

## METHODS &amp; TECHNIQUES

# Characterizing the hypoxic performance of a fish using a new metric: $P_{AAS-50}$

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## ABSTRACT

The hypoxic constraint on peak oxygen uptake ( $\dot{M}_{O_2,peak}$ ) was characterized in rainbow trout over a range of ambient oxygen tensions with different testing protocols and statistical models. The best-fit model was selected using both statistical criteria ( $R^2$  and AIC) and the model's prediction of three anchor points for hypoxic performance: critical  $P_{O_2}$  ( $P_{crit}$ ), maximum  $\dot{M}_{O_2}$  and a new metric, the minimum  $P_{O_2}$  that supports 50% of absolute aerobic scope ( $P_{AAS-50}$ ). The best-fitting model was curvilinear using five strategically selected  $P_{O_2}$  values. This model predicted  $P_{AAS-50}$  as 70 mmHg (coefficient of variation, CV=9%) for rainbow trout. Thus, while a five-point hypoxic performance curve can characterize the limiting effects of hypoxia in fish, as envisaged by Fry over 75 years ago,  $P_{AAS-50}$  is a promising metric to compare hypoxic constraints on performance in a standardized manner both within and across fish species.

**KEY WORDS:** Respirometry, Hypoxia, Maximum oxygen uptake, Aerobic scope, Metabolic rate, Exercise

## INTRODUCTION

How an animal's metabolic rate interacts with its ambient environment has long fascinated biologists. For example, characterizing how ambient oxygen constrains whole-organism oxygen uptake ( $\dot{M}_{O_2}$ ) has a long history (Warburg, 1914; Hyman, 1929; Tang, 1933), whether the interest lies with birds flying above the Tibetan Plateau (Black and Tenney, 1980; Lague et al., 2017), with mammals living at alpine regions (Terrados et al., 1988; Ivy and Scott, 2017), or with fishes exploiting oceanic oxygen minimum zones (Douglas et al., 1976) and oxygen-depleted lakes (Lefevre et al., 2014). While severely depleted levels of ambient oxygen ultimately constrain an animal's basal or standard metabolic rate (SMR), a less severe level of hypoxia constrains its maximum  $\dot{M}_{O_2}$  ( $\dot{M}_{O_2,max}$ ). For clarity, we define  $\dot{M}_{O_2,max}$  as the highest attainable  $\dot{M}_{O_2}$  measured under normoxic conditions and use the term peak  $\dot{M}_{O_2}$  ( $\dot{M}_{O_2,peak}$ ) as the highest attainable  $\dot{M}_{O_2}$  measured under all hypoxic conditions. Knowing the exact nature of hypoxia constraint has important physiological and ecological implications because  $\dot{M}_{O_2,peak}$  sets the ceiling for all aerobic activity above SMR. However, measuring  $\dot{M}_{O_2,peak}$  during progressive hypoxia to assess how hypoxia constrains peak aerobic performance is far more

technically challenging than measuring routine  $\dot{M}_{O_2}$  ( $\dot{M}_{O_2,routine}$ ). As such, despite its obvious importance, relatively few studies have characterized how hypoxia constrains peak aerobic performance in fish.

In fish, the limiting effect of declining ambient oxygen levels on the maximum exercise-induced  $\dot{M}_{O_2}$  (by critical swim or exhaustive chase protocols), which we collectively term hypoxic performance models, can take three general forms (Fig. 1A; Fry and Hart, 1948; Neill et al., 1994; Claireaux and Lagardère, 1999; Chabot and Claireaux, 2008; Zhang et al., 2021). For all these models, one anchor point is  $\dot{M}_{O_2,max}$  and the other is the critical ambient partial pressure of oxygen ( $P_{crit}$ , mmHg). SMR,  $\dot{M}_{O_2,routine}$  and  $\dot{M}_{O_2,peak}$  of a fish should all converge at  $P_{crit}$  (i.e. zero absolute aerobic scope, AAS; Fry and Hart, 1948). In between these two anchor points are three general models. The simplest is a linear model where  $\dot{M}_{O_2,peak}$  conforms with the partial pressure of oxygen ( $P_{O_2}$ ) (model I). A partial oxyregulation model (model II) is where  $\dot{M}_{O_2,peak}$  under modest hypoxic conditions is independent of ambient oxygen and identical to  $\dot{M}_{O_2,max}$  (Fig. 1A; Fig. S1), followed by a linear phase of oxyconforming. Model III has two linear phases of oxyconforming. Variations on models II and III occur when the  $\dot{M}_{O_2,peak}$  dependence on  $P_{O_2}$  is curvilinear (models IIa and IIIa) rather than linear. A curvilinear model requires more data points to adequately model the hypoxic performance curve relative to a linear model, where a curvilinear model sometimes uses a third value as a reference point. Indeed, curvilinear models could use the midway point between SMR and  $\dot{M}_{O_2,max}$ , the minimum  $P_{O_2}$  that would support 50% of AAS ( $P_{AAS-50}$ ), as a reference point. Regardless of the model,  $\dot{M}_{O_2,peak}$  needs to be repeatedly measured over a range of  $P_{O_2}$  values. It is this challenge that we address here.

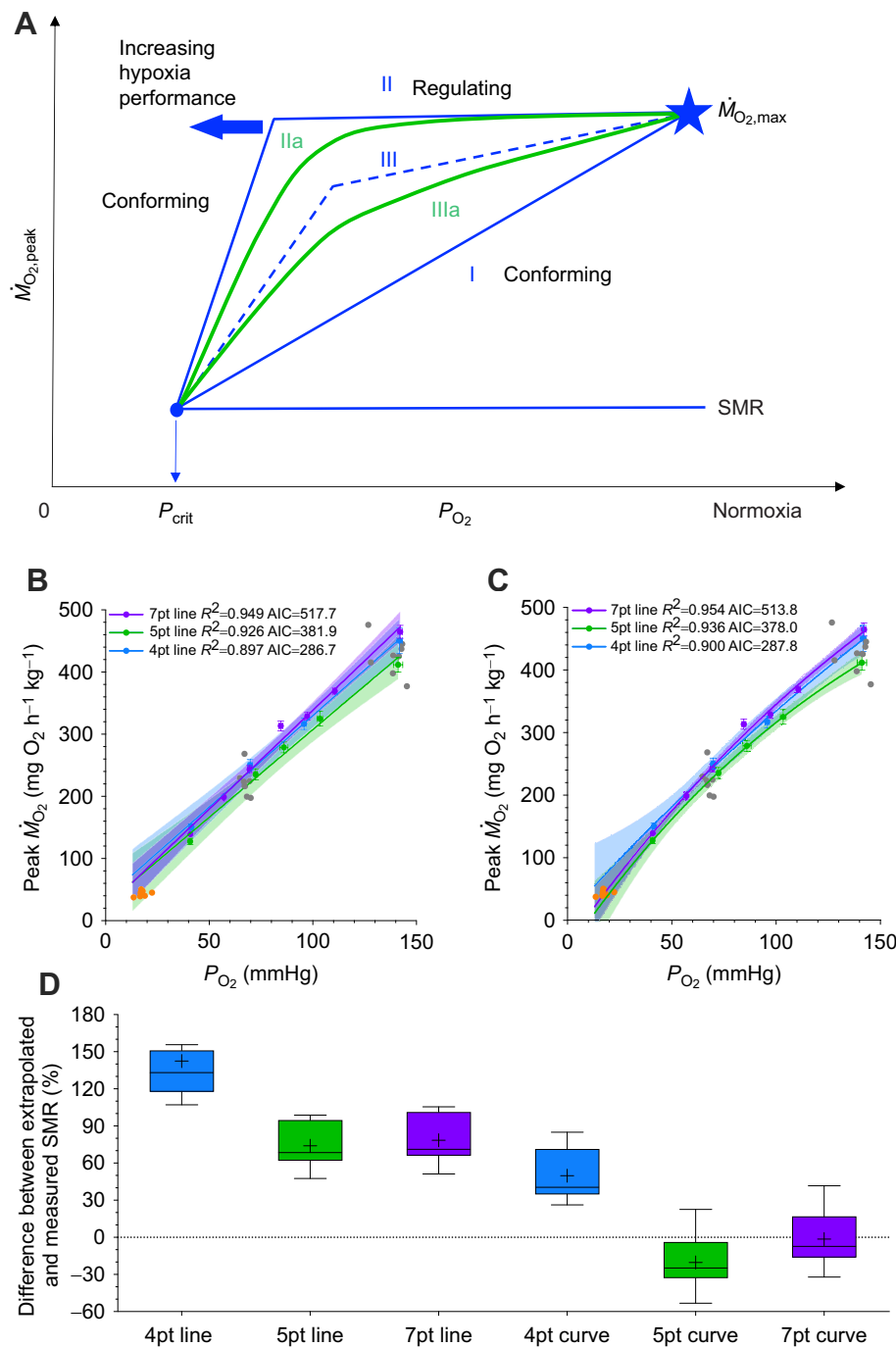
Improvements in the techniques and protocols used in aquatic respirometry have done much to pave the way for repeatedly exercising individual fish at multiple levels of hypoxia, which is a requirement for generating a hypoxic performance model. In particular, chasing a fish inside rather than outside a static respirometer allows  $\dot{M}_{O_2}$  to be closely monitored during and immediately following exercise, ensuring that  $\dot{M}_{O_2,peak}$  is not missed (Zhang and Gilbert, 2017; Zhang et al., 2020). Analysis of the decline in  $P_{O_2}$  due to fish respiration has also improved. For example,  $\dot{M}_{O_2,peak}$  is estimated more accurately by minimizing the duration of the sampling window for each  $\dot{M}_{O_2}$  determination and using an iterative algorithm to specifically identify  $\dot{M}_{O_2,peak}$  (Zhang et al., 2019; Prinzing et al., 2021).

In the present study, we had three objectives. The first was to determine the best statistical model to apply to  $\dot{M}_{O_2,peak}$  data. The second was to define the minimum number of  $P_{O_2}$  values needed for accurate modelling and prediction of  $P_{AAS-50}$ . While minimizing the number of  $P_{O_2}$  values reduces the number of separate exercise bouts per fish, the potential confounding effect of cumulative stress, which could reduce  $\dot{M}_{O_2,peak}$ , is decreased but not completely

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**Fig. 1. Theoretical hypoxic performance models.** (A) Three types of models are presented for the relationship between exercise-induced peak oxygen uptake ( $\dot{M}_{O_2,peak}$ ) and ambient oxygen partial pressure ( $P_{O_2}$ ). The maximum oxygen uptake ( $\dot{M}_{O_2,max}$ ) and standard metabolic rate (SMR) are the reference framework. The details of the models are given in the Introduction and in Fig. S1. (B,C)  $\dot{M}_{O_2,peak}$  values (each point is the mean  $\pm$  s.e.m.) for rainbow trout (*Oncorhynchus mykiss*) with independent datasets for the four-point (4pt,  $n=7$ ), five-point (5pt,  $n=8$ ) and seven-point (7pt,  $n=8$ ) testing protocols. These data were statistically modelled (line indicates mean and shading shows the 95% confidence interval, CI) with either a linear regression model (B) or an asymptotic model (curvilinear fit) (C) (see table S2 in figshare <https://doi.org/10.6084/m9.figshare.19658568.v3>, for all equations). As reference points, independent control measurements of individual  $P_{crit}$  (critical ambient partial pressure of oxygen) and SMR values are in orange and independently measured values for individual  $\dot{M}_{O_2,max}$  and  $\dot{M}_{O_2,peak}$  in naive fish are in grey. (D) Percentage difference of the deviation between the measured  $\dot{M}_{O_2,min}$  in the control fish (mean of the orange symbols) and estimated values obtained by extrapolating both the linear (B) and curvilinear (C) hypoxic performance models for the three different datasets (bar indicates 25–75 percentile, whiskers show minimum–maximum, line indicates median, crosses indicate mean).

eliminated. Therefore, our third objective was to use a control group of fish to independently measure  $\dot{M}_{O_2,max}$  and  $\dot{M}_{O_2,peak}$  at only one level of hypoxia, near the  $P_{AAS-50}$ , to determine the degree to which cumulative stress may affect  $P_{AAS-50}$ . By satisfying these objectives, we arrived at a recommendation for a testing protocol that reliably quantified the hypoxic performance of individual rainbow trout (*Oncorhynchus mykiss*). This testing protocol advances our ability to capture inter-individual variation relative to an earlier methodology that characterized hypoxic performance in a group of European sea bass (*Dicentrarchus labrax*) by using different individuals at multiple levels of hypoxia (Claireaux and Lagardère, 1999). Moreover, we generated a reliable estimate of  $P_{AAS-50}$ , which has the potential to be a standardized metric to compare hypoxic performance within and across fish species.

**MATERIALS AND METHODS**

**Experimental animals**

The experiments were performed on a hatchery-reared, Fraser Valley strain of rainbow trout, *Oncorhynchus mykiss* (Walbaum 1792) ( $n=23$  fish, body mass:  $126.4 \pm 4.8$  g) (Fraser Valley Trout Hatchery, Abbotsford, BC, Canada; Freshwater Fisheries Society of British Columbia). They were held in 200 l circular tanks containing dechlorinated Vancouver tap water in the Department of Zoology, University of British Columbia (UBC) Aquatics Facility for over 1.5 years prior to experimentation. Monitoring of water temperature ( $11^\circ C$  for at least 3 months before experimentation started) and fish feeding (a maintenance ration, 1% body mass, of commercial trout pellets; Skretting Canada Inc., Vancouver, BC, Canada) were performed daily. Animal holding and experimental

procedures were approved by The UBC Animal Care Committee (A18-0340).

### Respirometry apparatus

The hypoxic performance trials were conducted on individual fish (fasted for 48 h) placed into one of four replicate 4.1 l Loligo-type, static respirometers (water volume to fish mass ratio ~33:1; Loligo Systems, Tjele, Denmark). Fish were habituated to normoxic conditions with the respirometer in a water flush mode for at least 30 min before the first chase (see below) to ensure that fish at least repaid the high-energy phosphate and oxygen stores that might be partially consumed during handling (Zhang et al., 2018). The respirometers were submerged in a water table (2.4×0.8×0.4 m) filled with fully aerated freshwater, which accommodated all four respirometers and allowed simultaneous measurements on four individuals. A water temperature regulator (Ecoplus ¼ HP chiller, Vancouver, BC, USA) maintained the temperature of the water table at 11°C and circulated the contents of the water table. The entire respirometry system was located inside a thermally regulated (11°C) environmental chamber. The water volume of the entire system was replaced in between trials. Every 5 days, the entire respirometry system was disinfected with Virkon Aquatic (10 g l<sup>-1</sup>; Syndel, Nanaimo, BC, Canada), rinsed thoroughly, and the water in the respirometers and water table replaced.

The water from the water table was intermittently circulated through each respirometer using individual, computer-controlled (AquaResp v.3, Aquaresp.com) flush pumps (Universal 3400, EHEIM, Deizisau, Germany). Flush pumps were stopped at the beginning of each 600 s  $\dot{M}_{O_2}$  monitoring period (AquaResp v.3, Aquaresp.com), which was followed by 30 s flush and 40 s equilibration periods. Each respirometer also had a recirculation loop which contained a dedicated external pump (Universal 600, EHEIM) and an optical oxygen probe (Robust Oxygen Probe OXROB10) to continuously record the  $P_{O_2}$  (mmHg) of ambient water inside the respirometer (recording frequency ~1 Hz, response time <15 s, PyroScience GmbH, Aachen, Germany). Oxygen probes were calibrated to 0 mmHg (0 kPa, water saturated with sodium sulphite and bubbled with nitrogen gas) and fully aerated water (157 mmHg=20.9 kPa). The background  $\dot{M}_{O_2}$  in each respirometer was measured for 25 min after each trial had been completed. On the few occasions where background exceeded 1% of  $\dot{M}_{O_2, \text{routine}}$ , a correction was applied to the  $\dot{M}_{O_2}$  measurement.

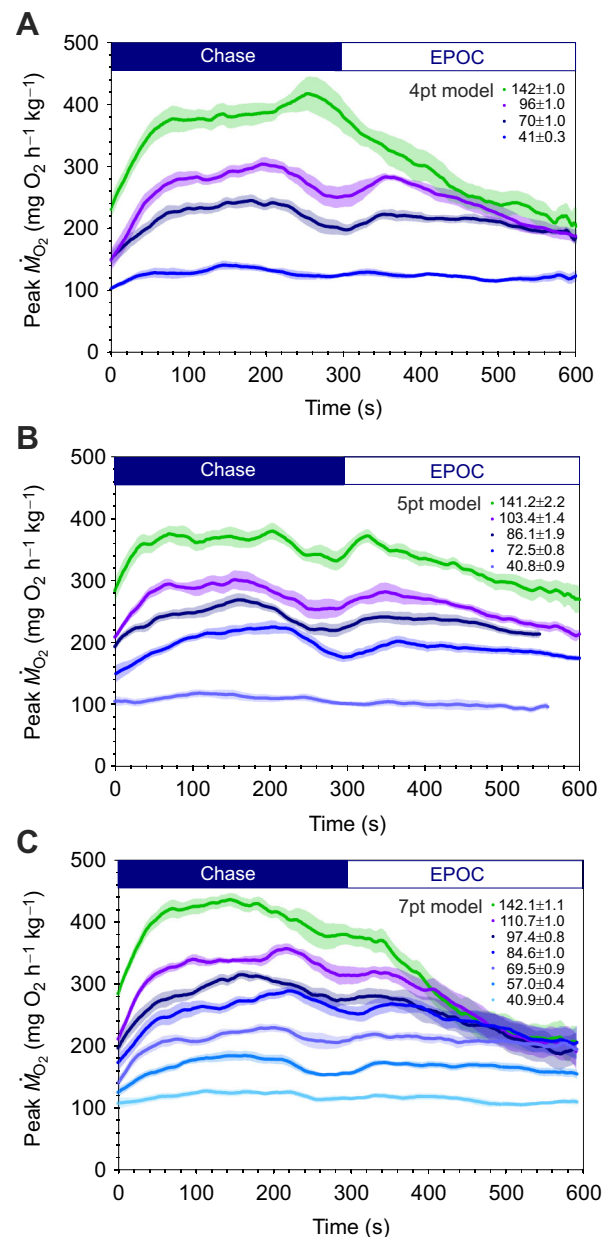
Each respirometer was equipped with a chasing device (a soft piece of 25 cm cable tie attached to a 20 cm metal stem bent at a right angle and inserted through a 1.5 cm diameter sealed port located mid-way along the top of the respirometer; Zhang et al., 2020), which when repeatedly turned from the outside would agitate the fish to perform C-start turns until it fatigued.

### Assessment of hypoxic performance

Modelling hypoxic performance above the  $P_{\text{crit}}$  (17.6 mmHg or 2.3 kPa; see below) required a preliminary trial ( $n=3$  fish) to strategically select the ambient  $P_{O_2}$  test range to bracket the anticipated  $P_{\text{AAS-50}}$ , much like acute toxicity testing brackets median lethal concentrations. Based on these preliminary data, three testing protocols (four-point, five-point and seven-point  $P_{O_2}$  levels) were designed ( $n=7-8$  fish for each protocol): the four-point model used  $P_{O_2}$  levels of 142, 96, 70 and 41 mmHg (18.9, 12.8, 9.3 and 5.5 kPa), the five-point model used  $P_{O_2}$  levels of 141, 103, 86, 72 and 40 mmHg (18.8, 13.7, 11.5, 9.6 and 5.3 kPa) and the 7-point model used  $P_{O_2}$  levels of 142, 110, 97, 84, 69, 57 and 41 mmHg (18.9, 14.7, 12.9, 11.2, 9.2, 7.6 and 5.5 kPa) (all values are the mean

value for the mid-point of the ambient  $P_{O_2}$  while the respirometer was closed). Each testing protocol involved a stepwise deoxygenation of the respirometers with an  $\dot{M}_{O_2, \text{peak}}$  determination (described below) at each  $P_{O_2}$  level. Thus, the three testing protocols all started with an  $\dot{M}_{O_2, \text{peak}}$  at normoxia for each fish and then examined 3, 4 or 6 levels of hypoxia for that fish.

$\dot{M}_{O_2, \text{peak}}$  was measured at each of these  $P_{O_2}$  levels by turning off the flush pumps and sealing the respirometer. Each fish was then individually exercised to fatigue by rapidly turning the chasing device for 5 min, after which it was left undisturbed for 5 min to



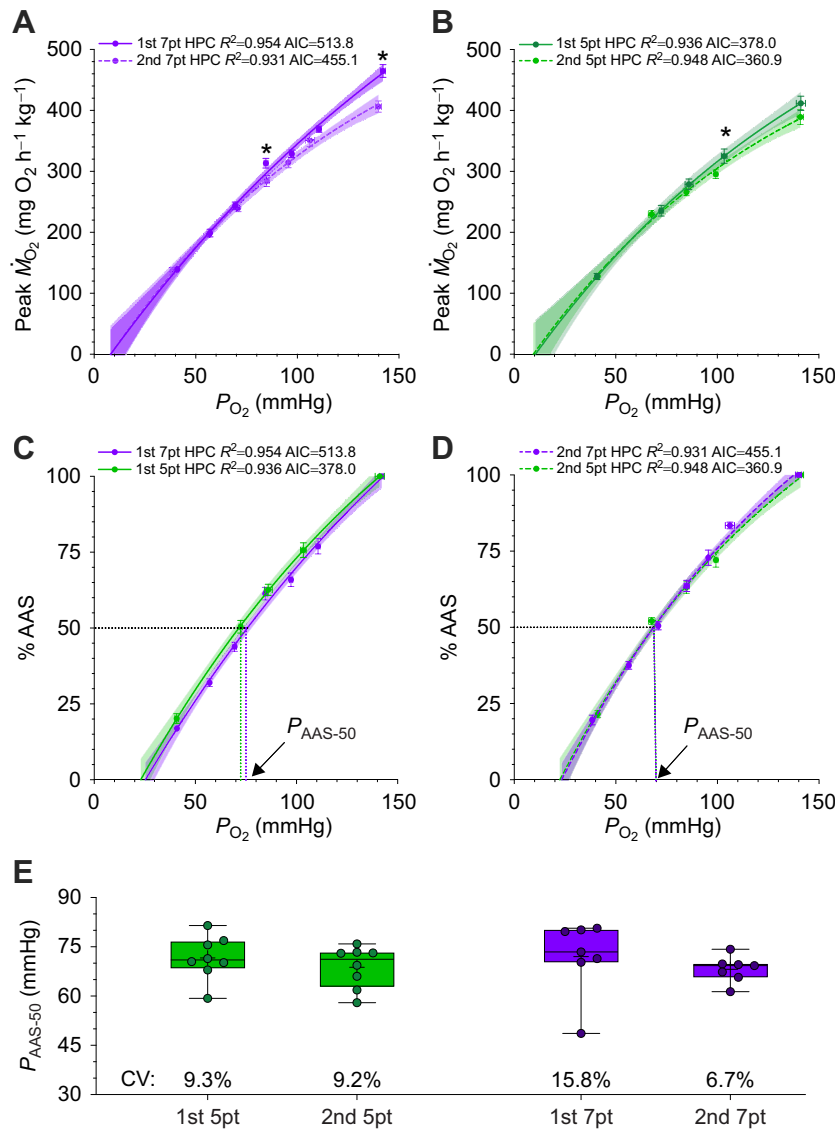
**Fig. 2. Continuous  $\dot{M}_{O_2, \text{peak}}$  of rainbow trout (*O. mykiss*) during chasing and recovery periods, and as a function of ambient  $P_{O_2}$ .** The key provides details on the mean ( $\pm$ s.e.m.)  $P_{O_2}$  (mmHg) to illustrate both the sustained nature of  $\dot{M}_{O_2, \text{peak}}$  while chasing a rainbow trout and the constraint placed upon  $\dot{M}_{O_2, \text{peak}}$  by decreasing  $P_{O_2}$ . At progressively lower  $P_{O_2}$  values and with suitable recovery periods in between,  $\dot{M}_{O_2, \text{peak}}$  was monitored while a fish was chased inside the respirometer for 300 s and during the ensuing 300 s excess post-exercise oxygen consumption (EPOC). Each coloured line represents the mean  $\dot{M}_{O_2, \text{peak}}$  at a given  $P_{O_2}$  and shading represents s.e.m.

capture the initial portion of the excess post-exercise oxygen consumption (EPOC; Fig. 2), i.e. a closed monitoring cycle of 10 min. Subsequent off-line analysis captured the highest  $\dot{M}_{O_2}$  values during this 10 min  $\dot{M}_{O_2}$  monitoring period, and  $\dot{M}_{O_{2,peak}}$  was assigned to the highest of these values (see below and representative individual traces in Fig. S1), and the associated  $P_{O_2}$  was defined as peak  $P_{O_2}$  ( $P_{O_{2,peak}}$ ; see calculation in ‘Data analysis’, ‘ $\dot{M}_{O_2}$ ,  $\dot{M}_{O_{2,peak}}$  and SMR analysis’, below; and values in Figs 1 and 3). At the end of each 10 min  $\dot{M}_{O_2}$  monitoring period, the respirometer flush pumps were turned on to introduce hypoxic water into the respirometer and gradually achieve one of the predetermined  $P_{O_2}$  levels outlined above using a 4 min cycle of a 30 s flush period, a 40 s equilibration period and a 170 s  $\dot{M}_{O_2}$  monitoring period. Hypoxic water was generated using a custom-built, 10 l gas equilibration column situated upstream of the water table (it received the normoxic water at the top and nitrogen gas was injected at the bottom) and reduced the water  $P_{O_2}$  of the entire respirometry system. This exercise protocol was repeated at each  $P_{O_2}$  test level. Thus, each 10 min period when a fish was exercised and began recovery was followed by a 20 min recovery period during which  $\dot{M}_{O_2}$  was monitored on-line (data not presented). This same protocol was followed for each  $P_{O_2}$  test

level except the final one (39–42 mmHg or 5.2–5.6 kPa), which required a slightly longer degassing period (~30 min) to reach the desired ambient  $P_{O_2}$ . At the end of the trial, the fish were removed from their respirometers and returned to three holding tanks where the four-, five- and seven-point test groups were kept separated. After a 10-day recovery, the same fish from the five-point or seven-point test groups were re-tested to check the repeatability of the five-point and seven-point models. The four-point protocol was not repeated after it produced an inferior hypoxic performance curve (see Results). Additional details concerning the respirometry system and the testing protocols are available from figshare (<https://doi.org/10.6084/m9.figshare.19658568.v3>, table S1).

**Independent measurement of SMR,  $P_{crit}$  and  $\dot{M}_{O_{2,peak}}$  in normoxia and near  $P_{AAS-50}$**

SMR,  $\dot{M}_{O_{2,peak}}$  in normoxia and  $\dot{M}_{O_{2,peak}}$  at  $P_{AAS-50}$  were independently measured on a group of 8 naive fish using the same test apparatus, measurement protocols and chasing protocols as described above. However, once  $\dot{M}_{O_{2,peak}}$  was measured in normoxia, the fish were left undisturbed in the respirometer, which was continuously flushed with normoxic water for a 2 day quiescent period during which  $\dot{M}_{O_{2,routine}}$  was continuously measured and SMR



**Fig. 3. The reproducibility of the hypoxic performance curve.** (A,B) The same rainbow trout (*O. mykiss*) were measured for either seven-point (A) or five-point (B) hypoxic performance curve (HPC). Peak oxygen uptake ( $\dot{M}_{O_{2,peak}}$ ) and ambient oxygen partial pressure ( $P_{O_2}$ ) were fitted by asymptotic association equations (line indicates mean and shading shows the 95% CI). The reproducibility was tested on the difference of  $\dot{M}_{O_{2,peak}}$  values at the similar  $P_{O_2}$  range (asterisk denotes  $\alpha < 0.05$  by paired *t*-tests) and the three parameters (i.e. asymptote, rate constant for a hyperbolic increase, and intercept) in a non-linear mixed-effects model (see table S3 in figshare, <https://doi.org/10.6084/m9.figshare.19658568.v3>). (C,D) The  $\dot{M}_{O_{2,peak}}$  values were normalized to a percentage of the absolute aerobic scope (AAS) of the same individual to derive the minimum  $P_{O_2}$  at which the fish generates 50% of its absolute aerobic scope ( $P_{AAS-50}$ ) in the first (C) and the second tests (D). (E) The  $P_{AAS-50}$  values derived from each individual, summarized in bar and whisker plots (bar indicates 25–75 percentile, whiskers show minimum–maximum, line indicates median, crosses indicate mean) with the coefficient of variation (CV).



was estimated from these measurements (see below). After this quiescent period, the water was gradually deoxygenated at a similar rate (total time ~50 min) to near the  $P_{AAS-50}$  estimated from the hypoxic performance curve (around 75 mmHg=9.9 kPa), at which point another  $\dot{M}_{O_2,peak}$  determination was made as described above. These estimates of  $\dot{M}_{O_2,peak}$  in normoxia and at  $P_{AAS-50}$  were statistically compared with those obtained with the hypoxic performance testing protocol to examine whether cumulative exercise in hypoxia affected these estimates. SMR was statistically compared with an independent measurement of SMR from another group of eight naive fish that were never chased. These additional fish were placed into the respirometers and left undisturbed under normoxic conditions for a similar 2 day quiescent period during which  $\dot{M}_{O_2,routine}$  was continuously measured to determine SMR. After this quiescent period, a well-established hypoxia challenge test (Claireaux et al., 2013) was performed to provide an estimate of  $P_{crit}$  (Claireaux and Chabot, 2016).

## Data analysis

### $\dot{M}_{O_2}$ , $\dot{M}_{O_2,peak}$ and SMR analysis

$\dot{M}_{O_2}$  values ( $\text{mg O}_2 \text{ h}^{-1} \text{ kg}^{-1}$ ) at each ambient water  $P_{O_2}$  level were determined with off-line analysis of the continuous measurement of the declining water  $P_{O_2}$  when the respirometer was closed during a measurement cycle. An iterative algorithm (Eqn 1) was applied (Zhang et al., 2019), one that slides a minimum sampling window duration as a rolling regression through the continuous, 10 min  $P_{O_2}$  trace. A minimum sampling window duration for a reliable  $\dot{M}_{O_2}$  determination was 100 s, based on an analysis of eight background  $\dot{M}_{O_2}$  traces (Fig. S2).  $\dot{M}_{O_2,peak}$  was defined as the highest  $\dot{M}_{O_2}$  attained during a 5 min chase of fish inside the static respirometer (higher values were not obtained during EPOC; Fig. 2; Fig. S1). The  $P_{O_2,peak}$  was the mid-point of the  $P_{O_2}$  slope used for this  $\dot{M}_{O_2,peak}$  determination. On-line reporting of  $\dot{M}_{O_2}$  (set by AquaResp v.3 software) was only used for monitoring purposes. Rolling regression analysis:

$$\dot{M}_{O_2,peak} = \max \left\{ \left[ \frac{dDO_{[n,(n+a)]}}{dt_{[n,(n+a)]}} \times (V_r - V_f) \times S_O \right] / (t \times M_f) \right\}; \quad (1)$$

sequential interval regression analysis:

$$\dot{M}_{O_2} = \left[ \frac{dDO_{[i,(i+a)]}}{dt_{[i,(i+a)]}} \times (V_r - V_f) \times S_O \right] / (t \times M_f), \quad (2)$$

where  $dDO/dt$  is the change in  $O_2$  saturation with time,  $V_r$  is the respirometer volume,  $V_f$  is the fish volume (1 g body mass=1 ml water),  $S_O$  is the water solubility of  $O_2$  (calculated by AquaResp v.3 software) at the experimental temperature, salinity and atmospheric pressure,  $t$  is a time constant of  $3600 \text{ s h}^{-1}$ ,  $M_f$  is fish mass,  $n$  is one  $P_{O_2}$  sample forward from the first  $P_{O_2}$  recorded in the sealed respirometer,  $a$  is the sampling window duration of 100 s, and  $i$  is the next  $P_{O_2}$  sample after the preceding sampling window.

SMR was estimated from ~288  $\dot{M}_{O_2}$  calculations using Eqn 2 collected during a 2 day quiescent period in the respirometer and applying a 20th quantile algorithm (Chabot et al., 2016, 2021).  $P_{crit}$  was estimated by fitting a linear regression function of ambient water  $P_{O_2}$  to the declining  $\dot{M}_{O_2}$  (calculated using Eqn 2) during the final stages of the hypoxia challenge test.  $P_{crit}$  was assigned to the  $P_{O_2}$  by solving this regression for SMR (Claireaux and Chabot, 2016), i.e. the intersection of the regression line with SMR (Fig. 1).

### Statistical modelling of hypoxic performance: $\dot{M}_{O_2,peak}$ as a function of ambient $P_{O_2}$

The responses of  $\dot{M}_{O_2,peak}$  ( $y$ ) as a function of ambient water  $P_{O_2}$  ( $x$ ) were statistically modelled with both a linear regression equation (Eqn 3) and an asymptotic equation (Eqn 4) (Mueller and Seymour, 2011). The quality of these statistical fits for the four-point, five-point and seven-point datasets was assessed by least-squares regressions following Akaike information criterion (AIC) (for model parameters, see table S2 in figshare, <https://doi.org/10.6084/m9.figshare.19658568.v3>).

Linear regression equation:

$$y = a \times x + b, \quad (3)$$

where  $a$  is the slope, a rate constant for a linear increase, and  $b$  is the intercept at the  $y$ -axis.

Asymptotic equation:

$$y = \text{Asymptote}(1 - e^{-e^K(x-I)}), \quad (4)$$

where  $I$  is the intercept at the  $x$ -axis (and is expressed in the same units as  $x$ ), Asymptote is a line that the curve continues to approach at infinity (and is expressed in the same units as  $y$ ) and  $K$  is the rate constant.

The repeatability of the five-point and seven-point hypoxic performance models was statistically tested by comparing the 1st and 2nd determinations using a non-linear mixed-effects model (Eqn 5) (lmerTest package in R v.4.1.1).

Reproducibility test for asymptotic equation:

$$y = (\text{Asymptote} + a)(1 - e^{-e^{K+b}(x-I+c)}), \quad (5)$$

where  $a$ ,  $b$  and  $c$  are the respective modifiers for the Asymptote, the rate constant for a hyperbolic increase ( $K$ ) and the intercept ( $I$ ) for the 2nd hypoxic performance test (Eqn 5). If the modifiers reached statistical significance ( $\alpha < 0.05$ ), the two asymptotic equations were deemed different.

$P_{AAS-50}$  was estimated by normalizing individual  $\dot{M}_{O_2,peak}$  values to a percentage of their individual AAS ( $AAS = \dot{M}_{O_2,max} - SMR$ ) and interpolating  $P_{AAS-50}$  as the minimum  $P_{O_2}$  supporting the 50% of AAS from the best-fitted hypoxic performance model. The extrapolated SMR values were calculated based on  $P_{crit}$  using the best-fitted hypoxic performance model.

### Statistical analysis

Measurements points were presented as mean  $\pm$  s.e.m. for  $\dot{M}_{O_2,peak}$  and  $P_{O_2,peak}$ , and 95% confidence interval (CI) was provided for the hypoxic performance equations. Logarithm transformations were applied on the metrics that failed normality tests to meet the assumptions of normality of residuals, homoscedasticity of the residuals and no trend in the explanatory variables. Statistical comparisons among different individuals, and for measured and extrapolated  $\dot{M}_{O_2}$  values used one-way ANOVA with Holm-Šidák *post hoc* tests. The comparisons of the same individuals used paired  $t$ -tests. The statistical analyses were conducted in SPSS v.26 (SPSS Inc. Chicago, IL, USA). The best-fitting regression analyses were conducted using Prism v.9 (GraphPad Software, San Diego, CA, USA). Significance was assigned when  $\alpha < 0.05$ . Analysis of the respirometry data was performed in R v.4.1.1 software and R studio (<https://www.rstudio.com/products/team/>) using either the fishMO2 package (Claireaux and Chabot, 2016) or LabChart v.8.0 (ADInstruments, Colorado Springs, CO, USA).

## RESULTS AND DISCUSSION

$\dot{M}_{O_2,peak}$  was typically reached during the chase (sometimes more than once), but rarely during the EPOC period (Fig. 2; Figs S1–S3). While  $\dot{M}_{O_2}$  typically declined exponentially when  $P_{O_2}$  was above  $\sim 100$  mmHg,  $\dot{M}_{O_2}$  remained quite constant during EPOC below  $\sim 70$  mmHg (Fig. 2). Thus, we confirm that chasing fish inside a respirometer provides a more reliable measurement of  $\dot{M}_{O_2,peak}$  than quickly transferring an exhausted fish into a respirometer and measuring  $\dot{M}_{O_2}$  during the initial phase of EPOC (Zhang et al., 2020). Thus, a key criterion of measuring  $\dot{M}_{O_2,peak}$  is that a sustained workload on an individual is a prerequisite of a sustained peak performance (Midgley et al., 2007; Copp et al., 2009). In addition, we confirmed the normoxic anchor points by showing that an independently measured  $\dot{M}_{O_2,peak}$  at normoxia was indistinguishable from that determined with the hypoxic performance protocol ( $F=0.574$ ,  $P=0.637$ , power=0.662; Fig. 1; Fig. S3).

We rejected a two-segmented linear regression model for the rainbow trout and compared a linear regression model with an asymptotic model for the best statistical fit. The former is often used to evaluate the dependence of  $\dot{M}_{O_2,routine}$  on  $P_{O_2}$  (Ultsch et al., 1980), while the latter models are used for hypoxic performance modelling (Mueller and Seymour, 2011). An asymptotic equation (curvilinear) modelled the hypoxic performance of rainbow trout no better than a linear regression equation based on AIC (AIC four-point: 287.8 versus 286.7, five-point: 378.0 versus 381.9, seven-point: 513.8 versus 517.7) and only marginally better based on  $R^2$  ( $R^2$  four-point: 0.900 versus 0.897, five-point: 0.936 versus 0.926; seven-point: 0.954 versus 0.949) (Fig. 1; see table S2 in figshare <https://doi.org/10.6084/m9.figshare.19658568.v3>). However, the curvilinear model was superior to the linear regression in terms of predicting the second anchor point of hypoxic performance, SMR; solving and extrapolating the linear models for the independently measured  $P_{crit}$  ( $17.6 \pm 0.9$  mmHg, Fig. 1B,C) consistently overestimated SMR ( $76.0\text{--}90.9$  mg  $O_2$   $h^{-1}$   $kg^{-1}$ ) by a very large amount (74–143%) compared with the independently measured SMR value (SMR=43.9 mg  $O_2$   $h^{-1}$   $kg^{-1}$ ;  $F=46.85$ ,  $P<0.0001$ ; Fig. 1). In contrast, extrapolation of the five- and seven-point asymptotic equations ( $35.1 \pm 3.8$  and  $43.4 \pm 3.8$  mg  $O_2$   $h^{-1}$   $kg^{-1}$ ,  $F=2.3$ ,  $P=0.12$ , power=0.394; Fig. 1) reliably predicted the measured SMR. Thus, using either five or seven strategically selected  $P_{O_2}$  values with an asymptotic equation generated a reliable characterization of the hypoxic performance curve for rainbow trout, one that accurately predicted SMR using a known  $P_{crit}$ . However, we rejected a four-point curvilinear model because it also overestimated SMR by 50% (SMR=65.6 mg  $O_2$   $h^{-1}$   $kg^{-1}$ ,  $F=38.11$ ,  $P<0.001$ ) despite a good statistical fit ( $R^2=0.900$ ; AIC=287.8).

We proposed  $P_{AAS-50}$  as a potential third anchor point of a hypoxic performance curve.  $P_{AAS-50}$  interpolations were statistically indistinguishable ( $t=0.10$ ,  $P=0.92$ , power=0.051) for the five-point (first test  $71.6 \pm 2.3$  mmHg, second test  $68.8 \pm 2.2$  mmHg) and seven-point (first test  $72.1 \pm 4.2$  mmHg, second test  $68.2 \pm 1.5$  mmHg) curvilinear models. Also, the interpolated  $\dot{M}_{O_2,peak}$  values at  $P_{AAS-50}$  were indistinguishable from the independent measurements ( $F=2.047$ ,  $P=0.131$ , power=0.466; Fig. 1; Fig. S3). Consequently, five strategically selected  $P_{O_2}$  levels are likely the minimum number of data points needed to reliably model a hypoxic performance curve and predict  $P_{AAS-50}$ . Nevertheless, further studies are needed to understand whether a curvilinear or a linear model applies to the hypoxic performance of other fish species.

The reproducibility of the five-point and seven-point hypoxic performance curve protocols was confirmed by retesting the same

individuals after a 10 day recovery period. The re-tested five-point hypoxic performance curve only manifested the slower rate of decline than the first test ( $t=2.49$ ,  $P=0.015$ ; see table S3 in figshare <https://doi.org/10.6084/m9.figshare.19658568.v3>; Fig. 3) whereas the re-tested seven-point hypoxic performance curve manifested a slower rate of decline (i.e. the lower tangent;  $t=2.49$ ,  $P=0.015$ ) and a lower asymptote ( $t=2.07$ ,  $P=0.04$ ) than the first test. Consequently,  $\dot{M}_{O_2,peak}$  at normoxia for the re-tested five-point hypoxic performance curve was only 9% lower than that for the first test ( $t=2.86$ ,  $P=0.024$ ; Fig. 3) and 12% lower with the re-tested seven-point hypoxic performance curve.  $\dot{M}_{O_2,peak}$  for the re-tested five-point hypoxic performance had an 8% lower  $\dot{M}_{O_2,peak}$  at 85 mmHg ( $t \geq 4.05$ ,  $P \leq 0.007$ ) than the first test. Despite the inconsequential difference in the  $\dot{M}_{O_2,peak}$  values,  $P_{AAS-50}$  values for the re-tests were indistinguishable from those of the first tests ( $t=0.22$ ,  $P=0.82$ , power=0.055) (Fig. 3).

The consistent values for  $\dot{M}_{O_2,peak}$  at  $P_{AAS-50}$  by independent means suggest that the cumulative stress associated with repeat chasing to fatigue did not impact this variable. This finding implies that rainbow trout exercised to fatigue for 5 min and allowed to recover for 25 min can repeat their peak performance even though the fish only partially repaid their EPOC. Indeed, exhausted salmonids take about 30 min to replenish the majority of their oxygen stores and high-energy phosphate (Wood, 1991; Scarabello et al., 1991, 1992; Zhang et al., 2018) and salmonids can repeat a critical swimming test after just a 20–40 min recovery from the fatigue experienced in the previous test while carrying some unpaid EPOC (Randall et al., 1987; Jain et al., 1997, 1998; Farrell et al., 1998, 2001; Wagner et al., 2006; Steinhausen et al., 2008). Likewise, European sea bass (*D. labrax*) repeated four constant acceleration tests with only a 5 min rest period between tests (Marras et al., 2010). Whether or not other fish species can repeatedly perform as quickly remains to be determined.

The low coefficient of variation for the  $P_{AAS-50}$  (<10% for both five-point determinations) suggests that it may be a robust and potentially valuable metric to compare hypoxic performance curves across fish species or within a species across different ambient environments. Also, it is tempting to suggest that the curvilinear nature of the rainbow trout hypoxic performance curve reflects the sigmoidal shape of the blood oxygen equilibrium curve (Weber et al., 1987). However, the  $P_{AAS-50}$  was around 70 mmHg, which is approximately twice the  $P_{50}$  of exercised rainbow trout haemoglobin ( $\sim 35$  mmHg; Rummer and Brauner, 2015). Therefore, other physiological factors must affect the positioning of the curvilinear hypoxic performance of rainbow trout.

What is clear from our data, however, is that a linear model is inaccurate over a wide range of  $P_{O_2}$  values. A linear model with the anchor points of  $P_{crit}$  and the zero intercept for  $\dot{M}_{O_2}$  and  $P_{O_2}$  has been used in a different context to describe hypoxic performance (Seibel et al., 2021). However, all our hypoxic performance curve models had non-zero intercepts (see table S2 in figshare <https://doi.org/10.6084/m9.figshare.19658568.v3>; Fig. 1B,C), suggesting that forcing the intercept through the origin lacks biological relevance, at least in trout. Moreover, such a linear model was suggested to be able to predict  $\dot{M}_{O_2,max}$  (Seibel et al., 2021), presumably at normoxia. However, this extrapolation for our measured  $P_{crit}$  in rainbow trout predicted a  $\dot{M}_{O_2,max}$  that was 13% lower ( $t=2.73$ ,  $P=0.009$ ;  $357$  mg  $O_2$   $h^{-1}$   $kg^{-1}$ ) than our measured value. While such a difference can be considered small, larger differences might be expected when such extrapolations are made for fishes with a lower  $P_{crit}$  than rainbow trout. In particular, the linear extrapolation

through the origin for the measured  $P_{crit}$  value in European sea bass (*D. labrax*) (Zhang, 2021) predicted a  $\dot{M}_{O_2,max}$  that was 47% higher than that measured ( $t=12.7$ ,  $P<0.0001$ ). Thus, any such linear models and extrapolations should be conducted with caution.

In conclusion, the hypoxic performance curve protocol provides a respiratory phenotyping platform to compare a fish's ability to exercise under hypoxia. We recommend the five-point hypoxic performance curve as a reliable, time-efficient and reproducible methodology to functionally quantify the hypoxic performance of individual fish and for interpolation of the  $P_{AAS-50}$ , which may prove to be a valuable comparative tool for hypoxic performance both within and across species. Zoologists can now measure the limiting effects of hypoxia in fish that was envisaged by Fry (1947) over 75 years ago.

#### Acknowledgements

The corresponding author particularly appreciates the numerous insightful discussions with Dr Guy Claireaux and Dr Denis Chabot over the years. We appreciate the logistical assistance from Dr Phillip Morrison and staff in the aquatic facility and workshop at the Department of Zoology, University of British Columbia. We appreciate the constructive feedback provided by two anonymous reviewers.

#### Competing interests

The authors declare no competing or financial interests.

#### Author contributions

Conceptualization: Y.Z., A.P.F.; Methodology: Y.Z., D.W.M.; Software: Y.Z.; Validation: Y.Z., D.W.M., C.F.W.; Formal analysis: Y.Z.; Investigation: Y.Z., A.P.F.; Resources: A.P.F.; Data curation: Y.Z., C.F.W.; Writing - original draft: Y.Z.; Writing - review & editing: Y.Z., J.G.R., A.P.F.; Visualization: Y.Z.; Supervision: Y.Z., A.P.F.; Project administration: Y.Z., A.P.F.; Funding acquisition: J.G.R., C.J.B.

#### Funding

This work was supported by British Columbia Salmon Restoration and Innovation Fund (BCSRIF-083) awarded to J.G.R. and C.J.B. A.P.F. holds a Natural Sciences and Engineering Research Council of Canada Discovery Grant and a Canada Research Chair Tier I. Y.Z. holds a Natural Sciences and Engineering Research Council of Canada Postdoctoral Fellowship.

#### Data availability

Data are available from figshare: <https://doi.org/10.6084/m9.figshare.19658568.v3>.

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