1992a) reveals that the 555 relative duration is similar between the two taxa but that the relative timing is advanced in the 556 hummingbird. To the best of our knowledge no comparable recordings are available for the 557 pronator profundus and flexor digitorium superficialis from other birds during flight, and it 558 remains to be tested if advanced timing is a feature of all hummingbird wing muscles.

559 The timing of muscle activations of the pectoralis major, pronator profundus, and 560 pronator superficialis was more repeatable than the intensity of the activations during hovering 561 and yaw turns (Table 4). There were no activation features consistently associated with 562 experimental treatments, and none of the activation features were cross-correlated with kinematic 563 variables across time. The activation timing of the PM and its antagonist, the supracoracoideus, 564 sets the wingbeat frequency. The kinematic correlates of the activation timings of the PP and PS 565 have not yet been described but these may be constrained by the need to rotate the wing during 566 stroke transition. The spike amplitude of the PM has also been demonstrated to vary consistently 567 with the stroke amplitude as hummingbirds adjust to low air density air, lift weights (Altshuler et 568 al., 2010) or fly at faster speeds in a wind tunnel (Tobalske et al., 2010). The role of variation in 569 the spike amplitude of the PM as well as the intensity of the PP and PS during yaw turns is not 570 clear at the present time. It may be that the wing control is best understood in terms of synergies 571 among a larger group of muscles (d'Avella and Tresch, 2001; d'Avella et al., 2003), which has

also been suggested to explain a lack of strong associations between individual muscle activation patterns and wingbeat kinematics in maneuvering cockatiels (Hedrick and Biewener, 2007).

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Time Series Analysis

576 Taking mean values of the kinematic and electromyographic variables and comparing 577 these across treatments revealed significant differences in the former but not the latter. However, 578 focusing on average values can be misleading because the animals exhibited considerable stroke-579 to-stroke differences, even during hovering flight. The yaw angle values did not trend 580 monotonically during clockwise and counter-clockwise feeder tracking, meaning for example 581 that during a clockwise turn, or either of the other two treatments, the hummingbird might be 582 yawing left, right, or holding steady during any one particular wing stroke (Fig. 1). Two distinct 583 patterns of autocorrelation were observed, sinusoidal fluctuations and oscillations between 584 subsequent down- and up- strokes. Further analysis of the sinusoidal patterns is limited due to 585 sample size. Sixteen wingbeats strikes a balance between digitizing effort for a number of 586 birds/trials and the likelihood of finding a significant temporally distant pattern. It would be 587 highly informative to conduct a spectral analysis of wingbeat-to-wingbeat variation when more 588 automated digitizing techniques and longer time series become available. This will also reveal if 589 the apparent dextral bias in some birds (Fig. 10) is an innate property or an artifact of low sample 590 size.

591 Many of the kinematic features varied through time in a coordinated fashion (Fig. 7). The 592 two strongest associations included some of the kinematic features that are also most strongly 593 associated with feeder tracking. Wing stroke amplitude and wingtip speed were cross-correlated 594 indicating the importance of velocity asymmetries because the aerodynamic forces are 595 proportional to the square of the wing velocity. The wing elevation and the elevation amplitude 596 were also cross-correlated indicating the importance of orientating the net force in the desired 597 direction of movement.

We are not aware of other comparable data sets that include EMG timing and intensity measures and wingbeat kinematics on freely flying animals during sustained turns. The published measurements of wingbeat kinematics from insects and birds span several wingbeats over which the maneuver is continuously changing. In the current study, hummingbirds sustained maneuvering behavior over many wingbeats although stroke-to-stroke variation was readily

603 apparent. Variability of both kinematics and muscle activations have received considerable 604 attention in the human biomechanics literature (recently reviewed in Stergiou and Decker, 2011). 605 A key idea is that variation in motor features can indicate flexibility and control of complex 606 motor behavior. For example, as humans repetitively practice some types of novel task, limb 607 kinematics become less variable whereas EMG recordings, in contrast, can become more 608 variable (Darling and Cooke, 1987). When increasing the speed of certain types of limb 609 movements, the variability of both kinematics and electromyographic features tends to decrease 610 (Carlton et al., 1985; Li et al., 2005). If similar principles apply to avian flight control then the 611 variation in muscle intensity features may be exerting stronger influence compared to muscle 612 timing features on stroke-to-stroke variation in wingbeat kinematics.

Comparisons with free flight yaw turns

615 The purpose of the present study was to examine the neuromuscular and kinematic 616 mechanisms that hummingbird employ to sustain yaw turns. The experimental approach 617 constrained the hummingbirds to track a revolving feeder without any requirement for changes in 618 pitch, roll, or vertical or lateral body position. As has been demonstrated for free flying insects 619 during turns, hummingbirds execute yaw through expansion of the outer stroke amplitude and 620 shifts in the stroke plane and deviation path of both wings. However, we observed considerable 621 wingbeat-to-wingbeat variation in kinematic and electromygraphic variables, and we did not 622 detect any consistent relationship between kinematics and muscle activations. Taken together, 623 these results suggest that hummingbirds make fine adjustments over very short time scales to 624 track a feeder at the angular velocities under consideration here.

625 To place this experimental-induced behavior in the context of more natural flight 626 behaviors, we finally consider the distribution of yaw velocities recorded from four different 627 *Calypte anna* males during solitary, feeding and competitive flights in a large flight chamber (1.5 628 x 1.5 x 3.0 m). The position and orientation of these birds was tracked using the *Flvdra* system 629 originally developed for fruit flies (Straw et al., 2011). The cameras recorded at 200 frames per 630 second and the data set come from 44 hours of recordings. The most significant distinction 631 between the free flight yaw velocities presented in figure 10 and the yaw velocities from the 632 feeder tracking experiment is that the former are determined by position differences over 5 ms 633 whereas the latter are stroke averages over a slightly longer period of ~13 ms.

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634 Hummingbird yaw turns from the revolving feeder experiment closely matched how they turned in free flight. The feeder was revolved by the motor at 0.5 revolutions per second because 635 636 this was the angular velocity at which all four birds sustained feeder tracking. This value was 637 similar to the median free flight yaw velocities of 0.46 and 0.48 revolutions per second for the 638 left and right turns, respectively. The maximum yaw velocities recorded during feeding tracking 639 and free flight were also similar. The strokes with fastest vaw velocities during feeder tracking 640 were 1.85 and 2.43 rev/sec for left and right turns, respectively. The maximum values for free 641 flight yaw velocities are represented by the 97.5% value of the frequency distribution, which was 642 2.32 rev/sec and 2.33 rev/sec for left and right turns. The close correspondence in velocities indicates that the feeder tracking experiment provided a relevant test of average yaw turns. 643 644 Nonetheless, it is readily apparent that tracking the revolving feeder at the imposed angular 645 velocities required much lower values in yaw velocity than the hummingbirds are capable of performing in free flight. We conclude by suggesting that the kinematic and muscle activation 646 647 variability observed during feeder tracking reflects fine motor control adjustments across 648 wingbeats, indicating that the hummingbirds were controlling sub-maximal behavior.

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801 802

FIGURE LEGENDS

803 Figure 1. Hummingbirds performed yaw turns while tracking a revolving feeder in a 804 flight chamber (A). The feeder was mounted to a J-shaped aluminum arm that was itself 805 connected to a stepper motor. The arm was adjusted for each bird so that the bird's 806 center of mass was located at the motor's axis of rotation. The feeder was covered in 807 between feeding trials and the bird was provided with a perch at all times. 808 Electromyograms from up to four muscles were recorded using trailing leads that 809 connected to an extracellular amplifier. The frame of reference was defined in part by 810 the position of the wings for each stroke (B). Downstrokes are indicated in orange with 811 the tail, shoulder, and wingtip positions indicated by a point for each video frame. 812 Upstrokes are indicated with maroon. The angular change in the wingbeat-centered frame of reference between strokes is given by the yaw angle Ψ . In this example from a 813 counterclockwise turn, the Ψ values for 29 sequential strokes are depicted in the 814 815 maroon-orange curve. The indent represents several strokes during which the 816 hummingbird did not vary Ψ . The Ψ values for all of the hummingbirds included in the 817 study are provided in a polar diagram (C). Any change along the radius indicates a 818 change in Ψ for that stroke. The sequences differed with respect the number of 819 wingbeats digitized. Experiments are color coded with blue indicating hovering at the 820 stationary feeder, and green and red indicating feeder revolution in the 821 counterclockwise and clockwise directions, respectively.

Figure 2. Within the gravitational frame of reference, the wings elevation angle (θ_{GR}) and stroke position angle (ϕ_{GR}) were calculated for each image frame (A). The stroke plane frame of reference was shifted by the stroke plane angle (β), and the elevation amplitude (Θ_{SP}) and stroke amplitude (Φ_{SP}) were calculated once per stroke (B).

Figure 3. Raw electromyogram recordings from five flight muscles in *Calypte anna*. The signals were acquired with the online analog filers wide open and are presented without post processing. Four wing strokes are depicted for each muscle. Downstrokes are indicated by gray bars and upstrokes are in white. The voltage increments of the y-axis

have been scaled for each panel so that each muscle trace spans the same range. The
recordings come from different individuals but the time scale is the same for all traces.
The recordings of the pectoralis major, pronator superficialis, pronator profundus, and
flexor digitorium superficialis come from the present study. A verified recording of the
supracoracoideus using identical methods but from a different individual is also
included.

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Figure 4. Representative traces in the gravitational frame of reference. The position angle ϕ_{GR} and elevation angle θ_{GR} are presented for 15 wingbeats across three trials, one each of clockwise, hovering, and counterclockwise flight. The left wing is indicated in red and the right wing is indicated in blue. Downstrokes are shaded in gray and upstrokes are in white. Discontinuities between strokes result from shifts in the frame of reference.

Figure 5. Representative electromyographic and kinematic variables through time. The 846 847 data are presented from left to right in order (within each trial) as the individual wingbeats or strokes with trial 1 preceding trial 2. The scale bar represents the length of 848 849 most of the trials. The colors indicate the four individuals in the study (red = bird 1, blue 850 = bird 2, green = bird 3, purple = bird 4). For the EMG variables (A-D), triangles indicate 851 the muscles of the right wing and crosses indicate the muscles of the left wing. For the 852 kinematic variables (E, F) filled circles representing the left-minus right values. The 853 timing values for the PM (A) and both bursts of the PP (B) are the first spike time (t) and 854 the average spike time of each burst (\bar{t}) , respectively. The intensity values for the PM (C) and the first burst of the PP (D) are the normalized maximum spike amplitude (\hat{E}_{max}) 855 and the rectified area of the waveform (\hat{E}_{area}), respectively. The representative kinematic 856 variables are the difference in the stroke plane angle (β , E) and average elevation angle 857 858 $(\bar{\theta}_{GR}, F)$ during downstrokes. All wingbeats (A-D) and downstrokes (E, F) were used for 859 the time series analysis but the mixed model ANOVAs included only the averages by 860 bird and maneuver (large circles with black centers).

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862 Figure 6. Representative autocorrelation functions. The change in kinematic variables 863 through time are provided for the lateral body angle (A) and average elevation angle on 864 the right wing (C) during the first hovering trial of bird #2. The downstrokes are indicated 865 in solid black circles and the upstrokes are indicated in white circles. The corresponding 866 autocorrelations are provided on the right (B, D). The autocorrelation lags are defined 867 per stroke. In general, significant autocorrelations for the body angles consisted of 868 sinusoidal time series, and significant autocorrelations for the wing angles consisted of 869 alternative times series for the down- and up- strokes.

Figure 7. Matrix of significance for cross-correlations between kinematic variables as determined by generation of null distribution for each variable for each set of lags. The lags are defined as wingbeats with strokes representing steps of $\frac{1}{2}$. The color map for probabilities ranges from red (significant for P's < 0.05) to blue (non-significant). Crosscorrelations among kinematic variables on the left side of the animals are provided in the left columns and cross-correlations among kinematics on the right side are shown in the right columns. Symbols are defined in table 1.

Figure 8. Average kinematic traces in the gravitational frame of reference. The mean time course of the position angles ϕ_{GR} and elevation angles θ_{GR} are presented twice to allow for comparison across wingbeats. The left wing is indicated in red and the right wing is indicated in blue. Shading corresponds to the standard deviations across all four birds. Downstrokes are shaded in gray and upstrokes are in white. Discontinuities between strokes result from shifts in the frame of reference.

Figure 9. Average kinematic traces plotted on the body from the front (top row), side (middle row), and top (bottom row) perspectives. Clockwise turns are depicted in the left column, hovering flight is depicted in the middle column, and counter-clockwise turns are depicted in the right column. The left wing is indicated in red and the right wing is indicated in blue. The mean values for each bird were calculated for all wingbeats in each treatment. The mean values plotted here were calculated across all four birds. Discontinuities between strokes result from shifts in the frame of reference.

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Figure 10. Distribution of instantaneous yaw velocities recorded from the solitary and 894 895 paired flights of four male C. anna. Values come from free flight recordings of birds during feeding, exploratory, and competitive flights. The data elements are yaw 896 897 velocities > 0.25 revolutions per second measured from sequential frame pairs filmed at 898 200 fps in which the birds held a body attitude between 60-80° relative to the horizontal 899 plane and did not exhibit a substantial change in pitch, horizontal, or vertical velocity. 900 Negative x-axis values indicate leftward yaw velocities (red) and positive values indicate 901 rightward vaw velocities (blue). The solid black arrows indicate the angular velocity of 902 the motors used for the feeder tracking experiments and the dashed black arrows 903 represent the maximum left and right yaw velocities recorded during these experiments. The feeder tracking data are not represented in the frequency distribution of the 904 instantaneous yaw velocities. 905

906 ONLINE FIGURES:

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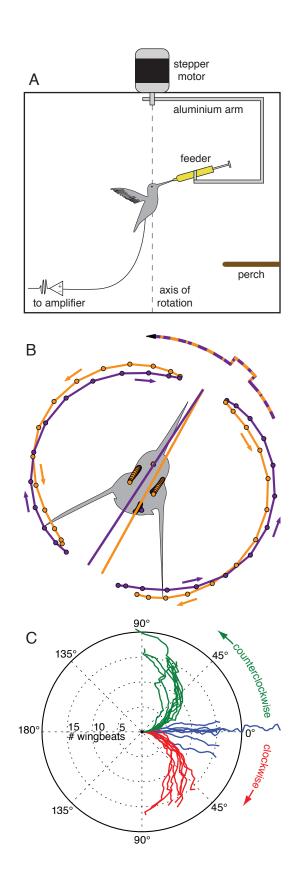
908 Figure S1. Matrix showing the proportion of cross-correlations between kinematic and 909 electromyographic variables with P-values < 0.05 before correcting for multiple 910 comparisons. The lags are defined as wingbeats with strokes representing steps of 1/2. 911 The color map for proportions ranges from red (none of the cross-correlation pairs are 912 significant) to blue (most of the of cross-correlation pairs are significant). The kinematic 913 variables include the average elevation angle ($\bar{\theta}_{GR}$), body angle frontal ($\chi_{GR, YZ}$), body angle lateral ($\chi_{GR, XZ}$), elevation amplitude (Θ_{SP}), stroke amplitude (Φ_{SP}), stroke plane 914 angle (β), yaw angle (Ψ), and wingtip speed (U_{tip}). Muscle variables include the 915 occurrence of the first spike (*i*) and the normalized maximum spike amplitude (\hat{E}_{max}) of 916 917 the pectoralis major (PM), and the average spike occurrence (\bar{t}) and rectified area of the 918 waveform (\hat{E}_{area}) of bursts 1 and 2 of the pronator profundus (PP) and pronator superficialis (PS). Cross-correlations among kinematic variables on the left side of the 919 920 animals are provided in the left columns and cross-correlations among kinematics on 921 the right side are shown in the right columns.

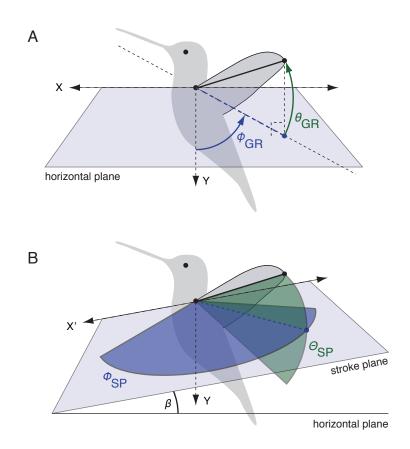
Figure S2. Matrix of significance for cross-correlations between kinematic and
electromyographic variables as determined by generation of null distribution for each
variable for each set of lags. The color map for probabilities ranges from red (strong
trends but non-significant) to blue (non-significant). Symbols and arrangements for the
variables are given in table 1 and figure S1.

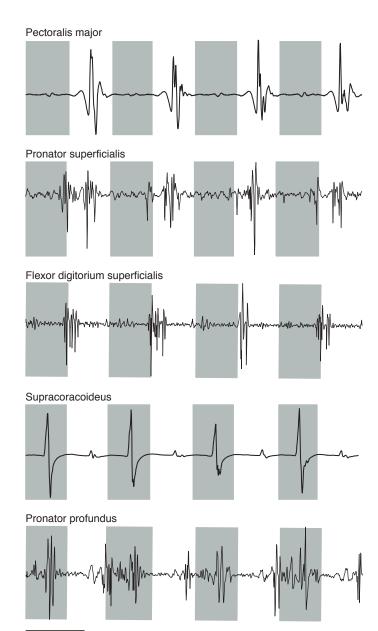
Figure S3. Matrix showing the proportion of cross-correlations between kinematic
variables with *P*-values < 0.05 before correcting for multiple comparisons. The color
map for proportions ranges from red (none of the cross-correlation pairs are significant)
to blue (most of the of cross-correlation pairs are significant). Symbols and
arrangements for the kinematic variables are given as in table 1 and figure 7.

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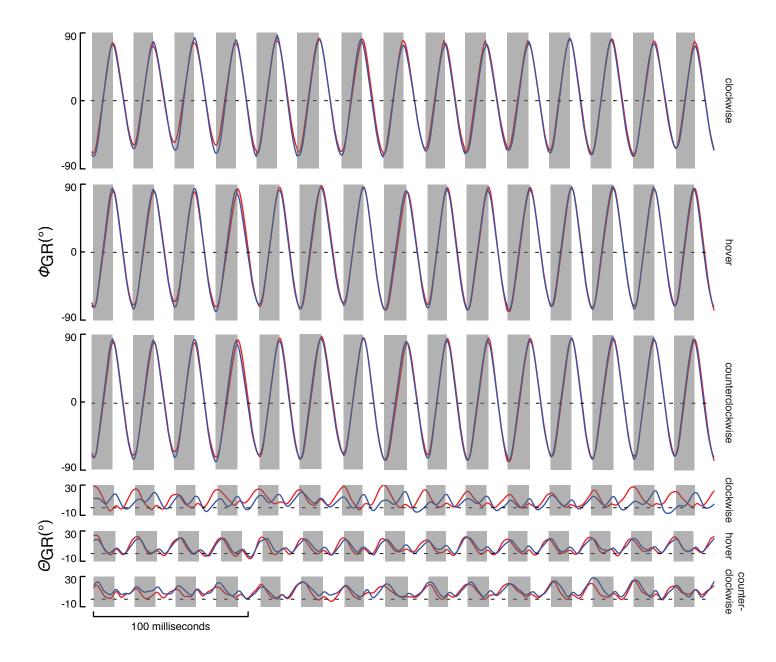
- 935 Figure S4: Results of principal components analysis of kinematic measures. (A)
- 936 Cumulative proportion of variance explained by the eight principal components. In
- 937 contrast to most PCA analyses, the cumulative proportion of variance explained
- 938 increases almost linearly over the first six PCs. The first two PCs only account for 51%
- 939 of the variance. (B) Biplot of PC2 vs. PC1 with arrows showing the loading vectors for
- 940 each of the kinematic measures. With the exception of Body Angle Frontal and Yaw
- 941 Angle, no two variables load together consistently on PC1 and PC2.







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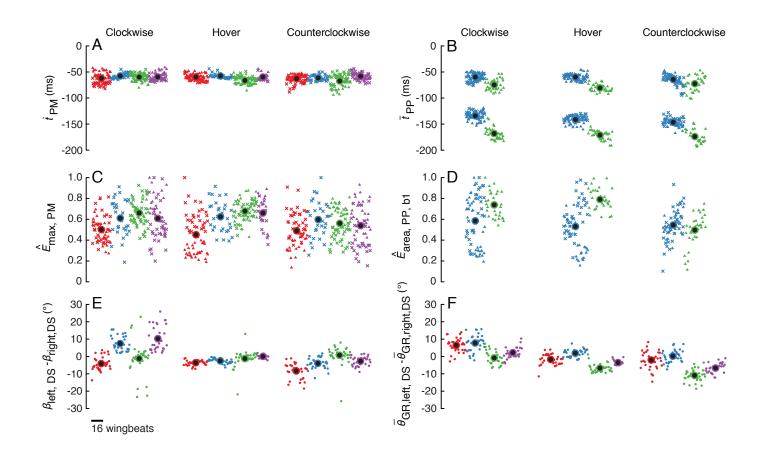
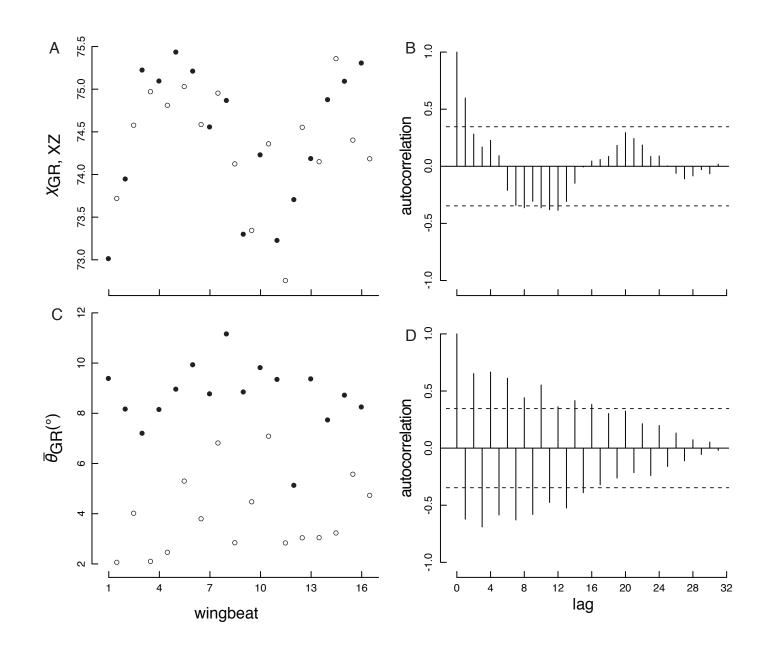
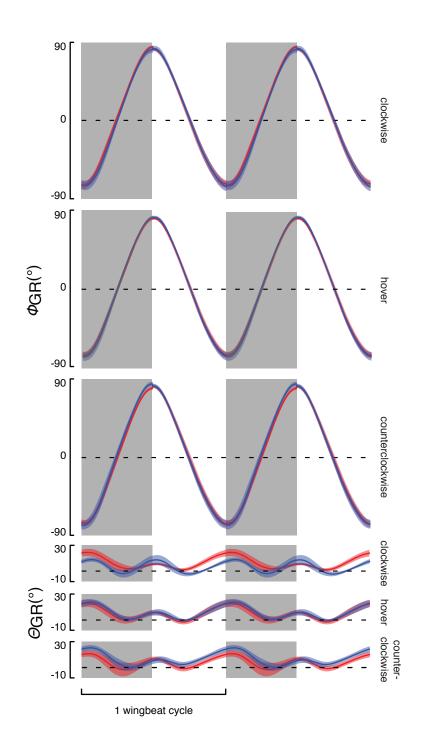
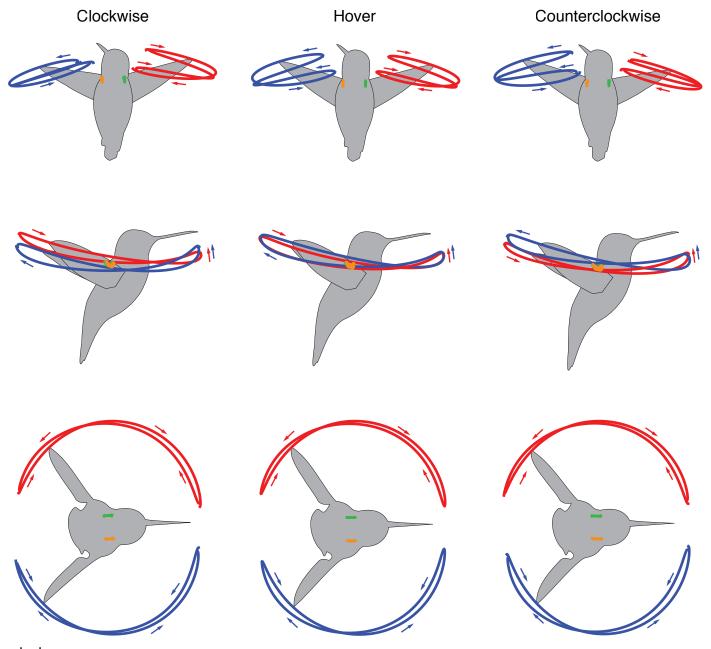


Figure 6



re 7						3				,						
lag	$\chi_{_{ m GR, \ YZ}}$	$\chi_{_{ m GR,~XZ}}$	$\Theta_{_{ m SP}}$	$\pmb{\Phi}_{_{ m SP}}$	β	Ψ	U _{tip}		X _{GR, YZ}	$oldsymbol{\chi}_{ ext{GR}, ext{ xz}}$	$\Theta_{_{ m SP}}$	$\phi_{\rm sp}$	β	Ψ	$U_{\scriptscriptstyle ext{tip}}$	lag
-1	0.29	0.18	0.01	0.20	0.17	0.14	0.15		0.24	0.10	0.01	0.20	0.03	0.20	0.11	-1
-1/2	0.20	0.27	0.03	0.08	0.21	0.22	0.04		0.19	0.22	0.03	0.19	0.04	0.12	0.02	-½
0	0.07	0.11	0.00	0.04	0.17	0.26	0.09	$ar{ heta}_{ m GR}$	0.16	0.10	0.00	0.11	0.00	0.24	0.09	0
1/2	0.04	0.14	0.11	0.04	0.01	0.23	0.20	un	0.04	0.12	0.06	0.16	0.01	0.15	0.18	1/2
1	0.04	0.10	0.01	0.14	0.19	0.18	0.10		0.17	0.17	0.01	0.24	0.06	0.22	0.09	1
-1		0.13	0.29	0.19	0.29	0.08	0.18			0.13	0.18	0.08	0.25	0.08	0.11	-1
-1⁄2		0.17	0.25	0.21	0.24	0.16	0.25	И		0.17	0.19	0.10	0.14	0.16	0.27	-1⁄2
0		0.09	0.05	0.15	0.16	0.08	0.18	$\chi_{_{\mathrm{GR},~\mathrm{YZ}}}$		0.09	0.10	0.12	0.11	0.08	0.17	0
1/2		0.04	0.04	0.09	0.07	0.14	0.22	×		0.04	0.02	0.16	0.13	0.14	0.06	1/2
1		0.07	0.05	0.08	0.10	0.15	0.19			0.07	0.05	0.06	0.19	0.15	0.11	1
-1			0.13	0.12	0.27	0.15	0.16				0.08	0.09	0.15	0.15	0.12	-1
-1⁄2			0.14	0.14	0.07	0.10	0.25	Ŋ			0.07	0.16	0.04	0.10	0.17	-1⁄2
0			0.19	0.09	0.11	0.18	0.12	$X_{ m GR, \ XZ}$			0.14	0.22	0.14	0.18	0.11	0
1⁄2			0.13	0.18	0.00	0.12	0.28	×			0.06	0.15	0.02	0.12	0.13	1/2
1			0.08	0.21	0.10	0.21	0.11				0.14	0.22	0.07	0.21	0.10	1
-1				0.16	0.15	0.23	0.11					0.20	0.01	0.20	0.01	-1
-1⁄2				0.13	0.20	0.18	0.04	•				0.08	0.08	0.18	0.01	-1⁄2
0				0.17	0.10	0.09	0.04	$\varTheta_{\rm SP}$				0.09	0.01	0.22	0.02	0
1⁄2				0.11	0.13	0.25	0.14					0.18	0.04	0.17	0.03	1/2
1				0.26	0.19	0.15	0.07					0.20	0.01	0.18	0.08	1
-1					0.23	0.21	0.17						0.17	0.26	0.20	-1
-1/2					0.22	0.12	0.19						0.19	0.12	0.11	-1⁄2
0					0.11	0.17	0.00	$\pmb{\varPhi}_{\mathrm{SP}}$					0.11	0.08	0.00	0
1/2					0.15	0.15	0.03						0.20	0.26	0.08	1/2
1					0.07	0.14	0.26						0.20	0.17	0.19	1
-1						0.19	0.11							0.20	0.07	-1
-1/2						0.13		~							0.08	-1/2
0						0.14	0.04	β						0.19	0.01	0
1/2						0.19	0.12							0.24	0.10	1/2
1	_					0.21	0.07							0.23	0.02	1
-1							0.17								0.21	-1
-1/2							0.11								0.24	-1⁄2
0							0.24	Ψ							0.11	0
1/2							0.23								0.28	1/2
1							0.33								0.32	1





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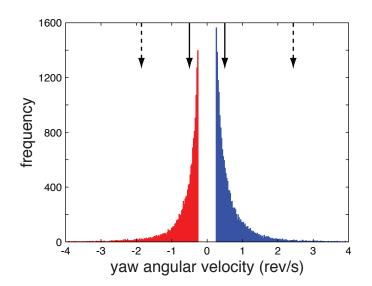


Table 1. Variables used to describe the kinematic and electromyographic features of hovering and yaw turns in hummingbirds. Kinematic variables were calculated separately for each down- and up-stroke. Electromyographic variables were calculated over the wingbeat, which included two distinct bursts for the PP and PS muscles.

Variable	Symbol		
Electromyographic Features			
normalized maximum spike a	amplitude	\hat{E}_{\max}	
normalized rectified area		\widehat{E}_{area}	
time of the first spike		t	
average spike time		\overline{t}	
Kinematic Features			
yaw angle		Ψ	
wingtip speed		$U_{ m tip}$	
body angle, lateral	2	(GR, XZ	
body angle, frontal	2	(GR, YZ	
position angle		ØgR	
elevation angle		$ heta_{ m GR}$	
average elevation angle		$ar{ heta}_{GR}$	
stroke plane angle		β	
stroke amplitude		$arPhi_{SP}$	
elevation amplitude		Θ_{SP}	

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Table 2. Morphological parameters of the four male Anna's hummingbirds (*Calypte anna*) used in the study. Body mass (*m*) is the mean of measurements taken before and after each trial. The wing size parameters, wing length (*R*) and wing area (*S*), as well as the wing shape parameters of aspect ratio (*AR*) and non-dimensional radii of the first ($\hat{r}_1(S)$), second ($\hat{r}_2(S)$), and third ($\hat{r}_3(S)$) moments of wing area were calculated from a digital photograph of a single wing. The wing area and aspect ratio are calculated for two wings to allow for comparisons with other measurements of hovering animals (Ellington, 1984).

Bird	<i>m</i> (g)	Side	<i>R</i> (mm)	S (mm²)	AR	$\hat{\boldsymbol{\gamma}}_1(S)$	$\hat{r}_2(S)$	$\hat{\boldsymbol{r}}_{3}(S)$
1	4.20	Left	48.66	1323.70	7.16	0.4332	0.5101	0.5643
		Right	46.25	1098.30	7.79	0.4061	0.4816	0.5368
2	4.21	Left	50.43	1247.30	8.16	0.4117	0.4850	0.5377
		Right	52.68	1389.30	7.99	0.4243	0.4998	0.5535
3	4.06	Left	50.51	1270.40	8.03	0.4241	0.5023	0.5579
		Right	51.18	1378.90	7.60	0.4395	0.5150	0.5692
4	4.64	Left	47.56	1165.20	7.76	0.4258	0.5003	0.5537
		Right	51.26	1402.90	7.49	0.4354	0.5101	0.5636

Table 3. Average wingbeat frequencies (f, Hz) and stroke amplitude differences ($\Delta \Phi$, °) for four adult male Anna's hummingbirds (C. anna) during hovering and turning. The number of wing strokes (n) is provided by bird and treatment. The stroke amplitudes are presented as left minus right differences for the downstroke (DS) and upstroke (US). Statistical analysis of the wingtip speed and stroke amplitude is provided in table 7.

	Clockwise					Hovering				Counterclockwise			
Bird	n	f	$\Delta \Phi_{ m DS}$	$\Delta {\it P}_{ m US}$	n	f	$\Delta \Phi_{ m DS}$	$\Delta \Phi_{\rm US}$	n	f	$\Delta {\it P}_{ m DS}$	$\Delta \Phi_{\rm US}$	
1	38	41.59	0.00	-8.46	33	40.54	-2.52	-1.61	32	39.88	-15.03	-6.39	
2	32	39.49	14.75	6.07	32	39.63	3.32	4.10	44	39.76	2.21	8.75	
3	32	39.81	-5.85	-10.85	33	39.69	-12.46	-12.03	33	40.58	-13.91	-6.58	
4	31	37.7	6.09	-2.44	30	36.84	-4.44	-4.75	15	36.76	-7.21	-0.33	

Table 4. The intra-class correlation coefficients (ICC) for the intensity and timing measures of the Pectoralis major, Pronator profundus, and Pronator superficialis muscles during hovering, and clockwise and counter-clockwise yaw turns. The left and right sides were calculated separately for the Pectoralis major and the average values are presented here. Only one side was available for each of the Pronator profundus and Pronator superficialis.

maneuver	intensity	timing
Pectoralis major		
clockwise	0.19	0.52
hovering	0.43	0.51
counter-clockwise	0.41	0.35
Pronator profundus		
clockwise	0.15	0.79
hovering	0.35	0.82
counter-clockwise	0.26	0.49
Pronator superficiali	S	
clockwise	0.23	0.52
hovering	-0.01	0.74
counter-clockwise	0.40	0.55

Table 5. The intra-class correlation coefficients (ICC) for whole body kinematic features, the yaw angle (Ψ) and body kinematics (lateral body angle, $\chi_{GR, XZ}$, frontal body angle, $\chi_{GR, YZ}$), and for left-right wing kinematics, the wingtip speed (U_{tip}), average elevation angle ($\bar{\theta}_{GR}$), stroke plane angle (β), stroke amplitude (Φ_{SP}), and elevation amplitude (Θ_{SP}). The up- and down-strokes were analyzed sperately.

	clockwise	hovering	counter-clockwise	
Ψ_{DS}	-0.01	-0.01	0.01	
$\Psi_{\sf US}$	-0.03	-0.02	-0.02	
χ gr, xz, ds	0.37	0.00	0.08	
$\chi_{ m GR, XZ, US}$	0.34	0.11	0.08	
χ gr, yz, ds	0.60	0.19	0.39	
χgr, yz, us	0.58	0.17	0.30	
$U_{ m tip, DS}$	0.68	0.78	0.62	
$U_{ m tip,US}$	0.58	0.75	0.55	
$ar{ heta}_{GR, DS}$	0.48	0.70	0.62	
$ar{ heta}_{GR,US}$	0.60	0.59	0.54	
$eta_{ extsf{DS}}$	0.50	0.17	0.45	
$eta_{ m US}$	0.61	0.53	0.42	
$arPsi_{ ext{SP, DS}}$	0.62	0.61	0.59	
$arPhi_{SP,US}$	0.49	0.60	0.48	
$\Theta_{ m SP,DS}$	0.16	0.16	0.17	
$\Theta_{ m SP,US}$	0.30	0.05	0.09	

Table 6. Mixed model ANOVA of yaw angle (Ψ) and body kinematics (lateral body angle, $\chi_{GR, XZ}$, frontal body angle, $\chi_{GR, YZ}$) by maneuver. Bird was included a random effect within the model. Two post-hoc comparison were made for models with significant ANOVAs: clockwise versus hovering (ck-hv) and counter-clockwise versus hovering (ct-hv).

Variable	d.f.	F	Р	P _{ck-hv}	P _{ct-hv}
$\Psi_{ extsf{DS}}$	2,6	225.84	< 0.0001	< 0.0001	< 0.0001
$\Psi_{ m US}$	2,6	521.79	< 0.0001	< 0.0001	< 0.0001
χ gr, XZ, DS	2,6	3.95	0.0804	-	-
χ gr, XZ, US	2,6	4.23	0.0714	-	-
χ gr, yz, ds	2,6	1.41	0.3143	-	-
χ gr, yz, us	2,6	1.41	0.3155	-	-

Variable	d.f.	F	Р	P _{ck-hv}	P _{ct-hv}
Utip, DS	2,6	4.00	0.0786	-	-
$U_{ m tip,US}$	2,6	4.8	0.0570	-	-
$ar{ heta}_{GR,DS}$	2,6	70.71	< 0.0001	< 0.0001	0.0007
$ar{ heta}_{ ext{GR, US}}$	2,6	10.46	0.0111	0.0074	0.1833
$eta_{ extsf{DS}}$	2,6	2.00	0.2155	-	-
$eta_{ m US}$	2,6	6.42	0.0323	0.0384	0.3734
$arPsi_{ ext{SP, DS}}$	2,6	17.58	0.0031	0.0005	0.0485
$arPhi_{SP,US}$	2,6	1.31	0.3383	-	-
$\Theta_{ m SP,DS}$	2,6	23.28	0.0015	< 0.0001	0.1100
$\Theta_{\rm SP,US}$	2,6	11.84	0.0083	0.0008	0.4128

Table 7. Mixed model ANOVA of wingbeat kinematics: wingtip speed (U_{tip}), average elevation angle ($\bar{\theta}_{GR}$), stroke plane angle (β), stroke amplitude (Φ_{SP}), and elevation amplitude (Θ_{SP}). Other details as in table 4.