

Lamellipod extension and K⁺ current in osteoclasts are regulated by different types of G proteins

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SUMMARY

Osteoclasts are the cells responsible for the resorption of bone and other mineralized tissues. GTP-binding proteins (G proteins) play important roles in regulating the activity of many cell types; however, there is limited knowledge of their functions in osteoclasts. We used the patch-clamp technique in the whole-cell configuration to introduce either hydrolysis-resistant guanosine triphosphate analogues or fluoroaluminate into single rat osteoclasts, and examined the effects of G protein activation on cell morphology and ionic conductances. Guanosine 5'-O-(3-thiotriphosphate) or 5'-guanylyl-imidodiphosphate, but not the control compounds adenosine 5'-O-(3-thiotriphosphate) or guanosine 5'-O-(2-thiodiphosphate), induced: (1) prompt spreading due to extension of lamellipodia; and (2) after a latency of several minutes, complete suppression of the inwardly rectifying K⁺ current. Pertussis toxin did not alter either spreading or suppression of K⁺ current induced by guanosine 5'-O-(3-thiotriphosphate). Cytochalasin D,

but not colchicine, prevented guanosine 5'-O-(3-thiotriphosphate)-induced spreading, consistent with actin polymerization underlying lamellipod extension. Whole-cell capacitance did not change during guanosine 5'-O-(3-thiotriphosphate)-induced spreading, which is consistent with a lack of change in total plasma membrane area. Fluoroaluminate did not induce spreading, but it did suppress the K⁺ current. The differential effects of fluoroaluminate and guanosine 5'-O-(3-thiotriphosphate) suggest that lamellipod extension is regulated by a small molecular mass, monomeric G protein, whereas the inwardly rectifying K⁺ current is regulated by a large molecular mass, heterotrimeric G protein. Thus, osteoclast motility and ion transport are regulated by separate G protein-coupled pathways.

Key words: G protein, K⁺ channel, pseudopod, bone resorption, motility

INTRODUCTION

GTP-binding proteins (G proteins) are involved in the transduction of signals from a variety of receptors to effectors, such as cytoskeletal elements, ion channels and enzymes (Neer and Clapham, 1988; Yatani et al., 1990; Hall, 1992). In this way, many hormones and neurotransmitters exert their effects on cell function. For example, several hormones and cytokines that affect bone remodelling operate through G protein-coupled pathways. The inhibitory actions of calcitonin on osteoclasts are thought to be mediated by two G proteins - one activating adenylyl cyclase and the other activating phospholipase C (Nicholson et al., 1986; Murrills and Dempster, 1990; Zaidi et al., 1990; Chabre et al., 1992). Platelet-activating factor, which in other systems is known to act through a G protein-coupled receptor (Venable et al., 1993), elevates cytosolic Ca²⁺ concentration in osteoclasts (Wood et al., 1991) and stimulates resorption (Zheng et al., 1993). Thus, G proteins appear to play important roles in the regulation of osteoclast activity, yet there is limited knowledge of the elements involved in the signalling pathways.

Osteoclasts alternate between motile and resorptive phases of activity (Kanehisa and Heersche, 1988), both of which are necessary for effective bone remodelling. The motile phase is characterized by lamellipod extension and retraction. During the resorptive phase, osteoclasts form a specialized seal with the substrate and acidify the resorption lacuna, leading to dissolution of bone mineral (Blair and Schlesinger, 1992). We have recently shown that rat osteoclasts express two phenotypes ('rounded' and 'spread'), each with a distinctive morphology and K⁺ conductance (Arkett et al., 1992). 'Rounded' osteoclasts are dome-shaped, lack lamellipodia and exhibit a transient, outwardly rectifying K⁺ conductance. In contrast, 'spread' osteoclasts are flattened with lamellipodia, lack the outward K⁺ conductance, but exhibit an inwardly rectifying K⁺ conductance (Sims and Dixon, 1989; Sims et al., 1991; Arkett et al., 1992; Kelly et al., 1992). Although the physiological roles of these K⁺ channels are unknown, they likely affect the activity of the electrogenic H⁺-ATPase, which is directly responsible for acidification of the resorption lacunae, and hence bone resorption (Blair and Schlesinger, 1992).

Inwardly rectifying K⁺ channels have been identified in a

number of different types of cells, including macrophages, cells closely related to osteoclasts (Gallin, 1991). Although this K^+ conductance in macrophages and some other cells is regulated by G proteins (Fargon et al., 1990; McCloskey and Cahalan, 1990; McKinney and Gallin, 1992), it is not known whether G proteins regulate this K^+ conductance in osteoclasts. The purpose of our study was to examine the role of G proteins in regulating osteoclast ionic conductances and morphology. Hydrolysis-resistant GTP analogues and fluoroaluminate were introduced directly into single osteoclasts using a patch-clamp electrode. Changes in cell morphology were monitored concurrently by video microscopy. Using this combined approach, we were able to quantify changes in morphology, capacitance and ionic currents of intact osteoclasts. We describe below the effects of guanosine 5'-O-(3-thiotriphosphate) and fluoroaluminate on osteoclast morphology and K^+ current, and show that motility and ion transport are regulated by separate G-protein-coupled pathways.

MATERIALS AND METHODS

Osteoclast isolation

Isolation of osteoclasts has been described previously (Arkett et al., 1992). Briefly, osteoclasts were isolated from *femora* and *tibiae* of Wistar rat pups and plated onto sterile glass coverslips. Non-adherent cells and debris were removed by washing coverslips with phosphate-buffered saline. Osteoclasts were incubated (5% CO_2 ; 37°C) in Medium 199 (Gibco), buffered with Hepes and HCO_3^- , and supplemented with heat-inactivated foetal bovine serum (15%) and antibiotics. Osteoclasts were studied within 12 hours of isolation.

Electrophysiological recording

Conventional whole-cell, patch-clamp techniques were used. Time of establishing whole-cell configuration ('break-in') served as an initial reference point for all experiments and was defined as time 0. The standard electrode solution consisted of (in mM): KCl, 140; Hepes, 20; $MgCl_2$, 1; $CaCl_2$, 0.4; EGTA, 1 (estimated free $[Ca^{2+}] \approx 100$ nM); pH 7.2 (adjusted with KOH); 280 to 290 mosmol/l. For high Ca^{2+} experiments, we adjusted free $[Ca^{2+}]$ in the electrode solution to 1 μM . In some cases, we modified the standard electrode solution to a reduced Cl^- concentration by using 20 mM KCl and 120 mM K aspartate. Hydrolysis-resistant GTP analogues, fluoroaluminate and other agents were introduced into cells by including these substances in the electrode solution. Unless stated otherwise, the concentration of nucleotides in the patch pipette was 250 μM . NaF (1 mM) and $AlCl_3$ (25 μM) were added to standard electrode solution to form fluoroaluminate complexes. Electrode capacitance was reduced by coating the electrode with beeswax. After polishing, electrode resistance was 5 to 8 $M\Omega$. Currents were recorded with an Axopatch-1B amplifier (Axon Instruments, Foster City, CA) filtered (-3 dB at 1 kHz), and digitized at 2 to 5 kHz using pClamp Version 5.5 (Axon Instruments). Access resistance was usually <10 $M\Omega$. We minimized series resistance error by routinely using 80% series resistance compensation. Whole-cell capacitance, which is a measure of the total surface area, was determined from capacitance compensation circuitry on the amplifier or by digital integration of capacitive transients. Cells were bathed in a standard saline consisting of (in mM): NaCl, 130; KCl, 5; Hepes, 20; glucose, 10; $MgCl_2$, 1; $CaCl_2$, 1; pH 7.4 (adjusted with NaOH); 280 to 290 mosmol/l. All experiments were conducted at room temperature, 22 to 25°C.

Osteoclast imaging and area measurement

We viewed cells using phase-contrast optics and recorded images on videotape with a video camera (Sony CCD AVC-D5) or on 35 mm

film. Planar area of osteoclasts was measured from video recordings using a computerized video-image analysis system and JAVA software (Jandel Scientific, Corte Madera, CA). We measured planar area at two-minute intervals and expressed cell area as a percentage of initial (i.e. at break-in) planar area. Fractional changes in planar area were normalized using the arcsine transformation before statistical analysis.

Nucleotides and other agents

Guanosine 5'-O-(3-thiotriphosphate) (GTP γ S) was purchased from Boehringer-Mannheim (Montreal, Quebec) and Calbiochem (La Jolla, CA). Guanosine 5'-O-(2-thiodiphosphate) (GDP β S) was obtained from Calbiochem. Adenosine 5'-O-(3-thiotriphosphate) (ATP γ S); adenosine 5'-triphosphate (ATP); guanosine 5'-triphosphate (GTP); 5'-guanylyl-imidodiphosphate (GppNHp); 8-bromoadenosine 3',5'-cyclic monophosphate (8-bromo cAMP); 4-acetamido-4'-isothiocyanostilbene-2,2'-disulphonic acid (SITS); β -nicotinamide adenine dinucleotide (NAD); cytochalasin D; and colchicine were from Sigma Chemical Co. (St Louis, MO). Islet-activating protein (pertussis toxin) and pertussis toxin A protomer were from List Biological Laboratories, Inc. (Campbell, CA).

RESULTS

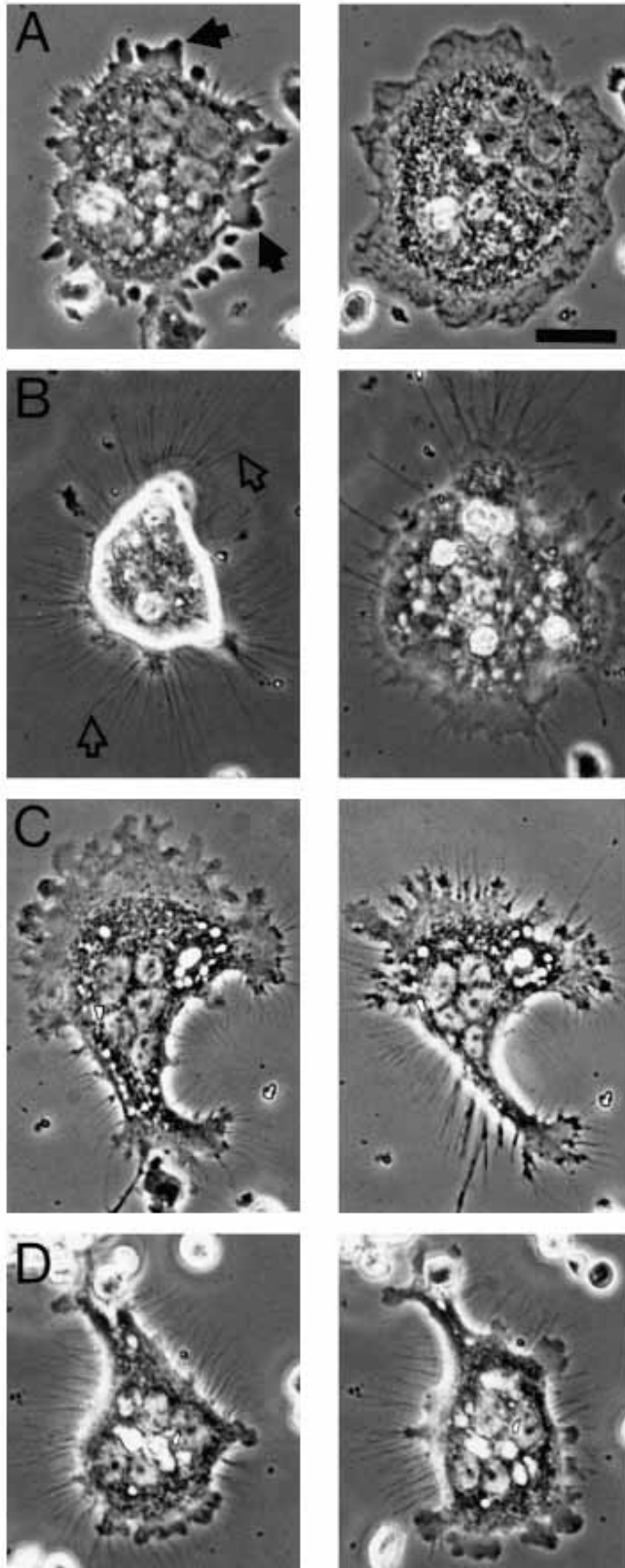
Using phase-contrast microscopy, we identified osteoclasts on the basis of multinuclearity; that is, the presence of three or more nuclei, as described previously (Sims and Dixon, 1989; Sims et al., 1992; Kelly et al., 1992; Arkett et al., 1992). Upon introduction of hydrolysis-resistant GTP analogues into the cytoplasm of 'spread' osteoclasts, we observed: (1) an increase in planar area; and (2) suppression of the current carried through inwardly rectifying K^+ channels. In contrast, GTP analogues had little effect on morphology or currents in 'rounded' osteoclasts (15 cells). Therefore, we focused specifically on the effects of G protein activation in the 'spread' phenotype. We will consider the effects of hydrolysis-resistant GTP analogues first on osteoclast morphology and then on the inwardly rectifying K^+ conductance. Finally, we consider the effects of fluoroaluminate, a selective activator of large molecular mass, heterotrimeric G proteins (Kahn, 1991).

Hydrolysis-resistant GTP analogues induce spreading

Within 1 minute of break-in with GTP γ S in the patch pipette, osteoclast lamellipodia began to extend. After several minutes, lamellipodia, which were initially distinct, began to fuse forming an extended cell periphery (Fig. 1A). The continuous extension of cell periphery, or spreading, occurred concomitantly with a decrease in cell height, resulting in a progressively more flattened cell. In some cases, where 'spread' osteoclasts initially exhibited retraction fibres, the increase in peripheral membrane followed the fibres and filled in spaces between fibres and lamellipodia (Figs 1A, 2A). Most osteoclasts also exhibited dynamic ruffling of the plasma membrane as they spread (see Fig. 3). Spreading was observed in all 25 cells tested with GTP γ S in the patch pipette and all 5 cells tested with GppNHp, another hydrolysis-resistant GTP analogue (Fig. 1B).

We quantified the change in area of osteoclasts by measuring the planar area of cells from the video record before and during introduction of G protein activators and control agents. Planar area was determined by measuring the area

delimited by the periphery of the plasma membrane, excluding retraction fibers. For example, Fig. 2A shows the periphery of the osteoclast in Fig. 1A before (broken line) and 10 minutes after (continuous line) introduction of GTP γ S. Cell periphery



extends centrifugally in response to GTP γ S and individual lamellipodia fuse, leading to a more uniform periphery. Fig. 2B shows a plot of the changes in planar area over time after introduction of test substances. Both GTP γ S and GppNHp induced a marked, continuous increase in planar area, beginning within 1 minute after break-in. Correlation analysis on a subsample of osteoclasts tested showed a significant positive correlation between area and time after break-in with GTP γ S or GppNHp in the pipette.

To determine the specificity of GTP γ S- and GppNHp-induced spreading, we examined the effects of several other nucleotides on cell morphology. GDP β S, a hydrolysis-resistant guanine nucleotide that does not activate G proteins, did not induce spreading in any of the eight cells tested (Figs 1C, 2B). In a few cases, GDP β S caused a slight reduction in planar area (e.g. see Fig. 1C). We did not attempt to reduce GTP γ S-induced spreading by simultaneously including an equimolar amount of GDP β S. ATP γ S did not induce spreading in five cells tested (Figs 1D, 2B), suggesting that the GTP γ S-induced effect on morphology is specific for guanine nucleotides. Neither GTP (500 μ M) in the pipette (4 cells), nor GTP γ S applied extracellularly (3 cells) caused spreading (not shown). Thus, spreading was caused, or induced, specifically by intracellular hydrolysis-resistant guanine nucleotides, suggesting the involvement of a G protein.

Pertussis toxin, which inactivates certain G proteins through ADP ribosylation of the α subunit (Ui, 1990), has been reported to block receptor-independent activation of G proteins by hydrolysis-resistant GTP analogues in some cells (McCloskey and Cahalan, 1990; McKinney and Gallin, 1992). We incubated osteoclasts with pertussis toxin (0.5 to 5 μ g/ml, holomer) for up to 6 hours. In all seven cells tested under these conditions, GTP γ S still induced spreading (Fig. 3A,C). Since pertussis toxin did not alter the response to GTP γ S, we considered the possibility that osteoclasts lack binding sites for pertussis toxin, and therefore cannot internalize the A protomer (Ui, 1990). To avoid this possible limitation, we included in the pipette, in addition to GTP γ S (250 μ M), the activated A protomer (S1 subunit; 200 ng/ml), together with necessary substrates, NAD (10 μ M) and ATP (0.5 mM). In all five cells tested with A protomer, osteoclasts spread (Fig. 3B,C) in a manner similar to that seen without pertussis toxin (cf. Figs 1A,B, 2B).

Fig. 1. Hydrolysis-resistant GTP analogues induce spreading in osteoclasts. (A) Osteoclast with distinct lamellipodia (arrows) ~1 minute before (left) introduction of GTP γ S. Same osteoclast 10 minutes after introduction of GTP γ S (250 μ M) in standard electrode solution and removal of patch pipette (right). Note that membrane has extended in all directions, leading to fusion of lamellipodia. Bar, 20 μ m (A, B, C, D). (B) Another osteoclast just before (left) introduction of GppNHp. Note that retraction fibers are prominent (arrows) and the cell is plump as indicated by the phase-bright edges. Same cell, 34 minutes after break-in (right) with GppNHp (250 μ M) in pipette, has flattened and spread. (C) Osteoclast before (left) introduction of control agent GDP β S. Same cell, ~12 minutes after break-in (right) with GDP β S (250 μ M) in pipette, has not spread but in this case retracted slightly. (D) Another osteoclast, just before (left) and ~19 minutes after (right) introduction of another control agent ATP γ S (250 μ M), does not show the spreading as in (A) or (B).

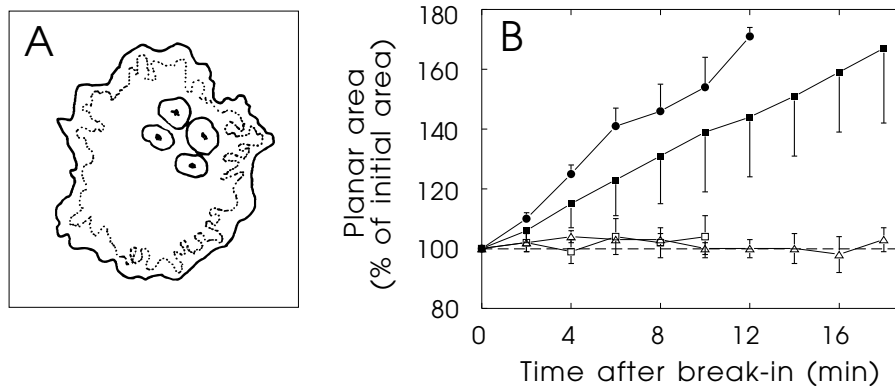


Fig. 2. Quantification of changes in planar area of osteoclasts. (A) To illustrate the method for quantification of cell planar area, tracings of osteoclast in Fig. 1A are shown prior to break-in (broken line) and 10 minutes after introduction of GTP γ S (continuous line). Retraction fibres were excluded from cell measurements. This osteoclast showed an increase in planar area of 48%. (B) Plot of osteoclast planar area against time after break-in with GTP γ S (●), GppNHp (■), ATP γ S (△) or GDP β S (□), all at 250 μ M. Data are mean \pm s.e.m. planar area expressed as a percentage of initial area at time 0. GTP γ S or GppNHp induced a significant increase in area with increased time after break-in, while GDP β S or ATP γ S did not induce a significant change in planar area. Correlation analysis showed a significant positive correlation between area and time after break-in for GTP γ S ($r=0.82$; $P<0.001$; $n=41$; 8 cells) or GppNHp ($r=0.46$; $P<0.05$; $n=46$; 5 cells), but no significant correlation for GDP β S ($r=0.13$; $P>0.05$; $n=17$; 3 cells) or ATP γ S ($r=0.03$; $P>0.05$; $n=18$; 3 cells). In all cases, n is the total number of area measurements from cells within each test group.

Cytochalasin D, but not colchicine, inhibits GTP γ S-induced spreading

To investigate the role of the cytoskeleton in GTP γ S-induced spreading, we first examined the effects of cytochalasin D, which binds to actin with high affinity and disrupts its polymerization (Cooper, 1987). Cytochalasin D (5 μ M) added to the bathing medium caused prompt retraction of lamellipodia, leaving retraction fibers (Fig. 4A,B). Planar area steadily decreased to $65\pm 5\%$ (mean \pm s.e.m., 3 cells) of the initial planar area by 8 minutes, after which little change occurred. Subsequent introduction of GTP γ S did not induce spreading (Fig. 4B,D). On the other hand, colchicine (10 to 100 μ M), which prevents polymerization of tubulin, caused only slight retraction of osteoclasts. Moreover, subsequent introduction of GTP γ S to colchicine-treated osteoclasts still induced spreading (Fig. 4C,D), to an extent comparable to that seen with GTP γ S alone (cf. Figs 1A, 2B). These findings indicate that GTP γ S-induced spreading is dependent upon actin polymerization.

GTP γ S-induced suppression of the inwardly rectifying K $^+$ current

When studied under voltage clamp, 'spread' osteoclasts show an inward current in response to hyperpolarizing voltage commands, and little outward current in response to depolarizing commands. This inwardly rectifying K $^+$ current has been characterized (Sims and Dixon, 1989; Sims et al., 1991; Arkett et al., 1992). To examine the effects of GTP γ S on this K $^+$ current, we included GTP γ S in the electrode solution. Under these conditions, 'spread' osteoclasts exhibited the typical inwardly rectifying K $^+$ current immediately after break-in (Fig. 5A). We monitored the K $^+$ current over time with periodic voltage steps to -100 mV. Inwardly rectifying K $^+$ current was steady for 5 to 8 minutes, after which it declined in amplitude until barely detectable (Fig. 5). In contrast, this K $^+$ current persisted under control conditions (Figs 6, 7B). Suppression of K $^+$ current similar to that illustrated in Fig. 5 was observed in

20 out of 22 osteoclasts when GTP γ S was included in the pipette. Like GTP γ S, GppNHp also suppressed the K $^+$ current (Fig. 7A; 4 cells). Additionally, GTP γ S-induced suppression of the K $^+$ current was unaltered in the presence of colchicine (3 cells) or cytochalasin D (4 cells) (Fig. 7A).

Following suppression of the K $^+$ current, there remained residual current consisting of a Cl $^-$ current known to be exhibited by these osteoclasts (Sims et al., 1991) and a linear leak current. In Fig. 5, we used a low Cl $^-$ electrode solution to minimize the Cl $^-$ current at the voltages where we measured K $^+$ current, thereby more clearly revealing the time course of K $^+$ current decline. However, in most experiments, we used the standard electrode solution with a calculated equilibrium potential for Cl $^-$ of 0 mV. In these experiments, the residual current following GTP γ S-induced suppression of the K $^+$ current consisted of a noninactivating current that reversed direction at 0 mV and was blocked by 1 mM SITS (not shown). This residual current resembled the Cl $^-$ current described previously in osteoclasts (Sims et al., 1991; Kelly et al., 1994). The Cl $^-$ current did not appear to be regulated by hydrolysis-resistant GTP analogues.

As controls for the effects of GTP γ S on the K $^+$ current, we examined the effects of several other nucleotides. The inwardly rectifying K $^+$ current did not decline when GTP (500 μ M) was included in the patch pipette. Fig. 6 illustrates this finding by showing that the K $^+$ current, elicited at -100 mV, remained largely unchanged 10 minutes after break-in with GTP in the pipette. Similar results were observed in all four cells tested. To demonstrate that the inward K $^+$ current was indeed still present, we briefly applied Ba $^{2+}$ (1 mM), which rapidly and reversibly blocked the inwardly rectifying K $^+$ current (Fig. 6 A,B), as previously described (Sims and Dixon, 1989). Similar persistence of the K $^+$ current was also observed when ATP γ S (4 cells) or GDP β S (7 cells) was included or when no nucleotides were included in the standard pipette solution (16 cells) (Fig. 7B). Thus, hydrolysis-resistant GTP analogues induce suppression

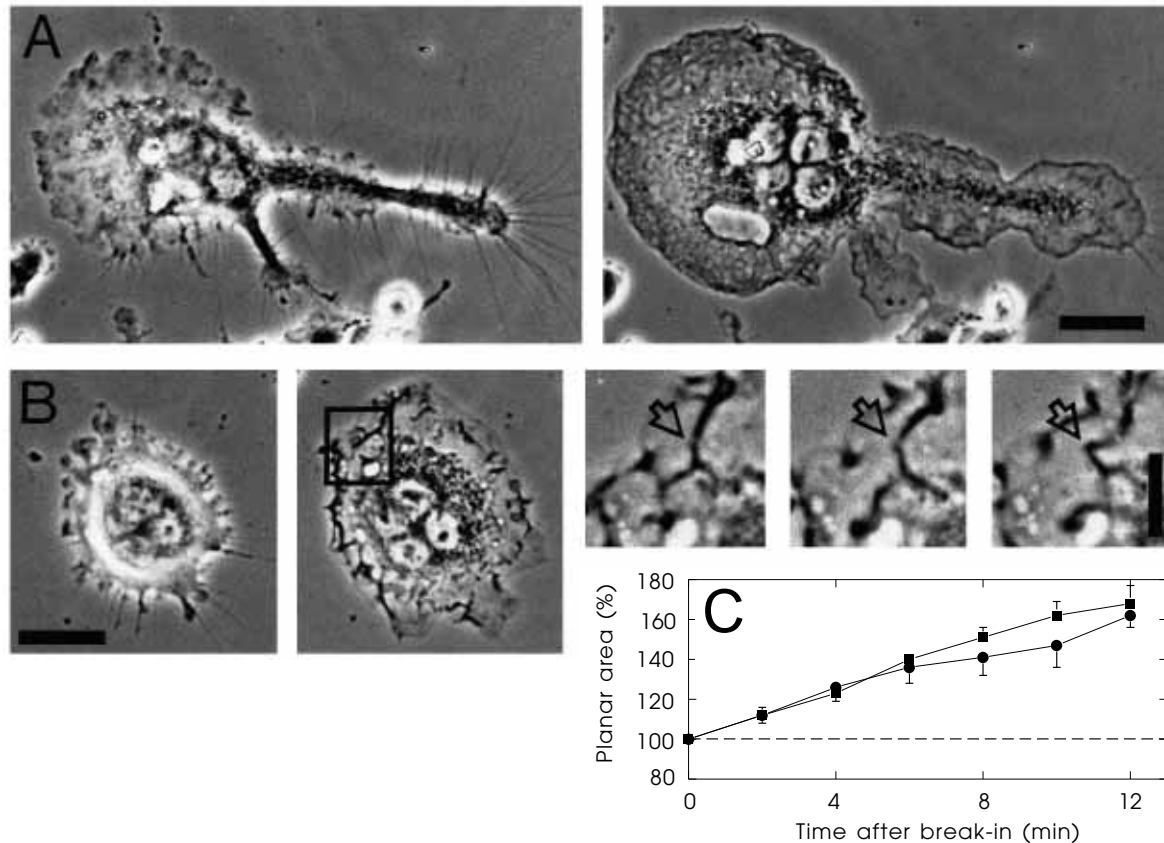


Fig. 3. GTP γ S-induced spreading is not affected by pertussis toxin. (A) At left is an osteoclast 6 hours after addition of pertussis toxin (0.5 μ g/ml) and just prior to introduction of GTP γ S (250 μ M) via patch pipette. Panel at right shows the same osteoclast 11 minutes after break-in. Planar area increased markedly, indicating that pertussis toxin did not block GTP γ S-induced spreading. Bar, 20 μ m. (B) At left is an untreated osteoclast just prior to break-in. At right is the same osteoclast 9 minutes after break-in with a patch pipette containing the A protomer of pertussis toxin (200 ng/ml), NAD (10 μ M), ATP (0.5 mM), and GTP γ S (250 μ M). Planar area increased markedly, indicating that the A protomer of pertussis toxin did not block GTP γ S-induced spreading. Bar, 20 μ m. The three panels at the far right show a portion of the osteoclast (indicated by box) at \sim 1 minute intervals starting 11 minutes after break-in. Bar, 10 μ m. Changes in the pattern of the phase-dark structures (arrows) indicate dynamic ruffling of the plasma membrane. (C) Plot of osteoclast planar area against time after break-in with GTP γ S (250 μ M) after pre-treatment with pertussis toxin (●) or inclusion of A protomer of pertussis toxin in pipette (■). Data are means \pm s.e.m. planar area expressed as a percentage of initial area. Correlation analysis showed a significant positive correlation between area and time after break-in after pertussis toxin pre-treatment ($r=0.84$; $P<0.001$; $n=20$; 3 cells) and after inclusion of A protomer in pipette ($r=0.90$; $P<0.001$; $n=35$; 5 cells).

of the inwardly rectifying K⁺ current in osteoclasts, since this effect was observed specifically upon introduction of GTP γ S and GppNHp, but not GTP, GDP β S or ATP γ S.

GTP γ S-induced suppression of K⁺ current is unaffected by pertussis toxin and not mimicked by second messengers

We investigated the effects of pertussis toxin on the G protein that may be involved in regulating the K⁺ current, using the holotoxin and the A protomer as described above. Osteoclasts were pre-treated with the holotoxin (5 μ g/ml) for up to 6 hours. In all seven cells tested, GTP γ S induced a suppression of the inwardly rectifying K⁺ current in a manner similar to that observed in untreated cells (Fig. 7A). Inclusion of the activated A protomer, NAD, ATP, along with GTP γ S in six cells induced a similar suppression of the K⁺ current (not shown). Thus, it appears that GTP γ S-induced suppression of the inwardly rectifying K⁺ current is insensitive to pertussis toxin.

To investigate possible mechanisms underlying G protein-induced suppression of the inwardly rectifying K⁺ current, we altered the cellular concentrations of selected second messengers. Instead of including hydrolysis-resistant GTP analogues in the pipette, we elevated intracellular Ca²⁺ by using electrode solution with a calculated free [Ca²⁺] of 1 μ M or by extracellular application of the Ca²⁺ ionophore, A23187 (1 μ M). Neither of these treatments had any effect on the K⁺ current in 15 cells (Fig. 7B). Likewise, 8-bromo cAMP applied extracellularly (1 mM) or included in the patch pipette (0.5 mM) had no effect on the K⁺ current in 8 cells (Fig. 7B).

GTP γ S does not induce changes in whole-cell capacitance

In some cell types, hydrolysis-resistant GTP analogues induce exocytosis and an increase in cell surface area, which can be detected as an increase in whole-cell capacitance (Oberhauser et al., 1992). Using the capacitance compensation circuitry on

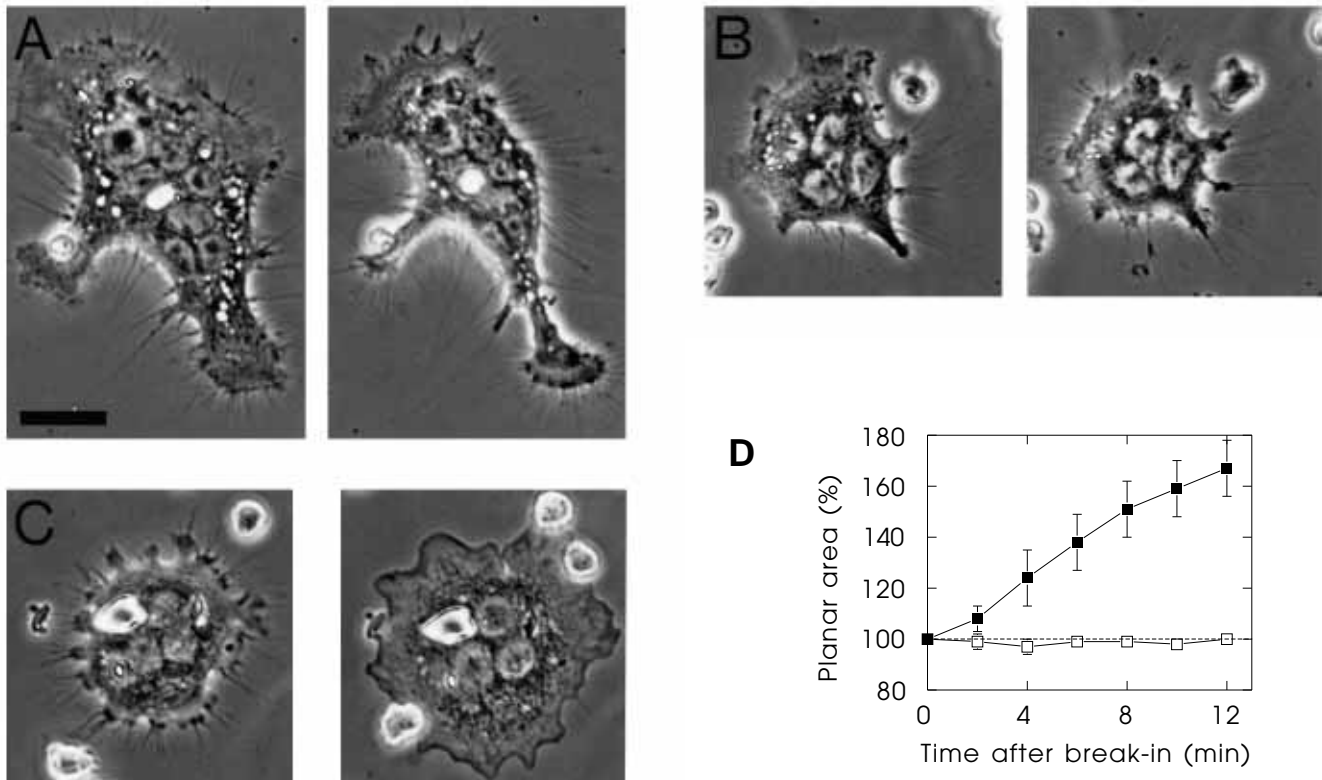


Fig. 4. GTP γ S-induced spreading is inhibited by cytochalasin D but not by colchicine. (A) Osteoclast just before (left) and 11 minutes after (right) addition of 5 μ M cytochalasin D to the bath. Planar area of osteoclast decreased. (B) At left is another osteoclast 6 minutes after addition of cytochalasin D (5 μ M) and just before break-in. At right is the same osteoclast 8 minutes after break-in with GTP γ S (250 μ M) in the pipette. Planar area did not increase, indicating that cytochalasin D blocked GTP γ S-induced spreading. (C) Panel at left shows an osteoclast 12 minutes after addition of colchicine (10 μ M) and just prior to break-in. At right is the same osteoclast 14 minutes after break-in with GTP γ S (250 μ M) in the patch pipette. Planar area increased markedly, indicating that colchicine did not block GTP γ S-induced spreading. (D) Plot of osteoclast planar area against time after break-in with GTP γ S (250 μ M) in the pipette following pre-treatment with either 5 μ M cytochalasin D (\square ; 3 cells) or 10 μ M colchicine (\blacksquare ; 3 cells). Data are means \pm s. e. m. of planar area expressed as a percentage of initial area. Correlation analysis showed no significant correlation between area and time after break-in after pre-treatment with cytochalasin D ($r=0.04$; $P>0.05$; $n=21$; 3 cells), but significant positive correlation after pre-treatment with colchicine ($r=0.86$; $P<0.001$; $n=21$; 3 cells). Bar, 20 μ m (A,B,C).

the amplifier or digital integration of capacitive transients, we monitored whole-cell capacitance throughout the course of recordings. None of the osteoclasts tested with GTP γ S showed notable changes in whole-cell capacitance during GTP γ S-induced suppression of K $^+$ current. For example, the cell in Fig. 5 had an initial whole-cell capacitance of 37 pF and the same capacitance after the K $^+$ current was suppressed. Since GTP γ S did not alter whole-cell capacitance, we conclude that total membrane area did not change appreciably during spreading or K $^+$ current suppression.

Spreading and K $^+$ current suppression are regulated by different G proteins

As shown above, inclusion of hydrolysis-resistant GTP analogues in the patch pipette induced spreading within 2 minutes of break-in, yet suppression of the inwardly rectifying K $^+$ current typically began after a delay of 5 to 8 minutes. Fig. 8A illustrates the difference in time course for these two events in the same cell. In every osteoclast where we were able to maintain high resistance recordings long enough to observe suppression of the K $^+$ current, an increase in area was also

observed (43 cells). Since GTP γ S-induced spreading preceded changes in K $^+$ current, it seems unlikely that the lag in onset of K $^+$ current suppression results from delayed diffusion of GTP γ S. Alternatively, we considered the possibility that different G proteins mediate these events.

Fluoroaluminate has been demonstrated to be a useful tool in differentiating the involvement of monomeric and heterotrimeric G proteins in signalling pathways (Kahn, 1991). In all five osteoclasts tested, inclusion of NaF (1 mM) and AlCl $_3$ (25 μ M) in the pipette failed to induce spreading (Fig. 8B). Ten minutes after break-in with fluoroaluminate in the pipette, the planar area was 91% (\pm 1.1; 5 cells) (mean \pm s. e. m.) of initial area, compared to 154% (\pm 9.8; 4 cells) 10 minutes after break-in with GTP γ S (cf. Fig. 2B). However, fluoroaluminate did suppress the K $^+$ current to an extent and after a delay comparable to that observed with GTP analogues (Fig. 8B). The differential effects of hydrolysis-resistant nucleotide analogues and fluoroaluminate on cell spreading and K $^+$ current suggest that different G proteins are involved in regulating osteoclast spreading and inwardly rectifying K $^+$ current.

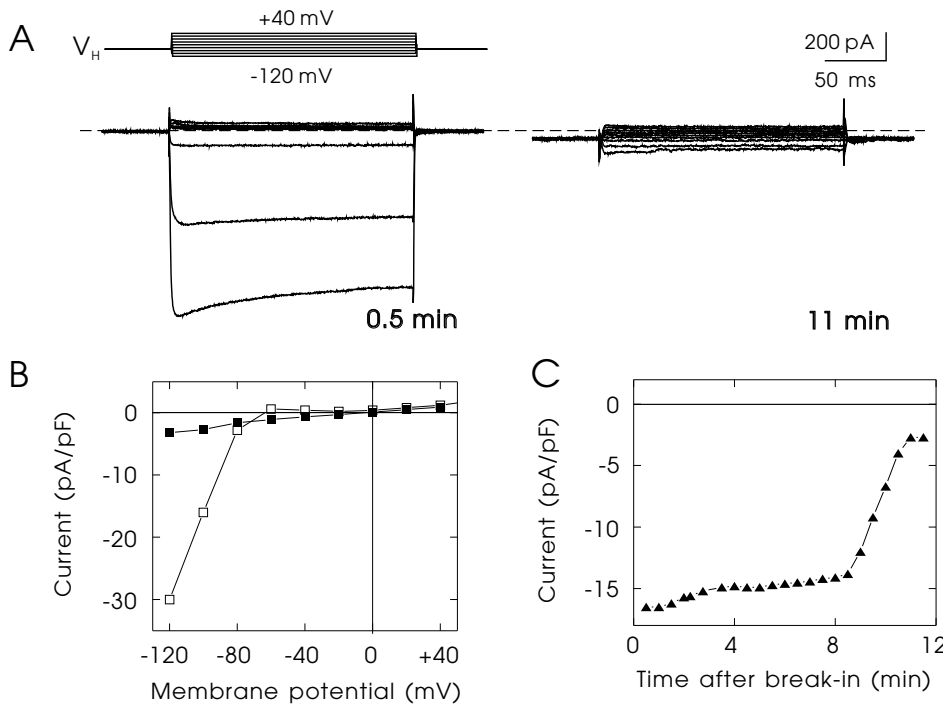


Fig. 5. GTP γ S-induced suppression of the inwardly rectifying K⁺ current. (A) Currents elicited in a 'spread' osteoclast by a series of voltage commands (shown above) given at 1 Hz from a holding potential (V_H) of -70 mV. Currents recorded 0.5 minute after break-in (left) were dominated by an inwardly rectifying K⁺ current. Patch pipette contained the low Cl⁻ electrode solution and 250 μ M GTP γ S. At right are residual currents, recorded from the same osteoclast 11.5 minutes after break-in. K⁺ current is nearly completely suppressed. Broken line represents zero current level. (B) Current/voltage plot from average current values in A (between 150 and 190 ms after onset of voltage commands) 0.5 minute (\square) and 11.5 minutes (\blacksquare) after break-in. Inwardly rectifying K⁺ current, which was present initially, was absent after 11.5 minutes. Current/voltage plot shows the residual current as a near linear 'leak' conductance. (C) Plot of current at -100 mV recorded at various times after break-in. Magnitude of K⁺ current changed negligibly up to ~8 minutes, after which K⁺ current declined rapidly. Whole-cell capacitance (37 pF) did not change over the course of the recording.

DISCUSSION

Activation of G proteins induces osteoclast spreading

We have shown that upon introduction of hydrolysis-resistant GTP analogues (GTP γ S or GppNHp) into the cytoplasm, lamellipodia of 'spread' osteoclasts extend and spread centrifugally. This effect, which occurred concomitantly with reduction in cell height, resulted in a significant increase in osteoclast planar area. This increase in planar area arose from rearrangement of existing plasma membrane rather than addition of new membrane, by exocytosis. This conclusion is based on our finding that whole-cell capacitance, which is a measure of total surface area, did not change over the course of GTP γ S-induced spreading. If the increase in planar area had occurred by exocytosis, we would have expected increases in cell capacitance of ~50% by 8 minutes (e.g. Fig. 8A), a change that we could easily have detected using whole-cell recording.

In contrast to the effect of GTP γ S and GppNHp, inclusion of GDP β S in the pipette did not cause spreading. GDP β S is a hydrolysis-resistant GDP analogue that competes with GTP for binding sites on G proteins but, unlike GTP γ S, does not activate them. Since addition of GDP β S did cause a slight retraction of some cells, it is conceivable that GDP β S inhibited endogenous G protein activity. Extracellular application of GTP γ S did not induce spreading, ruling out the possibility that these effects arise from activation of cell surface nucleotide receptors. Additionally, ATP γ S did not induce spreading, indicating specificity for hydrolysis-resistant guanine nucleotides. Taken together, these findings are consistent with a role for G proteins in the regulation of osteoclast spreading.

G-protein-induced osteoclast spreading is dependent upon actin polymerization

We have shown that lamellipod extension induced by activation of G proteins is blocked by cytochalasin D, but not by colchicine. Cytochalasin D is known to block specifically actin polymerization (Cooper, 1987; Ohmori et al., 1992), suggesting its involvement in GTP γ S-induced spreading of osteoclasts. Consistent with this suggestion, lamellipod extension is thought to involve conversion of globular (G) to filamentous (F) actin at the leading edge of lamellipodia or pseudopodia (Smith, 1988; Cassimeris et al., 1990; Cooper, 1991). In osteoclasts, F-actin has been shown, by staining with labelled phalloidin, to be concentrated at the edges of lamellipodia (Turksen et al., 1988; Lakkakorpi and Väänänen, 1991).

Hydrolysis-resistant guanine nucleotides have been shown to increase F-actin content in neutrophils. Upon their electroporation, F-actin content promptly increases in the presence of GTP γ S, reaching a steady level of 250% of initial content after 5 to 10 minutes (Bengtsson et al., 1990). Using the same technique to introduce GTP γ S, Therrien and Naccache (1989) found an increase of ~75% in initial F-actin content by 1 minute, while Downey and co-workers (1989) reported a maximum F-actin content within 2 minutes. We detected a marked increase in the planar area of osteoclasts within 1 to 2 minutes of introduction of GTP γ S, with cells spreading to 150% of initial area by ~8 minutes. In none of the above mentioned studies did pre-treatment with pertussis toxin alter the increase in F-actin content induced by activation of G proteins. Likewise, GTP γ S-induced spreading of osteoclasts was insensitive to pertussis toxin. Thus, similarities in regulation of actin polymerization in neutrophils and spreading in osteoclasts support our contention that actin polymerization underlies G protein-mediated spreading.

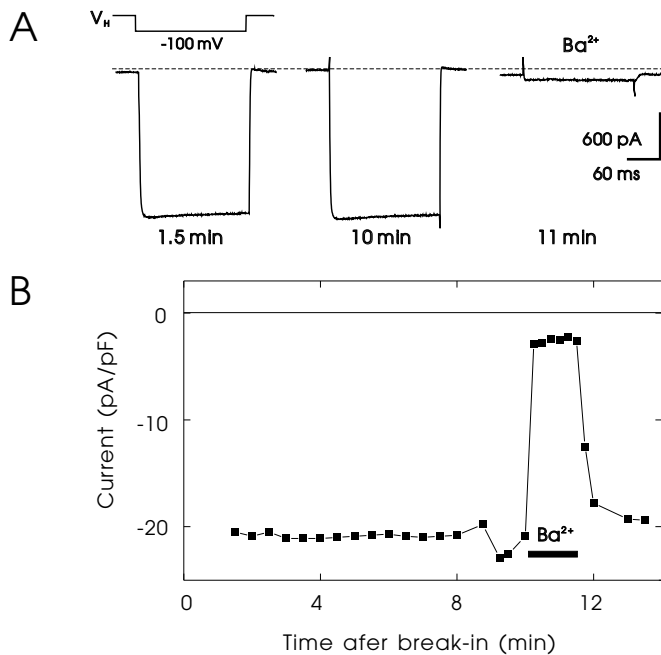


Fig. 6. Inwardly rectifying K⁺ current persists in presence of GTP. (A) Currents elicited in an osteoclast at -100 mV (shown above) from a holding potential (V_H) of -70 mV at various times after break-in with GTP (500 μ M) in patch pipette with standard electrode solution. The inwardly rectifying K⁺ current recorded at -100 mV is unchanged 10 minutes after break-in. External Ba²⁺ (1 mM), applied extracellularly just before trace at far right was recorded, reversibly blocked this K⁺ current. Broken line indicates zero current level. Cell capacitance (89 pF) did not change over the course of the recording. (B) Plot of the K⁺ current at -100 mV recorded from cell in (A) at various times after break-in. K⁺ current amplitude was steady throughout recording, and was reversibly blocked by 1 mM Ba²⁺ (filled bar).

We have shown that two second messengers (Ca²⁺, cyclic AMP), which may be generated following activation of G-protein-coupled enzymes, did not induce spreading in rat osteoclasts. In neutrophils and lymphocytes, actin polymerization is induced by membrane-permeant diacylglycerols and blocked by protein kinase inhibitors (Zimmermann et al., 1988; Keller et al., 1989; Apgar, 1991), suggesting the involvement of protein kinase C. However, others have shown that osteoclast spreading is not induced by phorbol myristate acetate, an activator of protein kinase C (Murrills et al., 1992; Teti et al., 1992). It has been proposed that osteoclast retraction and inhibition of motility are mediated by separate G-protein-coupled signalling pathways (Zaidi et al., 1990). However, these morphological responses are clearly different from those reported in the present study.

Activation of G protein suppresses inwardly rectifying K⁺ current

We have shown that GTP γ S, GppNHp, as well as fluoroaluminate, suppress the inwardly rectifying K⁺ current in rat osteoclasts, indicating the involvement of a G protein. Following a delay of 5 to 8 minutes, the K⁺ current declined rapidly and became undetectable within 7 to 10 minutes. Such

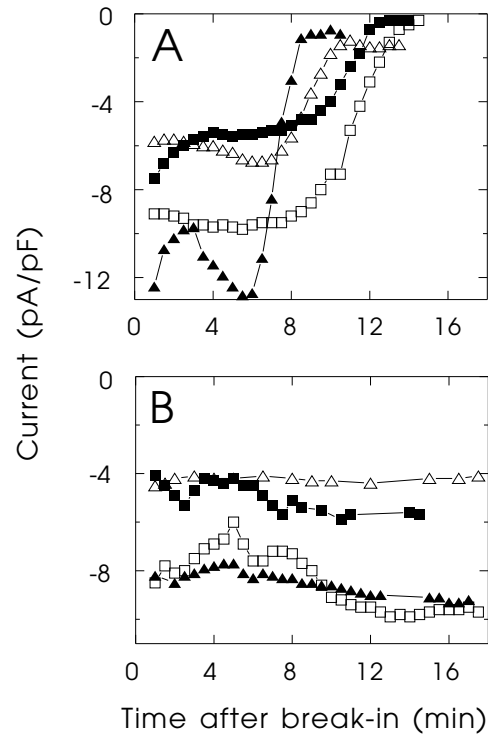


Fig. 7. Inhibition of K⁺ current by hydrolysis-resistant GTP analogues and persistence under control conditions. (A) Plot of current at -100 mV recorded at various times after break-in with GppNHp (■) in pipette, GTP γ S in pipette after a 4.5 hour pre-treatment with pertussis toxin (Δ , 1 μ g/ml), GTP γ S in pipette after pre-treatment with colchicine (\square , 10 μ M), or cytochalasin D (\blacktriangle , 5 μ M). Concentration of GTP γ S or GppNHp was 250 μ M in standard electrode solution. GTP γ S-induced suppression of K⁺ current was not altered by pertussis toxin, colchicine or cytochalasin D. (B) Plot of current at -100 mV recorded at various times after break-in with ATP γ S (\square , 250 μ M), GDP β S (\blacksquare , 250 μ M), 8-bromo cAMP (\blacktriangle , 500 μ M) included in standard electrode solution or high (1 μ M) Ca²⁺ electrode solution (Δ). Inwardly rectifying K⁺ current persisted with control solutions (ATP γ S, GDP β S) and was unaltered by increased intracellular [Ca²⁺] or [cAMP].

GTP γ S-induced suppression of inwardly rectifying K⁺ current has been shown in other cell types. The inwardly rectifying K⁺ current exhibited by a mast cell line gradually declines in amplitude over prolonged whole-cell recordings, when no nucleotides have been added to the pipette (McCloskey and Cahalan, 1990). Inclusion of GTP γ S, GppNHp or fluoroaluminate in the pipette induced, after a variable delay, more rapid decline of the mast cell K⁺ current with a half-time for decay of ~5 minutes. A similar GTP γ S-induced decline in the amplitude of the inwardly rectifying K⁺ current has been shown in enterocytes (Fargon et al., 1990), as well as macrophages (McKinney and Gallin, 1992). As reported for both mast cells and macrophages (McCloskey and Cahalan, 1990; McKinney and Gallin, 1992) and shown here for osteoclasts, GTP γ S-induced suppression of the inwardly rectifying K⁺ current was not affected by pertussis toxin. However, these findings do not eliminate the possibility that receptor-mediated activation of this G protein is sensitive to pertussis toxin. Notably, in both mast cells and macrophages, GTP γ S also

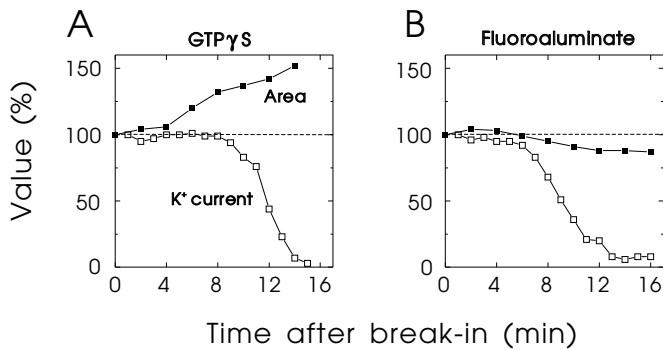


Fig. 8. Differential effects of GTP γ S and fluoroaluminate on area and K⁺ current. (A) Plot of concomitant changes in planar area (■) and K⁺ current at -100 mV (□) in the same cell at various times after break-in with GTP γ S (250 μ M) in the patch pipette containing standard electrode solution. Data are planar area expressed as a percentage of initial area or K⁺ current expressed as a percentage of initial K⁺ current. The increase in planar area began shortly after break-in. However, K⁺ current amplitude remained unchanged up to ~8 minutes after break-in, after which time the K⁺ current declined. Cell capacitance (91 pF) remained unchanged throughout the recording. (B) Plot of planar area (■) and K⁺ current at -100 mV (□) in another cell at various times after break-in with NaF (1 mM) and AlCl₃ (25 μ M) in the patch pipette containing standard electrode solution. Data are planar area expressed as a percentage of initial area or K⁺ current expressed as a percentage of initial K⁺ current. Planar area changed only slightly throughout recording, even though the K⁺ current declined after a delay of ~5 minutes. Cell capacitance (30 pF) remained unchanged throughout the recording.

induced an outwardly rectifying K⁺ conductance, an effect that was blocked by pertussis toxin (McCloskey and Cahalan, 1990; McKinney and Gallin, 1992). We did not observe a GTP γ S-induced outwardly rectifying K⁺ current in osteoclasts.

The delay of 5 to 8 minutes before the onset of GTP γ S-induced K⁺ current suppression in osteoclasts suggests an indirect effect of a G protein on the K⁺ channel. Although slow diffusion of GTP γ S could delay the decline in K⁺ current, this explanation seems unlikely, since GTP γ S-induced spreading began within 2 minutes after break-in, indicating that GTP γ S had diffused rapidly throughout the cell. Alternatively, regulation of the inwardly rectifying K⁺ current may involve G-protein-coupled enzymes and generation of second messengers. In this regard, we found no effects of elevation of cytosolic Ca²⁺ or a cAMP analogue on the inwardly rectifying K⁺ current. Similarly, in other cell types, inwardly rectifying K⁺ current is not suppressed by cAMP (Nakajima et al., 1988; Kurtz and Penner, 1989; McCloskey and Cahalan, 1990), inositol-1,4,5-trisphosphate (Kurtz and Penner, 1989; McCloskey and Cahalan, 1990), or activation of protein kinase C (Fargon et al., 1990).

Inhibition of osteoclast activity by calcitonin involves the selective internalization of the apical plasma membrane ('ruffled border') (Baron et al., 1990). It is possible that G protein-mediated regulation of the inwardly rectifying K⁺ current results from redistribution of plasma membrane containing the K⁺ channels. However, endocytosis of plasma membrane seems unlikely, since whole-cell capacitance of

osteoclasts remained unchanged during GTP γ S-induced suppression of the K⁺ current. In addition, suppression of the K⁺ current was not dependent upon spreading, or possible stretching of the membrane, since GTP γ S reduced K⁺ current even in the presence of cytochalasin D, which blocked cell spreading.

Osteoclast spreading and inwardly rectifying K⁺ current are regulated by different types of G proteins

Whereas GTP γ S activates both large heterotrimeric and small monomeric G proteins, fluoroaluminate activates only the heterotrimeric type of GTP-binding protein (Kahn, 1991). We have shown that hydrolysis-resistant GTP analogues induce both spreading and suppression of the inwardly rectifying K⁺ current in osteoclasts. In contrast, although fluoroaluminate suppressed the K⁺ current, it did not induce spreading. These findings suggest that the inwardly rectifying K⁺ conductance is regulated by a heterotrimeric G protein, whereas actin-based lamellipodial spreading is regulated by a small molecular mass G protein. Thus, regulation of osteoclast motility and ion transport are regulated by different G protein-coupled pathways.

Small monomeric G proteins related to ras have been shown to be involved in regulating actin cytoskeleton in other cell types. Microinjection of rac into fibroblasts immediately induces F-actin accumulation in plasma membrane ruffles (Ridley et al., 1992), whereas rho induces the formation of stress fibers and focal adhesions (Ridley and Hall, 1992). Osteoclasts adhere to the extracellular matrix by F-actin-containing podosomes (Turksen et al., 1988; Lakkakorpi and Väänänen, 1991). Furthermore, osteoclast movement involves ruffling, as well as lamellipod extension and retraction. Our observation that small monomeric G proteins regulate lamellipod extension suggests an important role for these proteins in control of osteoclast motility, adhesion and chemotaxis, all of which are necessary for bone remodelling. In summary, osteoclast spreading and inwardly rectifying K⁺ current are regulated by different types of G proteins. In this study, GTP γ S activated both types of G proteins. However, under physiological conditions, these signalling pathways are likely to be regulated independently. The factors responsible for the physiological activation of these G proteins are yet to be determined.

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