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2	Each to their own: skeletal muscles of different function use different biochemical
3	strategies during aestivation at high temperature
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16	temperature
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## **ABSTRACT**

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Preservation of muscle morphology depends on a continuing regulatory balance between molecules that protect, and molecules that damage, muscle structural integrity. Excessive disruption of the biochemical balance that favours reactive oxygen species (ROS) in disused muscles may lead to oxidative stress; which in turn is associated with increased atrophic or apoptotic signalling and/or oxidative damage to the muscle and thus muscle disuse atrophy. Increases in rate of oxygen consumption likely increase the overall generation of ROS in vivo. Temperature-induced increases in muscle oxygen consumption rate occur in some muscles of ectotherms undergoing prolonged muscular disuse during aestivation. In the green-striped burrowing frog, Cyclorana alboguttata, both large jumping muscles and small non-jumping muscles undergo atrophy seemingly commensurate with their rate of oxygen consumption during aestivation. However, since the extent of atrophy in these muscles is not enhanced at higher temperatures despite a temperature sensitive rate of oxygen consumption in the jumping muscle, we proposed that muscles are protected by biochemical means that when mobilised at higher temperatures inhibit atrophy. We proposed the biochemical response to temperature would be muscle-specific. We examined the effect of temperature on the antioxidant and heat shock protein systems and evidence of oxidative damage to lipids and proteins in two functionally different skeletal muscles, gastrocnemius (jumping muscle) and iliofibularis (non-jumping muscle), by aestivating frogs at 24 and 30°C for six months. We assayed small molecule antioxidant capacity, mitochondrial and cytosolic SOD and Hsp70 to show that protective mechanisms in disused muscles are differentially regulated both with respect to temperature and aestivation. High aestivation temperature results in an antioxidant response in the metabolically temperature-sensitive jumping muscle. We assayed lipid peroxidation and protein oxidation to show that oxidative damage is apparent during aestivation and its pattern is muscle-specific, but unaffected by temperature. Consideration is given to how the complex responses of muscle biochemistry inform of the different strategies muscles may use in regulating their oxidative environment during extended disuse and disuse at high temperature.

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## 47 INTRODUCTION 48 Reactive oxygen species (ROS) are biologically important chemicals as they are produced via 49 chemical reactions during normal cell metabolism (Liu et al., 2002; Ott et al., 2007; Tahara et 50 al., 2009; Turrens, 2003). Mitochondria produce superoxide $(O_2)$ during mitochondrial 51 oxygen consumption (Abele et al., 2002; Murphy, 2009; Tahara et al., 2009) which in turn 52 can trigger a cascade of reactions resulting in the generation of several different reactive 53 species (Cadenas and Davies, 2000; Valentine et al., 1998). ROS are required for signalling 54 purposes (Finkle and Holbrook, 2000; Powers et al., 2009) and proper cellular biochemistry 55 (Kamata and Hirata, 1999; Valentine et al., 1998) so a certain threshold of ROS generation is 56 beneficial to a cell (Hamanaka and Chandel, 2010; Martin and Barrett, 2002). However, at 57 high levels, ROS instigate deleterious cell signalling, disrupting the function of the cell and 58 damaging biological molecules and tissues if left to accumulate (Aruoma, 1998; Benov, 59 2001; Jones, 2008; Martin and Barrett, 2002; Ott et al., 2007; Valentine et al., 1998). 60 Cellular homeostasis is achieved by molecules that balance the pro-oxidants. 61 62 Antioxidants act in a variety of ways to inhibit the action of pro-oxidants by scavenging 63 actual ROS molecules, binding molecules that initiate oxidative chain reactions, and/or acting 64 to break the chain of oxidative reactions (Gutteridge, 1995). Such molecules can include 65 soluble membrane-bound antioxidants (e.g. vitamin E, $\beta$ -Carotene, coenzyme Q), 66 intracellular enzymatic antioxidants (e.g. superoxide dismutases, catalase, glutathione 67 peroxidase), and extracellular antioxidants (e.g. transferrin, albumin, ascorbic acid) 68 (Gutteridge, 1995). Notably, the enzymatic antioxidant superoxide dismutase counteracts the 69 superoxide radical produced via mitochondrial metabolism, but in doing so produces another 70 ROS, hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), which is then counteracted by other antioxidants (Aruoma, 71 1998). However, disruption of the balance between pro-oxidants and antioxidants can result 72 in a state of oxidative stress. 73 74 In addition to antioxidants, heat-shock proteins (HSPs) also function during oxidative stress 75 (Kalmar and Greensmith, 2009; Krivoruchko and Storey, 2010; Wallen et al., 1997), 76 facilitating stress sensing, signalling, and protein protection (Liu and Steinacker, 2001; Liu et 77 al., 2006; Sørensen et al., 2003). HSPs are regulated in models of muscle disuse 78 (Desplanches et al., 2004; Seo et al., 2006) as well as during dormancy (Lee et al., 2008), and 79 their expression can be tissue and muscle specific (Flanagan et al., 1995; Locke et al., 1991).

Hsp70 has varied cytoprotective functions including molecular chaperoning and refolding of

81	denatured proteins, and inhibition of certain degradative signalling pathways (Feder and
82	Hofmann, 1999; Kalmar and Greensmith, 2009; Muchowski and Wacker, 2005). However,
83	despite the presence of antioxidants and HSPs, the biochemical balance of a tissue can
84	become skewed either via antioxidant depletion or increased ROS production (Halliwell and
85	Whiteman, 2004) and subsequently aberrant signalling and damage to cells and tissues can
86	ensue (Benov, 2001; Fulle et al., 2004; Hamanaka and Chandel, 2010; Jones, 2008; Martin
87	and Barrett, 2002; Valentine et al., 1998).
88	
89	If the ROS generation is sufficiently high, the damage caused by oxidative stress can occur
90	either through direct attack of ROS on biomolecules, or through oxidative stress-related
91	changes in cellular chemistry (e.g. increased Ca <sup>2+</sup> levels, protease activation) (Halliwell and
92	Whiteman, 2004). The effects of excessive ROS can include cellular atrophy, apoptosis, and
93	the oxidative modification of lipids, proteins and DNA (Adelman et al., 1988; Gutteridge,
94	1995; Halliwell and Whiteman, 2004; Hamanaka and Chandel, 2010; McClung et al., 2009;
95	Ott et al., 2007; Powers et al., 2012; Powers et al., 2005; Richter et al., 1988; Valentine et al.,
96	1998). Disruption of redox balance and normal cell signalling processes that result in
97	oxidative stress (Jones, 2008) and tissue damage, occur in a variety of conditions including
98	muscle disuse (Constantini et al., 2010; Kavazis et al., 2009; Magaritis et al., 2009; Finkle
99	and Holbrook, 2000; Heise et al., 2003; Lawler et al., 2003; Storey, 1996).
100	
101	Muscle disuse is associated with atrophic pathways resulting in alterations to muscle
102	phenotype (Zhang et al., 2007), i.e. muscle disuse atrophy (MDA). Notably, ROS can act as
103	upstream triggers for many of those pathways involved in the atrophic remodelling of muscle
104	tissue (e.g. FoxO, NF $\kappa\beta$ ). Specifically, ROS can act as signalling molecules in situations of
105	muscle disuse such as immobilisation (Kondo et al., 1991; Kondo et al., 1993), limb
106	suspension/unloading (Lawler et al., 2003), and denervation (Muller et al., 2007). The role of
107	ROS and oxidative stress in disuse atrophy is further supported by studies which show that
108	mitochondria-targeting antioxidants administered to mice attenuate immobilisation atrophy
109	(Min et al., 2011). However, results from other studies have failed to show any attenuation of
110	disuse atrophy with antioxidant administration (Brocca et al., 2009; Desaphy et al., 2010).
111	Disparity in results is likely due to differences in the specific antioxidants used, the ratio of
112	the magnitude of oxidative stress (threshold level) to the magnitude of the administered
113	antioxidant, the particular muscle tested, different conditions of disuse and combinations
114	thereof.

116	Dormant animals undergo much less MDA than is seen in artificially immobilised laboratory
117	model organisms (McDonagh et al., 2004; Shavlakadze and Grounds, 2006). Naturally
118	prolonged muscular disuse, as occurs during dormancy in a number of animals, also involves
119	a substantial depression of oxygen consumption and whole animal metabolic systems with a
120	coordinated reduction in both protein synthesis and protein degradation (Storey and Storey,
121	1990). Thus, it has been hypothesised that the substantial metabolic depression which
122	accompanies all forms of dormancy reduces overall in vivo ROS production and oxidative
123	insult on immobilised muscles, thus limiting MDA (Hudson and Franklin, 2002).
124	Nevertheless, in dormant animals, some atrophy and biomolecular damage still occurs.
125	
126	Lipid peroxidation continues to occur in aestivating freshwater snails, Biomphalaria
127	tenagophila, at the same level as in controls (Ferreira et al., 2003) and is elevated during
128	aestivation in spadefoot toad, Scaphiopus couchii, skeletal muscle (Grundy and Storey,
129	1998). The lipid peroxidation in the aestivating toad and snails occurs despite the presence of
130	antioxidant defences. In dormant S. couchii, antioxidant defences were tissue-specific and
131	despite increases in some antioxidants in muscle tissue, the biggest increase in lipid
132	peroxidation levels occurred in the skeletal muscle relative to other organs (Grundy and
133	Storey, 1998). If the low rate of oxygen consumption during aestivation still results in some
134	level of oxidative damage then ectothermic organisms, such as toads and snails, will
135	presumably experience a greater overall oxidative challenge when temperatures are high.
136	
137	Recently we have shown in the green-striped burrowing frog, Cyclorana alboguttata, that six
138	months of aestivation (dry season dormancy) at 30°C significantly increases rate of oxygen
139	consumption relative to frogs aestivating at 24°C (Young et al., 2011). However, despite the
140	increase in rate of oxygen consumption at 30°C there was no evidence of an increase in the
141	extent of disuse atrophy in the functionally distinct gastrocnemius (a power-producing
142	jumping muscle) or iliofibularis (a small non-jumping muscle) (Young et al. 2012). These
143	findings have led to the hypothesis that protective mechanisms are enhanced during
144	aestivation at high temperature (Young et al. 2012). The present study assessed the
145	mobilisation of protective mechanisms and evidence of oxidative damage in disused muscles
146	of C. alboguttata during aestivation at different temperatures. Two functionally and
147	metabolically different muscles (gastrocnemius and iliofibularis) that are resistant to
148	enhanced atrophy at higher temperatures during disuse (Young et al. 2012) were examined.

149	C. alboguttata aestivating for six months at either 24°C or 30°C were used to assess the levels
150	of small molecule antioxidants (i.e. total antioxidant capacity), the activities of enzymatic
151	antioxidants (mitochondrial and cytoplasmic SOD), levels of heat shock proteins (Hsp70),
152	and markers of oxidative damage (lipid peroxidation and protein carbonylation) in
153	gastrocnemius and iliofibularis muscles. It was hypothesised that: (1) antioxidants and
154	Hsp70 would be maintained at control levels and/or increased during aestivation, more so at
155	high temperature, (2) the pattern of which protective mechanisms were increased or
156	maintained at controls levels would differ between the two muscles, (3) oxidative damage
157	would occur during dormancy and to a greater degree in the iliofibularis.
158	
159	MATERIALS AND METHODS
160	Experimental animals
161	Cyclorana alboguttata were collected from the districts of Dalby (S 27.18.169, E 151.26.206)
162	and Theodore (S 24.94.743, E 150.07.529), Queensland, Australia after heavy rainfall. Frogs
163	were randomly assigned to four treatment groups: Controls at 24 and $30^{\circ}$ C (n = 23 and 18
164	respectively) and aestivators at 24 and $30^{\circ}$ C (n = 18 and 21 respectively). Control groups
165	were maintained with weekly feeding at their assigned temperature in thermally controlled
166	facilities for six months. Frogs required to aestivate were placed in containers of moist mud
167	and placed at their assigned temperatures in the dark and allowed to burrow and enter
168	aestivation. Aestivating frogs were left for six months prior to use.
169	
170	Aestivating frogs were removed from the dry mud blocks by breaking apart the block at the
171	cracks. All frogs were immediately double-pithed and the gastrocnemius and iliofibularis
172	muscles dissected out, gently blotted dry, and weighed. Muscles were placed in cryotubes
173	and snap frozen in liquid nitrogen then stored at -80°C prior to assay. Water content of
174	muscles was not measured but was not expected to change with aestivation or disuse
175	(Bayomy et al., 2002; Cooper, 1972; Mantle et al., 2009). The temperature treatments did not
176	appear to influence overall frog hydration as frogs of both temperature groups still had
177	obvious bladder water reserves upon extraction from burrows.
178	
179	Total Antioxidant Capacity (TAC)
180	Snap frozen gastrocnemius and iliofibularis muscle tissues were minced on an ice cold block
181	and weighed. Minced tissue was diluted 1:10 with ice-cold NP-40 buffer (20 mM Tris HCL,
182	137 mM NaCl, 10% glycerol, 1% nonidet P-40 substitute, 2 mM EDTA) with protease

183	inhibitors added (Sigma P2714, PMSF, Castle Hill, NSW, Australia) and homogenised with
184	an Ika homogeniser (T10-Basic Ultra-Turrax®, IKA, Staufen, Germany). Samples were
185	rocked gently for 30 min on a rocker (BIORAD Ultra Rocker, Hercules, CA, USA) then
186	centrifuged (Beckman Coulter Allegra 25R, Brea, CA, USA) at 12000 rpm at 4°C for 20 min.
187	The supernatant was aliquoted in 20 µl volumes and aliquots stored at -80°C until assaying.
188	
189	Small molecule and protein antioxidants were assayed using a commercially available kit
190	(K274-100, BioVision, Mountain View, CA, USA) based on a method similar to one
191	previously used for C. alboguttata muscles (Mantle et al., 2009), and following the
192	manufacturer's instructions. In brief, a standard curve was produced from prepared Trolox
193	standards (range 0-20 nmol $Trolox$ )( $R_2 = 0.9994$ ). Trials indicated an optimal loading
194	volume for samples of 2.5 $\mu$ l. Samples were loaded in duplicate into individual wells of a 96
195	well plate and ddH2O was added to bring the volume to 100 $\mu$ l. To each well Cu <sup>2+</sup> working
196	solution was added. The plate was covered and allowed to incubate at room temperature for
197	1.5 h before reading the absorbance at 570 nm in a microplate reader (Beckman Coulter DTX
198	880 Multimode Detector, Brea, CA, USA). Absorbance values were used to obtain nM
199	Trolox equivalents from the standard curve and these were used to calculate the sample
200	antioxidant capacity in nmol $\mu l^{1}. \   \text{The TAC}$ of each sample was expressed as nM $mg^{1}$ tissue.
201	
202	Superoxide Dismutase (SOD)
203	Snap frozen gastrocnemius and iliofibularis muscle tissues were minced on an ice cold block
204	and weighed. Minced tissue was diluted 1:10 with ice-cold buffer (20 mM HEPES, 1 mM
205	EGTA, 210 mM mannitol, 70 mM sucrose, pH 7.2) with protease inhibitors added (Sigma
206	P2714, PMSF) and homogenised with an Ika homogeniser (T10-Basic Ultra-Turrax®, IKA,
207	Staufen, Germany). Tissue lysates were centrifuged (Beckman-Coulter Allegra 25R, Brea,
208	CA, USA) at 4400 rpm for 5 min at 4°C. The supernatant was transferred to a fresh pre-
209	weighed Eppendorf and centrifuged at 11300 rpm for 15 min at 4°C. The supernatant
210	(cytosolic fraction) was aliquoted in 25 $\mu l$ volumes and stored at -80 $^{\circ}C$ . The remaining pellet
211	was weighed and then resuspended 1:10 in cold buffer. The resultant suspension
212	(mitochondrial fraction) was aliquoted in 25 $\mu l$ volumes and stored at $$ -80 $^{\circ}C$ until assaying.
213	
214	The cytosolic and mitochondrial activities of the enzymatic antioxidant superoxide dismutase
215	were assayed (Weydert and Cullen, 2010) using a commercially available kit (product no.
216	706002, Cayman Chemical Company, Ann Arbor, MI, USA) and following the

217 manufacturer's instructions. In brief, a standard curve was produced from supplied SOD standards (range 0.025- 1.0 U ml<sup>-1</sup> SOD activity) ( $R_2 = 0.9806$ ). Trials indicated cytosolic 218 219 samples required a 15% dilution to fall within the range of the standard curve, while 220 mitochondrial samples were used undiluted. Ten ul samples were loaded in duplicate into 221 individual wells of a 96 well plate along with diluted radical detector. Reactions were 222 initiated by adding diluted xanthine oxidase to each well. The plate was shaken briefly to 223 mix reagents, sealed with an adhesive plate cover and then incubated on an orbital shaker 224 (Heidolph Unimax 1010, Schwabach, Germany) for 20 min at room temperature. Absorbance 225 at 450nm was read using a microplate reader (Beckman Coulter DTX 880 Multimode 226 Detector, Brea, CA, USA). The average absorbance from sample duplicates was used to calculate SOD activity in Units ml<sup>-1</sup> of reaction mix. One 'unit' was regarded as the amount 227 228 of enzyme required for 50% dismutation of the superoxide radical. SOD activity of the samples were then standardised and expressed as Units mg<sup>-1</sup> tissue. As all samples were 229 230 handled in a standard manner and SOD inhibitors were absent, SOD activity was 231 representative of the amount of SOD (i.e. levels of the SOD enzyme). Due to logistical 232 limitations background scavenging of superoxide from non-SOD entities in the biological 233 samples was not measured. As such, these results are more representative of in vivo 234 conditions and reflect the superoxide scavenging capacity (SSC) of the muscle tissues and 235 will referred to in this manner throughout the results and discussion. 236 237 Heat-shock protein 70 (Hsp70) 238 Portions of snap-frozen gastrocnemius and iliofibularis muscles were weighed to the nearest 239 0.1 mg, individually wrapped in aluminium foil, submerged in liquid nitrogen for 15-20 s and 240 then pulverised on an ice cold block. Pulverised tissue was removed from the aluminium foil 241 and placed in the bottom of a borosilicate glass micro tissue grinder tube and ground with a 242 pestle. For each tissue portion 1X extraction reagent (prepared from 5X reagent 80-1581, 243 Enzo Life Sciences, Farmingdale, New York, USA) with added protease inhibitors (Sigma 244 P2714, PMSF, Castle Hill, NSW, Australia) was added in a 1:2 (w/v, g/ml) ratio, followed by 245 further grinding of tissues. Entire suspensions were transferred to fresh labelled 246 polypropylene tubes and centrifuged (Beckman-Coulter Allegra 25R, Brea, CA, USA) at 247 21,000 g for 10 min at 4°C. Supernatants containing the Hsp70 samples were retained in 10 248 μl aliquots and the remaining pellet was discarded. Aliquots were stored at -80°C until 249 assaying.

251	HSPs can be detected and quantitated in tissue homogenates using monoclonal antibodies in
252	ELISA assays (Yu et al., 1994). Hsp70 (inducible form) was assayed using a commercially
253	available EIA kit (ADI-EKS-700B, Enzo Life Sciences, Farmingdale, NY, USA) and
254	following the manufacturer's instructions. In brief, samples were diluted 1:50 in the supplied
255	diluent. A standard curve was prepared from a serial dilution of the supplied Hsp70 standard
256	(range 0-50 ng ml $^{-1}$ )( $R_2 = 0.9999$ ). Standards and diluted samples, in duplicate, were
257	absorbed onto the supplied Hsp70 immunoassay plate for 2 h at room temperature. Wells
258	were washed four times with wash buffer prior to the addition of Hsp70 antibody. Plates
259	were incubated for 1 h at room temperature. Wells were again washed before the addition of
260	Hsp70 conjugate and incubation for an additional hour at room temperature. Wells were
261	again washed and then tetramethylbenzidine substrate solution was added to the wells and the
262	plate to incubate for 30 min at room temperature. The development of the colour reaction
263	was stopped by the addition of stop solution. Absorbance was read at 450 nm in a microplate
264	reader (Beckman Coulter DTX 880 Multimode Detector, Brea, CA, USA). Sample Hsp70
265	concentration was calculated from the equation obtained from the standard curve, accounting
266	for the dilution factor (50). Results were expressed as ng mg <sup>-1</sup> tissue.
267	
268	Protein Oxidation
269	Snap frozen gastrocnemius and iliofibularis muscle tissues were minced on an ice cold block
270	and weighed to the nearest 0.1 mg. Minced tissue was diluted 1:10 with ice-cold buffer
271	(137mM NaCl, 2.7mM KCl, 4.3 mM Na <sub>2</sub> HPO <sub>4</sub> , 1.47 mM KH <sub>2</sub> PO <sub>4</sub> ) with 5 $\mu$ l ml <sup>-1</sup> BHT
272	(butylated hydroxytoluene) and protease inhibitors added (Sigma P2714, PMSF, Castle Hill,
273	NSW, Australia), and homogenised with an Ika homogeniser (T10-Basic Ultra-Turrax®, IKA,
274	Staufen, Germany). Tissue lysates were centrifuged (Beckman-Coulter Allegra 25R, Brea,
275	California, USA) at 6000 rpm for 10 min at $4^{\circ}\text{C}$ . The supernatant was aliquoted in 20 $\mu l$
276	volumes and aliquots stored at -80°C until assay.
277	
278	The levels of protein carbonyls were measured using a commercially available kit (STA-310,
279	Cell Biolabs Inc., San Diego, CA, USA) and following the manufacturer's instructions.
280	Protein carbonyls are the most common products of protein oxidation and are chemically
281	stable and serve as oxidative stress markers for most types of ROS (Dalle-Donne et al., 2003;
282	Yan and Sohal, 2002). In brief, protein concentration of samples were determined using a
283	Qubit <sup>TM</sup> fluorometer (Invitrogen, Q32857, Mulgrave, VIC, Australia) and Quant-iT TM
284	protein assay kit (Invitrogen, O33211 Mulgrave, VIC, Australia) and samples were then

diluted in 0.1M PBS to 10 µg ml<sup>-1</sup> protein. A standard curve was produced from 10 µg ml<sup>-1</sup> 285 oxidised BSA and 10 µg ml<sup>-1</sup> reduced BSA for protein carbonyl standards (range 0-7.5 nmol 286  $mg^{-1}$ )( $R_2 = 0.9758$ ). Standards and samples were loaded in duplicate into wells of a 96 well 287 288 protein binding plate and left to adsorb overnight at 4°C. Wells were washed three times with 289 0.1 M PBS and then DNPH working solution was added to the wells and the plate left to 290 incubate in the dark for 45 min. Wells were washed five times with PBS/ethanol (1:1 v/v) 291 and twice with PBS prior to the addition of blocking solution. Plates were left to incubate for 292 105 min at room temperature on an orbital shaker. Wells were washed three times with wash 293 buffer and then the anti-DNP antibody added to each well. Plates were left to incubate for 1 294 h at room temperature on an orbital shaker. Wells were again washed with wash buffer and 295 then a HRP conjugated secondary antibody was added to each well and incubated for 1 h at 296 room temperature on an orbital shaker. Wells were washed 5 times with wash buffer and 297 then substrate solution was added to each well and incubated at room temperature on an 298 orbital shaker under close observation. The reaction was allowed to develop for 4 min before 299 the addition of stop solution to each well. Absorbance at 450 nm was read immediately using 300 a microplate reader (Beckman Coulter DTX 880 Multimode Detector, Brea, CA, USA). The 301 average absorbance from sample duplicates was calculated and used in the equation obtained 302 from a polynomial fit of the standard curve to determine the amount of protein carbonyls in nmol mg<sup>-1</sup> protein. 303

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## 305 Lipid Peroxidation

- 306 Samples were prepared as for protein oxidation above.
- 307 The levels of MDA-adducts in skeletal muscle were measured using a commercially available
- 308 kit (STA-332, Cell Biolabs Inc., San Diego, CA, USA) following the manufacturer's
- 309 instructions. MDA-adducts are an advanced lipid peroxidation end product, formed from a
- 310 natural by-product of lipid peroxidation, malondialdehyde (MDA), which when bound to
- 311 protein form a stable adduct which can be used as a proxy for oxidative stress (Onorato et al.,
- 312 1998; Requena et al., 1996). In brief, protein concentration of samples were determined
- using a Qubit<sup>TM</sup> fluorometer (Q32857, Invitrogen, Mulgrave, VIC, Australia) and Quant-iT 313
- TM protein assay kit (Q33211, Invitrogen, Mulgrave, VIC, Australia) and the required dilution 314
- for each sample was determined in order to prepare samples at 10 µg ml<sup>-1</sup> protein. A 315
- standard curve was produced from a serial dilution of 10 µg ml<sup>-1</sup> reduced BSA and 0.5 µg ml<sup>-1</sup> 316
- $^{1}$  MDA-BSA (range 0-120 pmol mg $^{-1}$ )(R<sub>2</sub> = 0.9982). Standards and samples were loaded in 317
- 318 duplicate into the wells of a 96 well protein binding plate and left to adsorb overnight at 4°C.

Wells were washed two times with 0.1 M PBS and then assay diluents were added to the wells and the plate left to incubate for 105 min at room temperature on an orbital shaker. Wells were washed three times with wash buffer and then anti-MDA antibody was added to the wells and incubated for 1 h at room temperature on an orbital shaker. Wells were again washed and secondary antibody-HRP conjugate added to each well and incubation for an additional 1 h at room temperature on an orbital shaker. Wells were washed five times with wash buffer and then substrate solution was added to each well and the plate incubated at room temperature on an orbital shaker. The reaction was allowed to develop for 6 min before adding stop solution to each well. The absorbance at 450 nm was read immediately using a microplate reader (Beckman Coulter DTX 880 Multimode Detector, Brea, CA, USA). The average absorbance of the sample duplicates was used to determine the amount of MDA-adducts. Results were expressed in pmol mg<sup>-1</sup> protein.

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Statistical Analyses

Data were assessed via a least squares means model considering metabolic state (2 levels: control and aestivator), temperature (2 levels: 24°C and 30°C), and the interaction between these variables. These models were run separately for the gastrocnemius and iliofibularis for total antioxidant capacity, Hsp70, protein oxidation and lipid oxidation data, and run separately for cytosolic and mitochondrial fractions within each muscle for the superoxide dismutase data. Within-treatment group, between-muscle comparisons were investigated using a least squares means model considering muscle type and the random variable of frog I.D., to account for the non-independence of comparing data from muscles obtained from the same source animals. Superoxide dismutase data were similarly assessed but with the additional variable of cellular fraction in the model. Where interaction terms were significant the differences were localised via Tukey-HSD. In the event that no differences were detected in the overall statistical model, planned pair-wise comparisons of data from frogs aestivating at 24°C and 30°C were performed to determine the effects of aestivation temperature on the variables measured. In this case, treatments were compared using ANOVA. In addition, antioxidant data were standardised to muscle-specific rate of oxygen consumption using data reported in (Young et al., 2011). The new standard errors were calculated by dividing the original errors by their associated means, squaring the result and summing those values for each variable. The square root was taken and then the value divided by the standardised mean. This presentation of the data provides a perspective of the antioxidants relative to

352	muscle oxygen consumption only and should not be viewed in isolation from the statistically
353	analysed results appearing first.
354	
355	RESULTS
356	Total Antioxidant Capacity
357	For the gastrocnemius, metabolic state ( $F_{1,23} = 4.7916$ , $P = 0.039$ ) and the interaction between
358	temperature and metabolic state ( $F_{1,23} = 6.1024$ , $P = 0.0213$ ) had significant effects on TAC.
359	Specifically, TAC was significantly lower in gastrocnemius muscles from frogs aestivating at
360	$24^{\circ}$ C relative to all other groups (Tukey-HSD, $P < 0.05$ ) and TAC from frogs aestivating at
361	30°C was at the same level as that of the gastrocnemius of control frogs (Figure 1A). For the
362	iliofibularis, TAC was significantly lower in muscles from aestivating frogs relative to
363	control frogs ( $F_{1,23} = 18.879$ , $P = 0.0002$ ) (Figure 1B) irrespective of treatment temperature.
364	
365	Between all four treatment groups, there was no significant difference in the TAC of
366	gastrocnemius and iliofibularis muscles except for tissues from the 30°C aestivator group
367	where the TAC was significantly higher in gastrocnemius muscle than in iliofibularis muscle
368	$(F_{1,6} = 24.3782, P = 0.0026).$
369	
370	When standardised to the oxygen consumption rate of the muscles, both gastrocnemius and
371	iliofibularis from aestivating frogs had greater TAC than those from control frogs.
372	Standardising TAC to the oxygen consumption rate of gastrocnemius from aestivating frogs
373	revealed there was greater TAC during aestivation at 24°C than at 30°C (Figure 2A).
374	However, iliofibularis from aestivating frogs showed similar TAC (per unit metabolic rate)
375	between temperatures (Figure 2B).
376	
377	Superoxide Scavenging Capacity
378	For the gastrocnemius, there was a significant interaction between metabolic state and
379	temperature on cytosolic superoxide scavenging capacity ( $F_{1,24} = 7.5541$ , $P = 0.0112$ ) yet the
380	post hoc analysis failed to identify any family-wise differences between groups. Comparing
381	between aestivating groups, gastrocnemius cytosolic superoxide scavenging capacity was
382	significantly higher in frogs aestivating at $30^{\circ}\text{C}$ compared to those aestivating at $24^{\circ}\text{C}$ (F <sub>1,12</sub> =
383	5.8228, P = 0.0327) (Figure 3A). Mitochondrial superoxide scavenging capacity in the
384	gastrocnemius was significantly higher in aestivating frogs than control frogs ( $F_{1,24} =$

15.8068, P = 0.0006) (Figure 3C). Comparing between aestivating groups, gastrocnemius

386	mitochondrial superoxide scavenging capacity was significantly higher in frogs aestivating at
387	$30^{\circ}$ C compared to those aestivating at $24^{\circ}$ C (F <sub>1,12</sub> = 5.5878, $P = 0.0358$ ) (Figure 3C).
388	
389	For the iliofibularis, cytosolic superoxide scavenging capacity was higher in aestivating frogs
390	compared to controls ( $F_{1,24} = 20.877$ , $P = 0.0001$ ) and also higher in both aestivating and
391	control frogs at 30°C compared to 24°C ( $F_{1,24} = 9.6521$ , $P = 0.0048$ ) (Figure 3B).
392	Mitochondrial superoxide scavenging capacity was higher in iliofibularis from aestivating
393	frogs compared to that of control frogs irrespective of temperature ( $F_{1,22} = 9.0735$ , $P =$
394	0.0064) (Figure 3D).
395	
396	In all treatment groups, muscle type, the cellular fraction examined, and the interaction
397	between muscle and cellular fraction had a significant effect on superoxide scavenging
398	capacity (all $P < 0.03$ ) with the cytosolic fractions showing significantly more superoxide
399	scavenging capacity than the mitochondrial fractions ( $P < 0.05$ ). In addition, the
400	gastrocnemius showed significantly more cytosolic superoxide scavenging capacity than the
401	iliofibularis ( $P < 0.05$ ) (Figure 3B). Mitochondrial superoxide scavenging capacity was not
402	different between the two muscles.
403	
404	When standardised to oxygen consumption rate of the appropriate muscle type, cytosolic and
405	mitochondrial superoxide scavenging capacity were always greater in gastrocnemius and
406	iliofibularis from aestivating frogs relative to those from control frogs. In the gastrocnemius
407	from aestivating frogs, both cytosolic and mitochondrial superoxide scavenging capacity (per
408	unit metabolic rate) were greater at 24°C compared to 30°C (Figure 4A). In the iliofibularis
409	from aestivating frogs, cytosolic superoxide scavenging capacity was greater in iliofibularis
410	from frogs aestivating at 30°C compared to 24°C, whereas mitochondrial superoxide
411	scavenging capacity was similar between the two temperatures (Figure 4B).
412	
413	Heat-shock protein70
414	For the gastrocnemius, Hsp70 levels were higher from aestivating frogs than control frogs
415	$(F_{1,23} = 5.4635, P = 0.0285)$ (Figure 5A). In contrast, for the iliofibularis, Hsp70 levels were
416	significantly lower in the iliofibularis from aestivating frogs compared to control frogs $(F_{1,24}$
417	= $40.9058$ , $P < 0.0001$ ) (Figure 5B). Within the aestivating groups, iliofibularis Hsp70 levels
418	were significantly lower in frogs aestivating at 30°C compared to frogs aestivating at 24°C
419	$(F_{1,12} = 4.9130 P = 0.0467)$ Due to the small magnitude of the changes (3-5%) effect sizes

420	were calculated according to Coe (2002). For changes in response to aestivation, effect sizes
421	for gastrocnemius at 24°C and 30°C were both 0.9. The effect size for iliofibularis at 24°C
422	was 1.7 and at 30°C the effect size was 3.5. The effect size for the decrease in Hsp70 with
423	increased temperature for iliofibularis from aestivators was 1.2. In all treatment groups,
424	Hsp70 was significantly lower in the gastrocnemius than in the iliofibularis ( $P < 0.0001$ ).
425	
426	Protein Oxidation
427	For the gastrocnemius, protein carbonyl levels were unaffected by temperature or metabolic
428	state, meaning that all treatment groups showed similar levels of protein carbonylation
429	(Figure 6A). For the iliofibularis, protein carbonyl levels were significantly higher in
430	iliofibularis from aestivating frogs compared to control frogs ( $F_{1,23} = 35.9678$ , $P < 0.0001$ )
431	(Figure 6B). Within control treatments there was no difference in the level of protein
432	carbonyls between the gastrocnemius and iliofibularis at either temperature. However, in
433	aestivating frogs protein carbonyl levels in the gastrocnemius were significantly lower than
434	those of iliofibularis at both 24°C ( $F_{1,5} = 25.3643$ , $P = 0.0037$ ) and 30°C ( $F_{1,4} = 11.0227$ , $P = 0.0037$ )
435	0.0294).
436	
437	Lipid Oxidation
438	For the gastrocnemius, lipid peroxidation levels were unaffected by temperature or metabolic
439	state, meaning that all treatment groups showed similar levels of lipid peroxidation (Figure
440	7A). In contrast, for the iliofibularis, lipid peroxidation was significantly lower in
441	iliofibularis from aestivating frogs relative to control frogs ( $F_{1,21} = 8.0293$ , $P = 0.0099$ )
442	(Figure 7B). Within all treatment groups the level of lipid peroxidation was significantly
443	higher in gastrocnemius muscles than in the iliofibularis muscles (all $P < 0.004$ ).
444	
445	DISCUSSION
446	There are many biochemical pathways and regulatory mechanisms in play during
447	hypometabolism, muscular disuse, atrophy, and oxidative stress. The combination of these
448	factors during aestivation in an ectothermic frog presents a unique model for investigating the
449	complex interplay between these factors and the associated biochemical mechanisms. Our
450	data suggest that the gastrocnemius and iliofibularis muscles, and presumably other skeletal
451	muscles of C. alboguttata, deal with similar challenges (metabolic, thermal) in different
452	ways. Not only were significant differences apparent in some protective/reparative systems

453 in response to higher temperature, but significant differences in protective mechanisms and 454 oxidative damage were also apparent between the two muscle types in response to aestivation 455 (Table 1). 456 457 Protective Mechanisms 458 Antioxidants 459 Aestivation temperature significantly influenced regulation of cytoprotective mechanisms but 460 did so differently in gastrocnemius and iliofibularis muscle of C. alboguttata. Significant 461 elevation of both mitochondrial and cytosolic SOD/SSC in the gastrocnemius of frogs 462 aestivating at 30°C compared to 24°C is consistent with the elevated rate of oxygen 463 consumption of the gastrocnemius during aestivation at 30°C (Young et al., 2011). The 464 concurrent increase in gastrocnemius TAC during aestivation at 30°C suggests that the 465 overall production of ROS in the muscle may have been higher, enhancing the requirement of 466 the gastrocnemius for small molecule and protein antioxidants. The lack of a temperature 467 effect on iliofibularis mitochondrial SOD/SSC is consistent with the lack of temperature 468 effect on iliofibularis rate of oxygen consumption (Young et al., 2011). 469 470 The up-regulation of some antioxidant defences in response to higher temperature in 471 aestivation is consistent with the hypothesis that higher temperatures may induce a more pro-472 oxidant cellular environment. This is especially so in the case of the gastrocnemius where the 473 rate of oxygen consumption was increased at the higher aestivation temperature (Young et 474 al., 2011). However, the iliofibularis had a higher mass-specific rate of oxygen consumption 475 than the gastrocnemius (Young et al., 2011) and could therefore be considered to experience 476 greater oxidative insult which is consistent with the greater atrophy in the iliofibularis 477 compared to the gastrocnemius (Young et al. 2012). Muscle-specific antioxidant scavenging 478 capacity has also been reported for rats (Masuda et al., 2003). 479 480 Two main strategies regarding antioxidant action in aestivation have been proposed: (1) 481 antioxidant defences track metabolic rate and potentially directly respond to an imposed 482 stressor, or (2) high levels of antioxidants are maintained in preparation for arousal events 483 ('pre-emptive' regulation) (Ferreira-Cravo et al., 2010; Storey, 1996). The latter is based on 484 the theory that the increase in metabolic processes that occurs with arousal results in elevated 485 oxygen concentration and sufficient ROS generation to overwhelm antioxidant defences and 486 be damaging. Thus, an increase in oxygen consumption during aestivation, such as that

487 induced by temperature, may, if large enough, also present an oxidative insult sufficient to be 488 damaging, unless pre-emptive protective strategies are used. Pre-emptive regulation of 489 antioxidants may manifest as either an up-regulation of antioxidants or their maintenance at 490 control levels, despite a lowered (presumed) ROS insult, such that defences are prepared for a 491 later ROS insult. The differential regulation of TAC and SOD/SSC with respect to both 492 aestivation and temperature suggests that strategies of tracking metabolic rate and pre-493 emptive regulation may both be in operation in C. alboguttata. For example, iliofibularis 494 TAC shows the same changes in response to aestivation and temperature as iliofibularis rate 495 of oxygen consumption (Young et al. 2011). All antioxidants measured here for the 496 gastrocnemius of aestivators increase along with the increased rate of oxygen consumption of 497 the muscle at the higher temperature. Our data suggest that pre-emptive regulation may 498 occur for iliofibularis SOD/SSC in aestivation and with higher temperature, and for 499 gastrocnemius mitochondrial SOD/SSC with aestivation. Of course, these patterns of 500 regulation cannot be construed as the entire 'strategy' used by the muscles since other 501 antioxidants, not measured here, will also be regulated. The changes in specifically 502 mitochondrial SOD/SSC shown in this study however, may in part account for the lack of 503 enhanced atrophy at 30°C, since mitochondrial-targeted antioxidants have been shown to 504 attenuate immobilisation atrophy in mice (Min et al., 2011). Interestingly, it is possible that 505 the rise in mitochondrial SOD/SSC is part of regulating the muscle cells in a quiescent state 506 by producing increased hydrogen peroxide, promoting cellular quiescence (Sarsour et al., 507 2008). 508 The rising SOD/SSC level specifically in the cytosolic fraction is curious if the production of 509 ROS is related primarily to rate of mitochondrial oxygen consumption. It is possible that 510 oxygen consumption of non-mitochondrial sources, such as NADPH-oxide synthase, is 511 responsible, perhaps more so in the case of the iliofibularis than the gastrocnemius. 512 Alternatively, a mechanism for increased superoxide of mitochondrial origin in the cytosol is 513 provided by the passage of inter-membrane space superoxide via voltage dependent anion 514 channels in the outer mitochondrial membrane (Han et al., 2003), potentially as part of 515 intracellular signalling (Hamanaka and Chandel, 2010; Murphy, 2009; Murphy et al., 2011). 516 It has been reported that superoxide can be released from the mitochondria into the cytosol at a rate of approximately 0.041 nmol min<sup>-1</sup> mg<sup>-1</sup> protein in preparations of rat heart 517 518 mitochondria, although it is possible this rate is an underestimate (Han et al., 2003). In the 519 case of disuse during dormancy the oxidant environment of a muscle from an aestivator will

be a product of the relative magnitudes of changes in antioxidants levels and rate of oxygen consumption of the tissue.

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The substantial reduction in rate of oxygen consumption of muscles during aestivation meant that antioxidant levels per unit muscle metabolic rate (i.e. antioxidants relative to oxidative insult) were always higher in muscle from aestivating frogs compared to controls, irrespective of up or down-regulation of the antioxidants. Despite this beneficial antioxidant environment, both the iliofibularis and the gastrocnemius undergo some atrophy, although the extent is not greater at 30°C compared to 24°C (Young et al. 2012). The gastrocnemius antioxidant per metabolic rate environment in aestivation was less at 30°C than at 24°C. This indicates that the up-regulation of gastrocnemius TAC and SOD/SSC defences in response to high aestivation temperature were not of a large enough magnitude, relative to the magnitude of the increase in rate of oxygen consumption (i.e. increased oxidative insult), to maintain the same TAC/SOD environment as at 24°C. However, this change does not result in greater oxidative damage. It is possible that the composition of the antioxidant 'cocktail' in aestivating gastrocnemius is altered at different temperatures and measures of other antioxidants would clarify whether antioxidants not measured here were increased in the gastrocnemius at 30°C. Interestingly, thiols are a major determinant of the antioxidant capacity (i.e. TAC) of tissue homogenates (Balcerczyk and Bartosz, 2003) and redoxsensitive thiol disruption is posited to be more common than, and occur prior to, oxidative damage to macromolecules (Dalle-Donne et al., 2001; Jones, 2008). Thus, increased TAC at 30°C in aestivator gastrocnemius is potentially indicative of an intermediate threshold of ROS production despite the presence of lipid and protein oxidation. The lack of a temperature effect on iliofibularis rate of oxygen consumption, TAC and mitochondrial SOD/SSC in aestivation meant that these antioxidant defences per unit metabolic rate were equivalent between the two aestivation temperatures. Consequently, the higher level of iliofibularis cytosolic SOD/SSC per unit metabolic rate during aestivation at 30°C was achieved by upregulating SOD/SSC in aestivation but up-regulating to a greater magnitude at 30°C than at 24°C. The exact way the changes to antioxidant environments of the gastrocnemius and iliofibularis relates to the patterns of oxidative damage reported in these muscles is uncertain and suggest that other protective mechanisms may also be at play in a muscle-specific fashion.

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553 Hsp70

554 As our method tested for the inducible form of Hsp70 our data shows that inducible Hsp70 555 was constitutively expressed in C. alboguttata gastrocnemius and iliofibularis muscle. The 556 changes in Hsp70 with aestivation and, in the case of iliofibularis, with temperature were 557 small (~5%) yet, according to a percentile interpretation (Coe, 2002), the effect sizes (0.9-558 3.5) indicate we can be confident that these changes are meaningful. In exactly what 559 biological way these changes manifest remains unclear. The small magnitude of change in C. 560 alboguttata suggests that Hsp70 expression levels are tightly regulated. The decrease in the 561 iliofibularis Hsp70 with aestivation may also be a response to constant temperature 562 conditions. Hsp70 can be down-regulated with prolonged exposure to a mild stressor 563 (Abravaya et al., 1991) and therefore it is possible that the Hsp70 results recorded here are a 564 temporal snapshot of Hsp70 regulation given that measurements were taken only once at 6 565 months of aestivation. Since C. alboguttata Hsp70 was regulated more so in response to 566 aestivation than temperature, it is likely that the regulation of constitutive Hsp70 levels was 567 effective irrespective of temperature. At both temperatures iliofibularis Hsp70 was reduced 568 in aestivation compared to controls; consistent with hind-limb suspended mice where Hsp70 569 and other HSPs were down-regulated in the oxidative soleus muscle (Brocca et al., 2009). 570 571 Unlike iliofibularis, Hsp70 levels in the gastrocnemius increased during aestivation, 572 suggesting that the gastrocnemius may have had an increased requirement for Hsp70 during 573 aestivation. Increased expression of HSP in the muscles of dormant animals has been 574 reported in hibernating bats, Murina leucogaster (1.7-fold) (Lee et al., 2008), and hibernating 575 13-lined ground squirrels, Spermophilus tridecemlineatus (2-3-fold) (Carey et al., 1999). 576 Hsp70 regulation in opposite directions in different muscles during dormancy suggests that 577 different muscles have different requirements for Hsp70 and/or that the muscles are subject to 578 different signalling environments. Significant muscle-specific differences in constitutive 579 levels of HSP expression are also found between unstressed rat muscles (Locke et al., 1991). 580 Hsp70 expression levels in skeletal muscle are known to be dependent on the intensity of the 581 stressor (Liu et al., 2006), potentially indicating that iliofibularis of C. alboguttata 582 experiences greater oxidative insult than the gastrocnemius. However, given the constitutive 583 expression of Hsp70 in both muscles, a dose-dependent response of Hsp70 to a stressor may 584 be less coupled. 585 586 Different oxidants can regulate the heat shock response to different degrees (Wallen et al., 587

1997). Thus, the differential regulation of the antioxidants and oxidative damage patterns

between iliofibularis and gastrocnemius of aestivating *C. alboguttata* is likely to subject the muscles to differing oxidant environments, potentially explaining muscle-specific Hsp70 regulation. Alternatively, the regulation of Hsp70 in *C. alboguttata* skeletal muscles could be associated with some other stimulus, such as local hypoxia. In submerged, overwintering *Rana temporaria* one month of hypoxia resulted in a significant increase in Hsp70 in heart muscle but Hsp70 levels return to control values within four months of hypoxia suggesting that the earlier stages of overwintering may be more physiologically stressful than the later stages (Currie and Boutilier, 2001). If such a case were true for *C. alboguttata* a 'peak' in Hsp70 regulation may have been missed since measurements were only taken after six months of aestivation. Inducible HSPs respond to a number of stressors (e.g. temperature, oxygen levels, oxidative stress, cellular energy depletion, toxic substances) if those stressors are sufficiently high enough and the threshold for induction is generally correlated with the physiological stress an organism experiences naturally (Feder and Hofmann, 1999). The sufficient stressor operating on *C. alboguttata* gastrocnemius muscle appears to be associated more with aestivation than with temperature in this study.

The exact proximal triggers of Hsp70 regulation and its role during muscle disuse that occurs with aestivation in *C. alboguttata* are indistinct. However, Hsp70 regulation may in part be linked to antioxidant regulation. For example, administration of exogenous antioxidants to hind-limb unloaded mice and rats correlates with an increase in Hsp70 expression in the oxidative soleus muscle (Brocca et al., 2009; Servais et al., 2007). However this is not always the case (Desplanches et al., 2004; Selsby and Dodd, 2005). Constitutive Hsp70 expression and reduced oxygen consumption in aestivation suggests that metabolic state-regulated changes in Hsp70 are perhaps not a response to altered oxidative stress *per se* but possibly a pre-emptive, yet muscle-specific strategy. In such a case the increase in gastrocnemius Hsp70 with aestivation may be part of a preferential protection of a large jumping muscle over a smaller non-jumping muscle.

Constitutive expression of Hsp70 possibly protects against expected accumulation of oxidative stress over prolonged aestivation, against the oxidative insult upon arousal, and presumably further assists *C. alboguttata* to 'absorb' temperature fluctuations during aestivation. Constitutive expression of HSPs are a strategy common to amphibians (Chapovetsky and Katz, 2006) regardless of varying physiological tolerance to environmental stressors and may be a strategy common to animals that undergo dormancy (Carey et al.,

622 1999; Storey and Storey, 2011). Other HSPs with well defined roles in muscle morphology 623 and function such as Hsp27 (Folkesson et al., 2008; Sharp et al., 2006) and Hsc70 (heat shock 624 cognate 70) via interactions with thiols (Hoppe et al., 2004) are also likely to be involved. 625 Therefore, a certain level of oxidants in aestivating muscle may improve the protection of the 626 muscle tissue via regulation of HSPs. 627 628 Oxidative Damage 629 Lipid peroxidation 630 The presence of muscle protective mechanisms does not entirely prevent oxidative damage to 631 macromolecules. Lipid peroxidation cannot be caused by superoxide or hydrogen peroxide 632 but can be caused by the hydroxyl radical (Gutteridge, 1995), indicating that production of 633 superoxide escapes SOD defences and may contribute to the production of the hydroxyl 634 radical and which in turn must evade the TAC defences. Lipid peroxidation levels occurring 635 in the muscles of aestivating C. alboguttata were not altered by the temperature at which the 636 frogs aestivated. In the iliofibularis this is potentially somewhat related to the temperature 637 insensitive rate of oxygen consumption (Young et al., 2011) and the equivalent levels of 638 antioxidants relative to oxidative insult at both 24 and 30°C, though this assumes oxidant 639 production from non-mitochondrial respiration sources is not altered. In the gastrocnemius of 640 aestivating frogs, the levels of lipid peroxidation were also equivalent between 24°C and 641 30°C despite an elevated rate of muscle oxygen consumption during aestivation at 30°C 642 (Young et al., 2011). However, unlike in the iliofibularis, the (measured) antioxidants were 643 higher at 30°C and possibly acted to reduce the oxidative insult sufficiently at 30°C so that 644 oxidative damage to lipids did not exceed control levels. This is consistent with other studies 645 reporting that administration of vitamin E (a small molecule antioxidant) results in decreased 646 lipid peroxidation in skeletal muscle (Kondo et al., 1991; Servais et al., 2007). The reduced 647 iliofibularis lipid peroxidation in aestivation when TAC is also reduced, and no reduction of 648 gastrocnemius lipid peroxidation in aestivation when TAC is reduced at 24°C or increased at 649 30°C suggests a different suite of *in vivo* conditions between the two muscles such as muscle-650 specific regulation of other antioxidants, mitochondrial properties, degree of coupling of ROS 651 formation to oxygen consumption and differences in the signalling requirements and 652 metabolic program changes of the muscles (Anderson and Neufer, 2006; Brocca et al., 2009) 653 654 Since products of lipid peroxidation can form part of a negative feedback loop in the muscle

and act to induce a mild mitochondrial uncoupling and reduce ROS (Jastroch et al., 2010),

656 some degree of lipid peroxidation may actually be beneficial. However, if such a feedback 657 loop were in operation, the degree to which this would reduce ROS via mitochondrial 658 uncoupling is also uncertain since during aestivation C. alboguttata are reported to increase 659 mitochondrial coupling (Kayes et al., 2009). The accumulation of lipid peroxidation during 660 aestivation despite antioxidant regulation is consistent with aestivating spadefoot toads 661 (Grundy and Storey, 1998), land snails (Hermes-Lima and Storey, 1995), freshwater snails 662 (Ferreira et al., 2003) and hibernating little susliks (L'Vova and Gasangadzhieva, 2003). 663 Lipid damage accumulates in aestivating spadefoot toads in liver, heart, gut, and kidney and 664 the highest accumulation of damage in aestivation, relative to non-aestivating toads, is in the 665 skeletal muscle (2.7-fold higher) (Grundy and Storey, 1998) though overall levels of 666 peroxidation are relatively low. For example, in thigh muscles of healthy humans (< 40 years old) lipid peroxidation is reported at 30 pmol mg<sup>-1</sup> protein (Mecocci et al., 1999) so in 667 668 aestivating C. alboguttata peroxidation is relatively low at 1.8 pmol mg<sup>-1</sup> protein in the gastrocnemius and 1.1 pmol mg<sup>-1</sup> protein in the iliofibularis. 669 670 671 Despite significantly more lipid peroxidation occurring in the gastrocnemius relative to 672 iliofibularis, levels were consistent between all four treatment groups and therefore might 673 suggest that the overall level of lipid peroxidation was physiologically acceptable, 674 irrespective of metabolic state. A high threshold of (the appropriate) ROS is required for any 675 oxidative modifications to be detrimental to the biology of the organism (Hamanaka and 676 Chandel, 2010). Detrimental or not, lipid peroxidation in C. alboguttata muscles during 677 aestivation may say something about the relative hydroxyl radical environment between the 678 muscles. However, oxidative damage, as indicated by protein carbonylation, showed a 679 different pattern. 680 681 Protein Carbonylation 682 Temperature did not influence the level of protein carbonylation occurring in either the 683 gastrocnemius or iliofibularis during aestivation. In the iliofibularis this may be attributed to 684 the insensitivity of aestivating rate of oxygen consumption to temperature (Young et al., 685 2011) and therefore no change in ROS production with temperature. However, the lower rate 686 of oxygen consumption in aestivation (and presumably lower overall ROS) does not reconcile 687 with protein carbonylation in response to aestivation for iliofibularis muscle, where 688 carbonylation significantly increases. Increased carbonylation occurred despite the 689 iliofibularis having greater antioxidants (those measured here) relative to presumed oxidative

insult from oxygen consumption during aestivation compared to controls. Similarly, in the gastrocnemius the lack of temperature effect on the level of protein carbonylation may result from the antioxidant environment during aestivation at 30°C being sufficient to counteract the temperature induced rise in oxygen consumption and presumed overall ROS generation. Additionally, the significant increase in Hsp70 in aestivating gastrocnemius relative to controls may be associated with constraining protein carbonylation at control levels (Fredriksson et al., 2005). Alternatively Hsp70's role may be in protecting the cellular proteome because protein carbonylation continues at control levels in aestivation (Krivoruchko and Storey, 2010). Hsp70 is involved in the identification and degradation of carbonylated proteins (Kalmar and Greensmith, 2009). Therefore, the high level of Hsp70 in the iliofibularis of *C. alboguttata* 

Hsp/0 is involved in the identification and degradation of carbonylated proteins (Kalmar and Greensmith, 2009). Therefore, the high level of Hsp70 in the iliofibularis of *C. alboguttata* relative to gastrocnemius suggests a link between Hsp70 function and protein carbonylation in the iliofibularis. Moreover, molecular chaperones can also be targets of oxidative damage (Dukan and Nystrom, 1999; Oikawaa et al., 2009; Tamarit et al., 1998). It is conceivable that the high Hsp70 levels in the iliofibularis during aestivation could even contribute to the high levels of carbonylated proteins in the iliofibularis. However, it is more likely that Hsp70 functions in a cytoprotective manner given that aestivation is an adaptive strategy for prolonged survival.

Despite the coordinated down-regulation of biochemical processes in aestivation (Bishop and Brand, 2000; Cowan et al., 2000; Cowan and Storey, 1999; Storey and Storey, 1990) muscle-specific regulation of metabolic enzymes can maintain some muscles in a 'primed' state for arousal (e.g. powerful locomotory muscles) and others in a less primed state (Mantle et al., 2010). Maintaining a muscle in a more 'primed' state when substrates are likely at diminished levels may make its enzymatic pool more susceptible to oxidation (Nyström, 2005). Thus, muscle-specific enzyme regulation may contribute to muscle-specific patterns of protein oxidation. Despite the patterns of protein carbonyl levels with aestivation and muscle type, it is possible that all of the protein carbonyl measurements are at an 'acceptable' biological level. The exact identity of the carbonylated proteins is unknown so it is possible that no one given type of protein is damaged in large enough amounts to disrupt biological function. As a guide, in wood frogs, *Rana sylvatica*, protein carbonyls in muscle tissue of control frogs at 5°C is 0.422 nmol mg<sup>-1</sup> protein (reported as 422 pmol mg<sup>-1</sup> protein) rising to 0.601 nmol mg<sup>-1</sup> protein in winter frozen frogs (reported as 601 pmol mg<sup>-1</sup> protein)(Wood

724 and Storey, 2006). The highest protein carbonyl content in C. alboguttata was the significant 725 increase in carbonyls in iliofibularis of aestivators at ~0.6 nmol mg<sup>-1</sup> protein, while 726 gastrocnemius of aestivators along with control muscles showed protein carbonyl levels of ~0.4 nmol mg<sup>-1</sup> protein or less, highly consistent with the wood frog. 727 728 729 With the protracted duration of aestivation in C. alboguttata, targeted protein carbonylation 730 may play a role in acquisition of muscle protein for metabolic fuel (Grably and Piery, 1981) 731 or urea synthesis (Withers and Guppy, 1996). Therefore, the significantly higher protein 732 carbonylation during aestivation in iliofibularis relative to gastrocnemius might reflect 733 selective protein acquisition from non-jumping muscles over a power-producing muscle 734 required for immediate post-aestivation activity. Recent thinking views the threshold of 735 ROS/oxidative stress that results in detrimental oxidative damage to macromolecules to be 736 higher than the threshold for signalling apoptosis (Hamanaka and Chandel, 2010). Thus, 737 protein carbonylation in the iliofibularis during aestivation might indicate that there was an 738 increase in oxidative stress. However this does not reconcile with the muscle's metabolic 739 depression with aestivation if the overall ROS production is reduced in aestivation, as 740 assumed, or the seemingly low overall levels of protein oxidation. In any case, iliofibularis 741 protein oxidation increases in aestivation and is higher than in gastrocnemius, seemingly 742 consistent with the greater muscle disuse atrophy in iliofibularis than gastrocnemius (Young 743 et al. 2012). More direct studies of ROS, a range of antioxidant systems, and other regulatory 744 processes should help resolve the biological relevance of the protein carbonyl results. 745 746 Concluding Remarks 747 It is clear that iliofibularis and gastrocnemius of C. alboguttata undergo quantitatively 748 different oxidative 'experiences' during both aestivation in general and aestivation at elevated 749 temperatures (Table 1). The need to conserve energy during aestivation and especially at 750 high temperatures, may be a driver or modulator of muscle-specific strategies where 751 differential responses to the same stressor are observed, with preference given to muscles, 752 such as the gastrocnemius, that have important post-aestivation locomotor functions (digging 753 out of burrow, finding mates, avoiding predation). During aestivation it is conceivable that 754 'excessive' degenerative atrophic pathways and cell death would be regulated against (van 755 Breukelen et al., 2010). Since a paucity of ROS also induces a state of cellular stress it is not 756 surprising that protective mechanisms did not completely abolish oxidative macromolecular

modification in the muscles. It is thought that under physiological conditions the role of ROS

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758	may be over-estimated (St-Pierre et al., 2002; Tahara et al., 2009), yet given the difficulties
759	both in measuring ROS production (rather than emission) and in extrapolating this to the in
760	vivo context (Andreyev et al., 2005) the importance of ROS to disuse atrophy is not always
761	clear cut and is likely to vary with each case (Pellegrino et al., 2011). What is clear is that the
762	mechanisms investigated here respond differently to temperature and differ greatly between
763	jumping and non-jumping muscles. Thus, the present data suggests muscles of different
764	function use variable biochemical regulation to avoid increased damage at higher
765	temperatures during aestivation.
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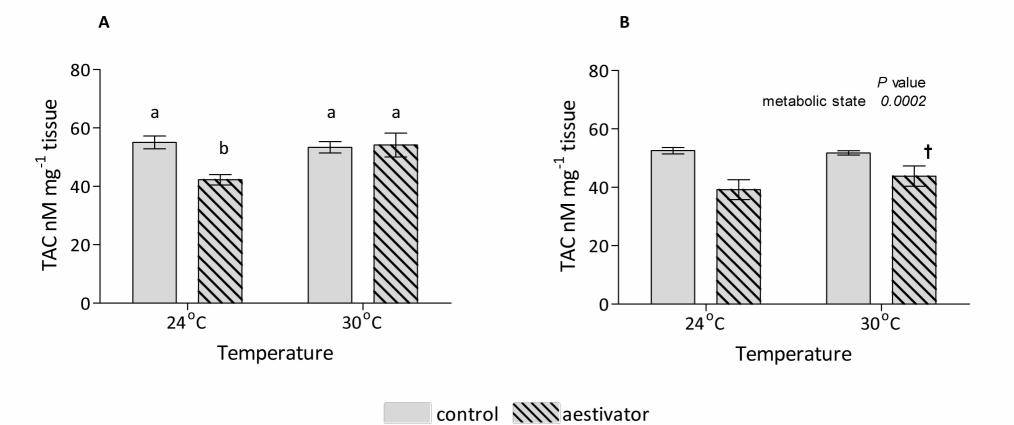
## 1057 FIGURE LEGENDS 1058 1059 Figure 1. Total Antioxidant Capacity (TAC) of A. gastrocnemius and B. iliofibularis muscles. 1060 Data are expressed as means $\pm$ s.e.m. Significant parameters from the analysis are inset on 1061 each graph (see text for models). Letters detail the results of post hoc analysis on a significant 1062 interaction term. Bars not connected by the same letter are significantly different. † indicates 1063 a significant difference of the iliofibularis value from the gastrocnemius value for the 1064 associated treatment group as determined by least squares means model. Sample sizes for all 1065 bars are N= 7 except the 24°C aestivator group for both graphs which are N= 6. 1066 1067 Figure 2. Total Antioxidant Capacity (TAC) standardised to muscle rate of oxygen 1068 consumption of A. gastrocnemius and B. iliofibularis muscles. Data are expressed as means 1069 ± s.e.m. As the standardised means and standardised errors were calculated from the original 1070 means and errors of the data in Figure 1 and muscle oxygen consumption data from (Young 1071 et al., 2011) statistical significance cannot be indicated. See methods for calculation. 1072 1073 Figure 3. Superoxide scavenging capacity in A. gastrocnemius cytosolic fraction, B. 1074 iliofibularis cytosolic fraction, C. gastrocnemius mitochondrial fraction, and D. iliofibularis 1075 mitochondrial fraction. Data are expressed as means ± s.e.m. Significant parameters from 1076 the analysis are inset on each graph (see text for models). † indicates a significant difference 1077 of the iliofibularis value from the gastrocnemius value for the associated treatment group as 1078 determined by least squares means model (within the cellular fraction). \* indicates a 1079 significant difference between 30°C aestivator and 24°C aestivator values as determined by 1080 planned comparison ANOVA. In all graphs each bar is N= 7 except for graph D where the 1081 $24^{\circ}$ C and $30^{\circ}$ C aestivator bars are N= 6. 1082 1083 Figure 4. Superoxide scavenging capacity standardised to muscle rate of oxygen consumption 1084 for A. gastrocnemius cytosolic fraction, B. iliofibularis cytosolic fraction, C. gastrocnemius 1085 mitochondrial fraction, and D. iliofibularis mitochondrial fraction. Data are expressed as means $\pm$ s.e.m. Note the necessary difference in scale. As the standardised means and 1086 1087 standardised errors were calculated from the original means and errors of the data in Figure 3 and muscle oxygen consumption data from (Young et al., 2011) statistical significance cannot 1088

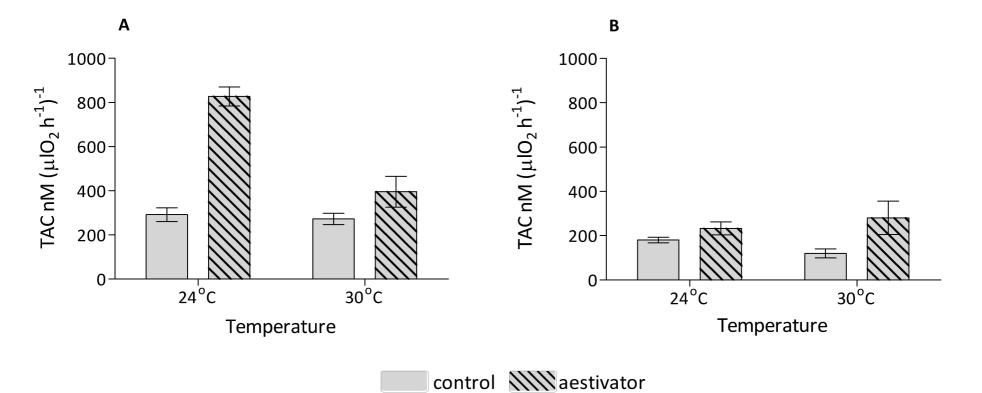
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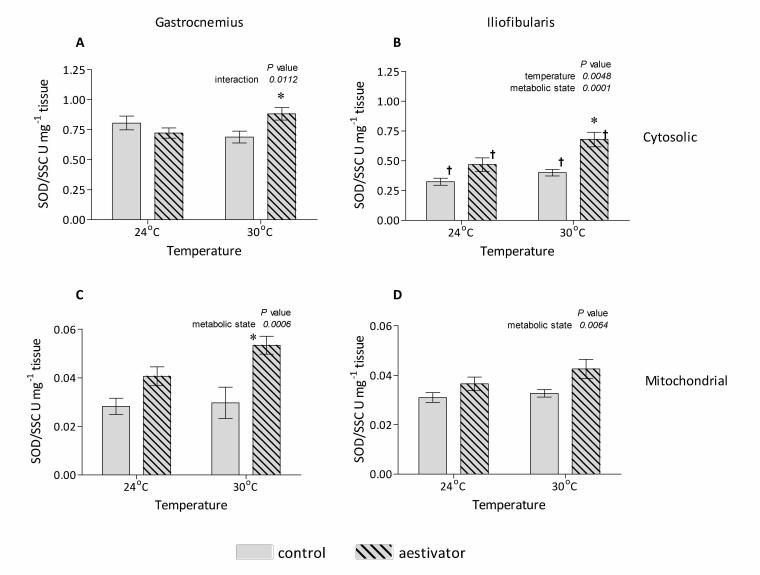
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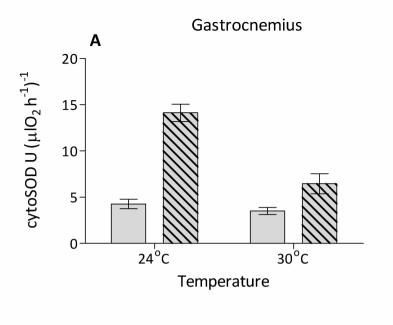
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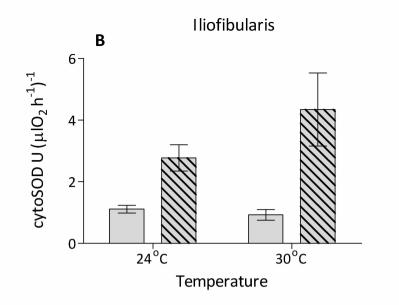
1091	Figure 5. Heat-Shock Protein 70 (Hsp70) of A. gastrocnemius and B. iliofibularis muscles.
1092	Data are expressed as means $\pm$ s.e.m. Significant parameters from the analysis are inset on
1093	each graph (see text for models). † indicates a significant difference of the iliofibularis value
1094	from the gastrocnemius value for the associated treatment group as determined by least
1095	squares means model. * indicates a significant difference between 30°C aestivator and 24°C
1096	aestivator values as determined by planned comparison ANOVA. Note: y-axis scales are
1097	different in graphs A and B. Sample sizes for all bars are N= 7 except for the 24°C control
1098	bar in graph A which is $N = 6$ .
1099	
1100	Figure 6. Protein Carbonyl content of A. gastrocnemius and B. iliofibularis muscles. Data are
1101	expressed as means $\pm\text{s.e.m.}$ Significant parameters from the analysis are inset on each graph
1102	(see text for models). † indicates a significant difference of the iliofibularis value from the
1103	gastrocnemius value for the associated treatment group as determined by least squares means
1104	model. For graph A, $N = [7, 6, 7, 6]$ ; for graph B, $N = [7, 7, 7, 6]$ .
1105	
1106	Figure 7. MDA-adduct content of A. gastrocnemius and B. iliofibularis muscles. Data are
1107	expressed as means $\pm\text{s.e.m.}$ Significant parameters from the analysis are inset on each graph
1108	(see text for models). † indicates a significant difference of the iliofibularis value from the
1109	gastrocnemius value for the associated treatment group as determined by least squares means
1110	model. For graph A, $N = 7$ all bars; for graph B, $N = [7, 7, 6, 5]$ .
1111	
1112	TABLE LEGENDS
1113	
1114	Table 1. Summary of the data. Results are divided into three main comparisons of interest.
1115	For comparisons (1) and (2) upwards arrows indicate an increase in the parameter,
1116	downwards arrows indicate a decrease in the parameter, horizontal lines indicate no change.
1117	For comparison (3) 'I' refers to iliofibularis, 'G' refers to gastrocnemius, '=' indicates levels
1118	of parameter were not different between the muscles.
1119	
1120	
1121	



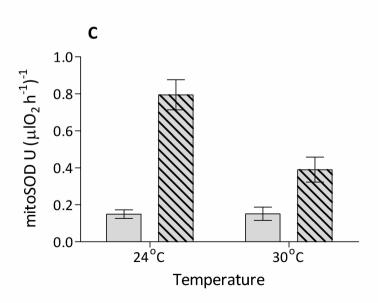


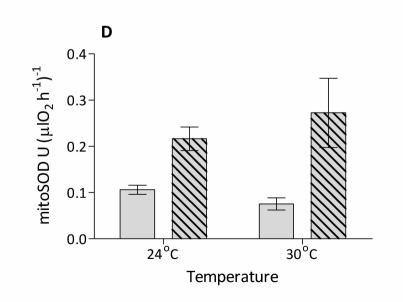






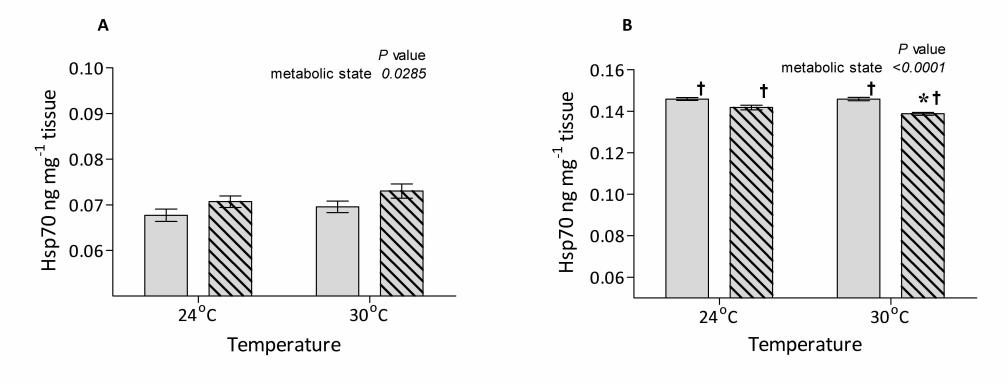


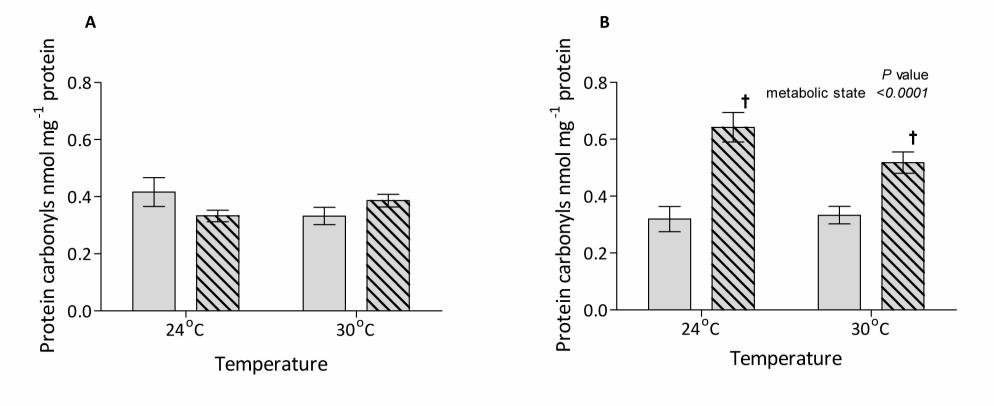


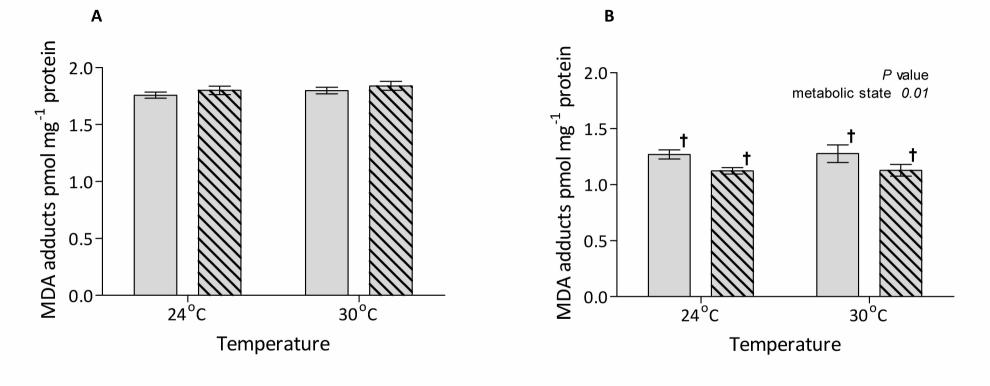


 ${\bf Mitochondrial}$ 

control **aestivator** 







	Protective Mechanisms				Oxidative Damage		
Comparison	Group/ Muscle	Antioxidant capacity	Cytosolic SOD/SSC	Mitochondria SOD/SSC	Hsp70	Lipid oxidation	Protein oxidation
(1) Within aestivation, with higher temperature	Gastroc	<b>↑</b>	<b>↑</b>	<b>↑</b>	¥	·	
	Iliofib	<del></del>	1	<u>,                                     </u>	$\downarrow$	_	<del></del>
		(24°C)/(30°C)					×
(2) With transition from non-aestivating to aestivating	Gastroc	<b>↓</b> —	-	<b>↑</b>	1	-	-
	Iliofib	$\downarrow$	<b>↑</b>	<b>↑</b>	$\downarrow$	$\downarrow$	<b>↑</b>
(3) Within aestivation and temperature	24°C Aest		G > I	=	I > G	G > I	I > G
	30°C Aest	G > I	G > I	=	I > G	G > I	I > G