A new model for random X chromosome inactivation

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X chromosome inactivation (XCI) reduces the number of actively transcribed X chromosomes to one per diploid set of autosomes, allowing for dosage equality between the sexes. In eutherians, the inactive X chromosome in XX females is randomly selected. The mechanisms for determining both how many X chromosomes are present and which to inactivate are unknown. To understand these mechanisms, researchers have created X chromosome mutations and transgenes. Here, we introduce a new model of X chromosome inactivation that aims to account for the findings in recent studies, to promote a re-interpretation of existing data and to direct future experiments.

Introduction

X chromosome inactivation (XCI) is a process by which mammals reduce the number of active X chromosomes to one per diploid set of autosomes, thereby allowing for dosage equality between the sexes. Normal female cells, with two X chromosomes, are where XCI is most commonly observed. However, it can take place in any cell, male or female, that has more than one X chromosome. During mouse embryogenesis, female cells undergo two separate XCI events. The first, imprinted XCI, is characterized by the inactivation of the paternal X chromosome (Xp) in all cells. In the late blastocyst, cells within the inner cell mass (ICM) reactivate the Xp before a second round of inactivation occurs, called random XCI (Mak et al., 2004; Okamoto et al., 2004). In random XCI, either the Xp or the maternal X chromosome (Xm) is subject to inactivation, and this stochastic choice appears to be made independently in each cell (Lyon, 1961). Once complete, the inactive chromosome is maintained as such throughout the cell lineage (Lyon, 1961). Thus, cells derived from progenitors with an inactive Xp will have an inactive Xp, and those derived from a cell that has an inactive Xm will maintain an inactive Xm. Because gene silencing that occurs from XCI is so stable, it is used as a paradigm for epigenetic gene regulation.

Random XCI can be thought of as occurring in four stages: initiation, spreading, maintenance and reactivation. During initiation, a cell determines how many X chromosomes need to be inactivated to achieve a ratio of one active X chromosome per diploid set of autosomes and identifies which specific chromosomes to inactivate. These processes are called counting and choice (see Glossary in Box 1 for more information). Once a chromosome is designated for inactivation, transcriptional silencing spreads, reducing the expression of almost all of its genes. The inactive status of an X chromosome is then maintained throughout the cell lineage with the exception of the primordial germ cells (PGCs), where it is reactivated by embryonic day (E) 12.5 (Chuva de Sousa Lopes et al., 2008; Kratzer and Chapman, 1981; Monk and McLaren, 1981). In these cells, the epigenetic marks established during XCI are erased and formerly inactivated genes are re-expressed.

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Box 1. A glossary of terms

Choice. The process a cell uses to determine which X chromosomes to inactivate. Failed or a skewed counting refers to when one X chromosome is inactivated more often than another. Skewing can result from failures that occur prior to XCI and, as such, they do not necessarily represent malfunctions in the choice mechanisms. Choice can only be observed if counting is successful and not bypassed by another mechanism.

Counting. The process by which a cell determines how many, if any, X chromosomes need to be inactivated to achieve a ratio of one active X chromosome per diploid set of autosomes. When a cell inactivates too many or too few X chromosomes, this is typically described as a defect in counting. However, failure to maintain the correct active X chromosome-to-autosome ratio might be due to problems at other stages in XCI, and might not necessarily represent a malfunction in the counting mechanisms.

X chromosome inactivation (XCI). A process by which cells with two X chromosomes inactivate one to produce the same number of active X chromosomes as male, XY, cells. In mice, two forms of XCI occur: imprinted and random. Imprinted XCI inactivates the paternal X chromosome (Xp) in all cells. Random XCI, which takes place in embryonic cells after the Xp chromosome is reactivated, inactivates either the paternal or the maternal X chromosome with equal frequency.

XCI initiation. The initial steps in XCI, consisting of counting, choice and the initial stages of reducing and preventing the transcription of genes on the X chromosome.

X inactivation center (XIC). A portion of the X chromosome believed to contain the elements required for counting, choice and the initiation of inactivation. XCI possibly originates from the XIC and spreads to the rest of the chromosome. Inactivation was originally proposed to spread from either a single locus or multiple loci (Russell, 1963), but later studies identified a single XIC within a 680-kb to 1.2-Mb region (Rastan, 1983; Brown et al., 1991b). Subsequent experiments show that a 450-kb portion of the XIC (Lee et al., 1996; Heard et al., 1999), and an even smaller 80-kb sequence that contains *Xist, Tsix* and *Xite* (Lee et al., 1999b; Tsai et al., 2008), can function as XICs in multicopy arrays. Transgenes used in these studies, however, might not capture all XCI initiation elements that are in the endogenous XIC (Heard et al., 1999; Chureau et al., 2002; Augui et al., 2007).

X0. A female genotype with only one X chromosome. X0 mice are viable, fertile and otherwise normal, whereas X0 humans are infertile and develop other health problems related to this genotype.

Since random XCI was first postulated in 1961, researchers have struggled to identify the mechanisms for counting and choice. The earliest information came from observations of X aneuploid cells and polyploid cells. Because cells with different autosomal ploidies had different numbers of active X chromosomes, the autosomes have been implicated in the counting process. For example, diploid cells almost always have a single active X chromosome, whereas tetraploid cells maintain two active X chromosomes. This led to the notion that a cell maintains one active X chromosome per diploid set of autosomes.

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More recent information about how cells count and choose active X chromosomes comes from studies in which sequences within the X inactivation center (XIC) were modified (see Glossary in Box 1). Most of the modifications affected expression of the non-coding RNAs *Xist* (Borsani et al., 1991; Brockdorff et al., 1991; Brown et al., 1991a) and *Tsix* (see Box 2 for more information) (Lee et al., 1999a). The *Xist* and *Tsix* genes are antisense to each other and are transcribed at low levels prior to XCI. However, during the initiation stage of XCI, *Xist* and *Tsix* assume opposite fates on the X chromosomes. *Xist* is upregulated and its RNA transcripts coat the entire inactive X (Xi) chromosome (Panning et al., 1997), Sheardown et al., 1997), while *Tsix* is repressed (Lee et al., 1999a). By contrast, increased levels of *Tsix* transcription repress *Xist* on the active X (Xa) chromosome (Lee et al., 1999a; Luikenhuis et al., 2001; Shibata and Lee, 2004).

Mutations within the XIC, in the form of large deletions or directed modifications to *Xist* or *Tsix*, can pre-determine which X chromosome is to be inactivated or can prevent XCI entirely. Thus, these mutations either directly affect counting and choice mechanisms or override them. Most experimental mutations are performed using mouse embryonic stem (ES) cells, which, when induced to differentiate, are thought to recreate random XCI, as seen in the developing embryo. Mutations in the XIC that either disrupt or bypass counting cause the X chromosome in male cells to be inactivated or prevent XCI in otherwise normal female cells. Mutations that only disrupt or bypass choice do not cause ectopic inactivation in male cells but, in cells with multiple X chromosomes, they ensure the inactivation of either the mutated X chromosome in all cells or the wild-type X chromosome in all cells.

In this Hypothesis article, we review the observations and experiments that shed light on the underlying mechanisms for counting and choice. We then describe the models of XCI that have been developed to interpret these data (Figs 1, 2) and discuss experimental results that they do not account for. Finally, we present our own model, which aims to also account for a number of published experimental results that are not incorporated into these other models. It is our hope that this new model will inspire a reinterpretation of XCI data, as well as future experiments and additional models.

Box 2. X-linked factors involved in X chromosome inactivation

Xist. A non-coding RNA. The Xist gene is located on the X chromosome (Brown et al., 1991a; Borsani et al., 1991; Brockdorff et al., 1991) and is upregulated on the future inactive X (Xi) chromosome when random X chromosome inactivation (XCI) initiates (Heard et al., 1996; Heard et al., 1999). Once upregulated, *Xist* coats the entire Xi chromosome (Panning et al., 1997; Sheardown et al., 1997).

Tsix. A non-coding RNA. Its gene is antisense to, and overlaps with, the *Xist* gene (Lee et al., 1999a). *Tsix* transcription across *Xist* is thought to repress *Xist* upregulation and XCI initiation. The future Xi chromosome downregulates *Tsix* and upregulates *Xist*. The future active X chromosome downregulates *Xist* and sustains *Tsix* transcription.

Xite. A non-coding RNA. Its gene contains an enhancer for *Tsix* that sustains its expression during differentiation (Stavropoulos et al., 2005).

Xpr. The X chromosome-pairing region. An X-linked region that lies 200-kb upstream from *Xist* and is involved in X chromosome pairing prior to XCI (Augui et al., 2007).

What we know about counting, choice and the loci involved

Early evidence of the occurrence of counting during random XCI indicated that autosomes play a role in this process (Lyon, 1972). This conclusion came from the number of Xa chromosomes that are observed in cells with different autosomal ploidies (see Table 1). In general, the more sets of autosomes that are present in a cell, the more Xa chromosomes it will contain. For example, diploid mouse cells maintain one active X chromosome after random XCI, whereas tetraploid cells maintain two active X chromosomes. The difference in the number of Xa chromosomes between diploid, triploid and tetraploid cells indicates that the autosomal ploidy affects counting. Human diploid cells can inactivate up to four X chromosomes in order to create a ratio of one active X chromosome per diploid set of autosomes (Gartler et al., 2006; Grumbach et al., 1963). Although it is not known how autosomes influence counting, one common idea is that they produce trans-acting signals that interact with the X chromosomes.

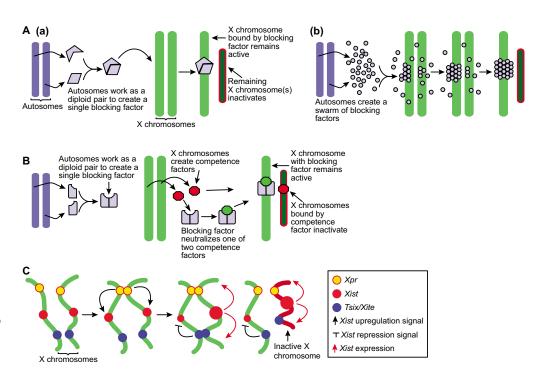
When considering the data presented in Table 1, it is important to understand that secondary cell selection can affect these results and their interpretation. For example, it is possible that a subpopulation of cells in the embryo fail to execute XCI properly and inactivate too many or too few X chromosomes. These cells would be selected against, making them difficult to detect. Takagi and colleagues have shown that cell selection is a significant force in the long-term phenotype of mouse embryos following random XCI (Takagi et al., 2002). Data from Monkhorst et al. also support this conclusion (Monkhorst et al., 2008). They examined diploid XX mouse ES cells 3, 5 and 7 days after the induction of differentiation, and observed all possible XCI combinations, from no Xa chromosome to two Xa chromosomes being present, at all time points. However, the percentage of cells with unconventional XCI patterns decreased over time, demonstrating that these cells were selected against or had modified their inactivation pattern.

It is generally accepted that random XCI initiates from a single region on the X chromosome rather than from multiple regions. Intuitively, this was thought to be the case because XCI is not heterogeneous in the sense of one X chromosome having a mosaic pattern of active and inactive regions that are complementary to the other X chromosome (Gartler and Riggs, 1983). This was later confirmed by translocation studies in both mice and humans (Brown et al., 1991b; Rastan, 1983). The single region on the X chromosome that is responsible for initiating random XCI is called the X chromosome inactivation center (XIC; see Glossary, Box 1). Since the identification of the XIC, there have been many deletion and sequence replacement studies that have aimed to identify the internal elements that directly affect counting or choice (Fig. 3; Tables 2, 3).

In one of the earliest X chromosome deletions, $X^{\Delta65kb}$ (del-pBA X) (Clerc and Avner, 1998; Morey et al., 2004), a region from the 3' *Xist* exons to the 3' end of *Chic1*, was removed (see Fig. 3). All X chromosomes with this deletion, including those in $X^{\Delta65kb}$:X, $X^{\Delta65kb}$:0 (X0; see Glossary, Box 1), and $X^{\Delta65kb}$:Y ES cells, become inactivated after differentiation. The inactivation of the $X^{\Delta65kb}$ chromosome in $X^{\Delta65kb}$:X and $X^{\Delta65kb}$:Y ES cells was assessed by the appearance of *Xist* coating and by the failure for RNA-FISH (fluorescent in situ hybridization) probes to bind to *Mecp2* (methyl CpG binding protein 2) and *Chic1* (cysteine-rich hydrophobic domain 1) transcripts, both X-linked genes. This indicates that the $X^{\Delta65kb}$ deletion disrupts or bypasses counting, as the single X chromosome was inactivated in $X^{\Delta65kb}$:X cells always inactivate the mutant

Fig. 1. Three models of X chromosome inactivation.

(A) The blocking factor model. (a) Diploid autosomes work together to create a single blocking factor (blue shape), which can bind to only one X chromosome, preventing it from inactivating. (b) Nicodemi and Prisco used computer simulations to show that if the autosomes produce a swarm of blocking factors (blue dots) that can bind to each other and to the X chromosome, then all of the blocking factor molecules will accumulate on a single X. (B) The two factor model. Autosomes produce blocking factors and X chromosomes produce transacting competence factors (red shape). Blocking factors bind to competence factors with a two to one stoichiometry and then bind to one X chromosome; the remaining competence factor binds to the other X, which



inactivates. (**C**) The sensing and choice model. After cells start to differentiate, the two *Xpr* regions (yellow) pair and upregulate *Xist* (red) on both X chromosmes. The *Tsix/Xite* region (blue) pairs and chooses which chromosome to inactivate, and represses *Xist* on the other. The X chromosome that represses *Xist* remains active (green), and the other becomes inactive (red).

chromosome. The results from the $X^{\Delta 65kb}$:0 and $X^{\Delta 65kb}$:Y cells suggest that this region contains elements that prevent or repress ectopic XCI.

To refine the XIC region that affects counting and choice, researchers systematically re-introduced genomic fragments into the 65-kb deletion. The first modification, $X^{\Delta 65kb+16kb}$, returned 16 kb, including the 3' *Xist* exons and *Tsix*, but not *Xite*, to the $X^{\Delta 65kb}$ deletion (see Fig. 3) (Morey et al., 2001). $X^{\Delta 65kb+16kb}$:X ES cells preferentially inactivate the mutant chromosomes, indicating that choice remains disrupted in these cells. Because only $X^{\Delta 65kb+16kb}$:X cells were examined, it is not clear whether this insertion restores counting. However, once 37 kb was added back to the original deletion, $X^{\Delta 65kb+37kb}$ (Morey et al., 2004), returning both *Tsix* and *Xite* to the mutant X chromosome (see Fig. 3), normal counting was observed in $X^{\Delta 65kb+37kb}$:0 ES cells. These results indicate that the 37-kb region between the 3' *Xist* exons and the start of the *Xite* gene contains elements that prevent ectopic XCI.

There is controversy over whether eliminating antisense *Tsix* transcription through the Xist locus influences or bypasses counting. For example, one mutation, X^{Tsix stop} (Ma2L), which inserts a transcriptional stop signal into Tsix before it overlaps with Xist (see Fig. 3), has been reported to cause both low (Luikenhuis et al., 2001) and high (Vigneau et al., 2006) levels of ectopic XCI in male ES cells. Furthermore, Vigneau and colleagues published results from two additional XIC modifications, $X^{\Delta DXPas34}$ ($\Delta 34$) and $X^{Tsix\Delta major}$ (Δ AV) (see Fig. 3), which reduce or eliminate *Tsix* transcription before the RNA polymerase enters the 3' Xist exon on the antisense strand. The $X^{\Delta D X P a s 34}$ deletion removes the *DXPas34* fragment, a 1.6-kb CG-rich tandem repeat within *Tsix*. The $X^{Tsix\Delta major}$ deletion removes the DXPas34 fragment and the major promoter of Tsix. Vigneau et al. reported that mutant X chromosomes that carry either deletion in male ES cells inactivated after differentiation (Vigneau et al., 2006). In contrast to these experiments, there are two separate

Tsix mutations that prevent or severely reduce transcription across *Xist*, but do not affect counting. Neither the X^{Tsix} IRES[§]geo mutant (*Tsix*^{AA2Δ1.7}, $\Delta Tsix$) (Ohhata et al., 2006; Sado et al., 2001), which replaces the second exon of *Tsix* after the major promoter with an IRES[§]geo cassette (see Fig. 3), nor the $X^{Tsix\Delta CpG}$ mutant (Lee, 2005; Lee and Lu, 1999), which replaces the major promoter of *Tsix*, the following exon, and the *DXPas34* region with a *Pgk-neo* cassette (see Fig. 3), caused inactivation in male embryos. The results of Ohhata et al. are particularly compelling because they were derived from embryos that carried the *Tsix* mutation. However, more work needs to be done to resolve this issue.

Some of the most interesting data has come from Jeanie Lee's homozygous $X^{Tsix\Delta CpG}$ ES cells (see Fig. 3) (Lee, 2005). After differentiation, $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$ cells appear to assume one of three XCI patterns. Some cells execute XCI normally and have one active X chromosome; the remaining cells either inactivate both X chromosomes or have two active chromosomes. The cells with one inactive X chromosome appear to undergo random XCI with unbiased choice.

There have also been several mutations within the XIC that affect *Xist* transcription. Penny and colleagues created $X^{Xist\Delta promoter}$ mutant chromosomes (see Fig. 3) by replacing the *Xist* promoter sequence with a *Pgk-neo* gene (Penny et al., 1996), which prevented all *Xist* transcription. In $X^{Xist\Delta promoter}$:X ES and chimeric embryonic cells only the wild-type X chromosome is inactivated. In order to compare the role of the *Xist* promoter sequence with that of *Xist* transcription in promoting gene silencing, Marahrens et al. created $X^{Xist\Delta 1-5}$, in which the first five *Xist* exons were replaced with a *neo* gene while the promoter sequence was left intact and functional (see Fig. 3) (Marahrens et al., 1997). In $X^{Xist\Delta 1-5}$:X mice, only the wild-type X chromosome inactivates, and in $X^{Xist\Delta 1-5}$:Y and $X^{Xist\Delta 1-5}$:O mice, ectopic XCI is not observed. Most recently, Monkhorst and colleagues removed *Xist*, *Tsix* and

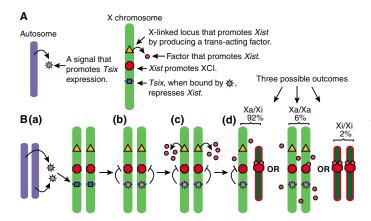


Fig. 2. Stochastic model of X chromosome inactivation. (A) The various components of the stochastic model. (B,a) Prior to cell differentiation, the stochastic model proposes that the autosomes produce a trans-acting factor (purple stars) that induces Tsix expression on both X chromosomes (blue shape). (b) Tsix, when bound by autosomal trans-acting factors, represses Xist transcription (red shape). (c) After differentiation, an X-linked locus (yellow triangle) produces a trans-acting factor (red circles) that attempts to upregulate Xist. (d) Competition between Tsix- and Xist-promoting factors creates a probability for each X chromosome to inactivate. Cells that do not inactivate either X chromosome will continue to produce the factor that promotes Xist upregulation in subsequent cell cycles. Cells that inactivate both X chromosomes will either die, or reactivate one. The percentages shown here reflect the proportions of each XCI configuration observed 7 days after differentiation. Xa, active X chromosome; Xi, inactive X chromosome.

Xite from the X chromosome, producing the $X^{\Delta XTX}$ mutation (see Fig. 3) (Monkhorst et al., 2008). They then examined the influence of this mutation in $X^{\Delta XTX}$:X ES cells, as well as in $X^{\Delta XTX}$:X and $X^{\Delta XTX}$:Y mice. In all cells examined, the mutant remained active and the wild-type X chromosome became inactive after random XCI, showing that choice is either disrupted or bypassed by this deletion.

In addition to the XIC mutations that aim to eliminate *Xist, Tsix* and *Xite* transcription, there have also been experiments that have increased the expression or dosage of these genes. Mutations that increase *Xist* transcription cause the X chromosomes with these mutations to be preferentially inactivated (Nesterova et al., 2003). By contrast, mutations that increase *Tsix* transcription prevent XCI on the mutant chromosome (Luikenhuis et al., 2001). Using a multicopy transgene approach, Lee performed experiments to increase the dosage of *Tsix* and of *Xite*. The 5' end of *Tsix*, or a large *Xite* fragment, when present on an autosome in multiple copies could prevent XCI (Lee, 2005); in female ES cells, both X chromosomes remained active after differentiation. Because these transgenes were inserted into autosomes, it is possible that they titrate trans-acting XCI signals.

Recent publications have described that pairing between X chromosomes takes place before XCI (Augui et al., 2007; Bacher et al., 2006; Xu et al., 2006). Pairing between the *Tsix/Xite* region was observed first (Bacher et al., 2006; Xu et al., 2006), followed by the identification of a region that is 200-kb upstream from *Xist*, called *Xpr* (see Box 2), which pairs slightly earlier, after ES cells begin to differentiate (Augui et al., 2007). X chromosome pairing at the *Tsix/Xite* region is not observed in $X^{\Delta 65kb}$:X or in $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$ ES cells (Bacher et al., 2006; Xu et al., 2006).

Interestingly, $X^{Tsix\Delta CpG}$:X and $X^{\Delta Xite}$:X ES cells show pairing at the *Tsix/Xite* region (Xu et al., 2006), as do $X^{\Delta 65kb+16kb}$:X ES cells. Although it is not known how $X^{Tsix\Delta CpG}$:X pair when $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$, $X^{\Delta 65kb+16kb}$:X and $X^{\Delta 65kb+16kb}$:X cells suggest pairing elements exist within and upstream of *Tsix*. Xu et al. suggest that Ctcf (CCCTC-binding factor) binding to sites within *Tsix* and *Xite* mediate pairing by attracting the Ctcf DNA-binding protein, and additional unknown binding proteins, to the region. The *Xpr* region has been shown recently to pair as an ectopic, single-copy transgene (Augui et al., 2007). Xu et al. and Augui et al. speculate that pairing at the *Tsix/Xite* region is part of the mechanism for choice. Augui et al. have also hypothesized that *Xpr* pairing is involved in determining the total number of X chromosomes in the cell.

Current models for XCI counting and choice Blocking factor models

Blocking factor models consist of a single signal molecule, or blocking factor (BF), that can prevent XCI on one X chromosome by stabilizing it in a transcriptionally active state (Fig. 1A) (Lyon, 1971). Any remaining X chromosomes inactivate because their active state degrades. BF is thought to be synthesized jointly by the autosomes because of the observation that autosome ploidy affects the number of X chromosomes that remain active.

Recently, Nicodemin and Prisco published a theory on how autosomes could produce a single BF in a way that was resilient to stochastic fluctuations in gene expression (Nicodemi and Prisco, 2007a; Nicodemi and Prisco, 2007b) (Fig. 1A, part b). Instead of hypothesizing that a single molecule acts as a BF, Nicodemi and Prisco proposed that numerous molecules, which can bind both to each other and to certain regions within the XIC, form a compound BF. By binding to each other, the molecules transition from a diffuse cluster to a single compound molecule. This model relies on X chromosome pairing (Bacher et al., 2006; Xu et al., 2006) in order for the diffuse molecules to form the BF within the amount of time required for XCI.

Blocking factor models, however, do not account for the normal counting that is seen in the following transgenic ES cell lines and mice: $X^{Xist\Delta 1-5}$:X, $X^{Xist\Delta promoter}$:X and $X^{\Delta XTX}$:X. The $X^{Xist\Delta 1-5}$, $X^{Xist\Delta promoter}$ and $X^{\Delta XTX}$ mutations, which prevent the mutant X chromosome from inactivating, only eliminate possible binding sites for BF, they do not increase their number. Given these mutations, one would expect the BF to bind to the wild-type X chromosome in at least 50% of the cells. Thus, at least half of the cells should maintain two active X chromosomes, the wild-type X chromosome, which stays active because it was bound by BF, and the mutant X chromosome, because it lacks *Xist* transcription and does not inactivate, but this is not observed (Marahrens et al., 1997; Monkhorst et al., 2008; Penny et al., 1996).

The two-factor model

The two-factor model (Fig. 1B) was originally proposed by Gartler and Riggs (Gartler and Riggs, 1983) and later adopted by Lee to interpret XCI experiments (Lee, 2005; Lee and Lu, 1999). This model relies on a BF that prevents XCI, as well as on a competence factor, C, that initiates XCI. Cells start with two competence factors, produced by the X chromosomes, that function in trans. One C, however, is neutralized by the BF. According to this model, each X chromosome binds either BF, to remain active, or C, to initiate XCI, in a mutually exclusive way (Lee, 2005). Mutually exclusive binding is proposed to be mediated by pairing in the *Tsix/Xite* region,

Sex chromosomes	Total number of Xs						
		0	1	2	3	4	References
Diploid							
XY	1	0% (0)	100% (229)	_	-	-	Webb et al., 1992
ХХ	2	0% (0)	87.8% (547)	12.2% (76)	-	-	Webb et al., 1992
хх	2	0% (0)	85.9% (691)	14.1% (113)	-	_	Speirs et al., 1990
XX	2	2% (3)	92% (154)	6% (10)	_	_	Monkhorst et al., 2008
Triploid							
XXY	2	0% (0)	66.5% (123)	33.5% (62)	-	-	Endo et al., 1982
XXY	2	0% (0)	82.9% (485)	17.1% (100)	-	-	Speirs et al., 1990
XXX	3	0% (0)	70.6% (332)	29.4% (138)	0% (0)	-	Endo et al., 1982
XXX	3	0% (0)	91.7% (676)	4.1% (30)	4.2% (31)	-	Speirs et al., 1990
Tetraploid							
XXYY	2	0% (0)	1.8% (2)	98.2% (110)	_	-	Webb et al., 1992
XXYY	2	0% (0)	0.4% (3)	99.6% (672)	-	-	Monkhorst et al., 2008
XXXY	3	0.5% (3)	6.6% (39)	84.7% (502)	8.3% (49)	_	Monkhorst et al., 2008
XXXX	4	0% (0)	0% (0)	90.7% (97)	2.8% (3)	6.5% (7)	Webb et al., 1992
XXXX	4	1.3% (8)	10.5% (63)	63.6% (383)	20.3% (122)	4.3% (26)	Monkhorst et al., 2008

Table 1. Counting observed in mouse cells

Except for the data from Monkhorst et al. (Monkhorst et al., 2008), which uses ES cells, data are taken from embryonic mouse cells after random XCI. The data from Monkhorst et al. (Monkhorst et al., 2008) are taken 7 days after induced differentiation. Summed percentages that exceed 100 are due to rounding. –, not applicable.

and mutations that disrupt this pairing are thought to allow both BF and C to bind to the same chromosome (Lee, 2005; Xu et al., 2007; Xu et al., 2006).

One problem with this model is that it does not account for the $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$ ES cell data in which antisense Tsix transcription across Xist is severely reduced on both X chromosomes. $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$ mutants produce three different cell populations: one with normal XCI, a second in which both X chromosomes remain active, and a third in which both X chromosomes become inactive. The two-factor model, however, can only predict two of the three outcomes. In an $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$ cell, one possibility is that BF binds to one X chromosome and C binds to the other, just like in a wild-type cell. This would result in normal XCI, and this is seen in a fraction of the mutant ES cells after differentiation. The other possibility is that both BF and C bind to the same X chromosome and nothing binds to the other. In this case, both chromosomes may remain active, or both may inactivate, but the model cannot account for the two different outcomes occurring simultaneously, as is seen in Fig. 4.

The two-factor model needs to provide more details about how BF and C bind to X chromosomes. Without knowing how BF and C bind to X chromosomes, it is unclear how this model accounts for the $X^{Teix\Delta CpG}$:X ES cell data. In these cells, the chromosomes pair and the mutant X chromosome is always chosen for inactivation (Lee and Lu, 1999; Xu et al., 2006). With pairing, the two-factor model predicts that the BF will bind to one X chromosome and C will to bind to the other, but it is currently unknown why C would never bind to and inactivate the wild-type X chromosome, even though it contains all of the necessary binding sites.

The two-factor model also needs to explain how BF and C are produced in quantities that prevent stochastic variations in their levels from resulting in ectopic XCI in XY and X0 cells, or a lack of XCI in XX cells. Small and biologically plausible fluctuations in either BF or C concentrations could cause XY and X0 cells to have more C than BF, increasing the likelihood of ectopic XCI occurring, similar to that seen in $X^{\Delta65kb}$:0 and $X^{\Delta65kb}$:Y ES cells. Likewise, XX cells might produce only one C molecule, which is then neutralized by BF, and then fail to undergo XCI entirely. The two-factor model also needs to explain why, in XY and X0 cells, C is always neutralized by BF before it binds to the X chromosome. One would expect the transformation of C into BF to fail from time to time, resulting in ectopic XCI.

The sensing and choice model

Because XIC transgene experiments have not identified a region that could affect XCI when only a single copy was present, Augui and colleagues searched for elements other than Xist, Tsix and Xite that were crucial for XIC function. They identified a region 200-kb upstream from *Xist* that paired in ES cells very early after they started to differentiate. Augui et al. named this region the X-pairing region, Xpr, and showed that a single ectopic copy could pair with the endogenous region on the X chromosome (Augui et al., 2007). They also observed a significant proportion of XX+Xpr transgene cells in which more Xist accumulated around the X chromosomes prior to differentiation and at a higher frequency after differentiation than in the parental cell line without the transgene, indicating that it may have a role in initiating XCI. Furthermore, Augui et al. were unable to create an XY cell line with the Xpr transgene stably integrated, and they suggest that this is due to ectopic XCI and to selection against these cells. In order to account for their findings, Augui and colleagues developed the sensing and choice model.

In the sensing and choice model (Fig. 1C), ordered interactions are proposed to occur between the *Xpr* loci and the *Tsix/Xite* loci to regulate the opposing *Xist* expression patterns on the X chromosomes. In the first step of this model, called sensing (defined as counting the number of X chromosomes in the cell), the *Xpr* regions pair and upregulate *Xist* on both X chromosomes. Counting and choice are established in the second step, when *Tsix/Xite* loci pair and repress one of the two *Xist* genes. *Tsix/Xite* pairing is considered to be crucial for the repression of *Xist*, and without it, as would be the case in an XY cell that contains the *Xpr* transgene, Augui et al. suggest that ectopic XCI would occur.

The sensing and choice model is unique in that it takes advantage of an additional pairing step not used in any other model to explain the underlying mechanisms for XCI initiation. However, this model has difficulty explaining the results from

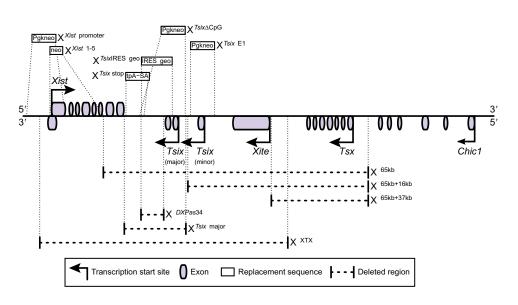


Fig. 3. Part of the mouse X chromosome inactivation center and sequence replacements and deletions within it. Sequences used to replace portions of the XIC are shown above the diagram, which shows their relative locations. The effects of these replacements are listed in Table 3. Below the diagram, the dotted lines show XIC regions that have been deleted. The effects of these deletions are listed in Table 2.

 $X^{\Delta 65kb}$:X cells. In these cells, the *Tsix/Xite* locus is missing from the mutant X chromosome and, thus, cannot pair with the wildtype X chromosome. The sensing and choice model predicts that both the $X^{\Delta 65kb}$ and wild-type X chromosomes would inactivate for the same reasons that it predicts inactivation in XY+*Xpr* transgene cells. This is because the single *Tsix/Xite* locus on the wild-type X chromosome would not pair and extinguish *Xist*. This is in contrast to the data, which show that only the $X^{\Delta 65kb}$ chromosome accumulates *Xist* and inactivates, while the wildtype X chromosome remains active.

The stochastic model

Monkhorst and colleagues proposed the stochastic model (Fig. 2) in order to account for the various XCI patterns that they and others observed in cells with different autosomal ploidies (see Table 1) (Monkhorst et al., 2008). Although there are clear trends in the data that support the rule of one active X chromosome per diploid set of autosomes, diploid and tetraploid cells occasionally deviate from it by inactivating too many or too few X chromosomes. Monkhorst et al. suggest that the deviations in observed counting result from each X chromosome having an independent probability to initiate XCI within a certain timeframe.

The stochastic model starts with a trans-acting factor created by the autosomes that promotes *Tsix* expression (Fig. 2A). Once the cells begin to differentiate, an unknown X-linked gene produces a trans-acting factor that promotes *Xist*. The probability for XCI to initiate then depends on the nuclear concentration of the factors that promote Xist and Tsix transcription, through the stochastic initiation of Xist and Tsix transcription, respectively. If the concentration of the Xist-promoting factor is sufficient, cells create a chance for Xist to accumulate and initiate XCI, thereby silencing Tsix and X-linked genes in cis (including the Xist-promoting factor).

Although the stochastic model accounts for variation in XCI patterns in wild-type cells and for the data gathered from a large number of the XCI mutations, it does not account for the results from transgenic $X^{Tsix\Delta CpG}$:Y, $X^{Tsix\Delta CpG}$:0 (Lee, 2005) and $X^{Tsix IRES\betageo}$:Y (Ohhata et al., 2006) ES cells and mice. Experiments with these cells report that drastically reduced amounts of *Tsix* transcription across *Xist* occur. Under these conditions, the stochastic model predicts that the probability of initiating XCI would be increased, as has been found for other *Tsix* truncations or deletions (Luikenhuis et al., 2001; Vigneau et al., 2006). However, the results from these experiments show that *Tsix* may not be the only repressor of *Xist* because mutant X chromosomes do not initiate XCI any more often than do wild-type XY and X0 cells.

A novel feedback model

We have developed a novel model, called the feedback model, which combines aspects of older models and takes into account implications of recent XCI data. Our intention is to develop a model that can account for the results of experiments that have studied XCI in $X^{\Delta XTX}$:X, $X^{\Delta 65kb}$:X, $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$:Y, $X^{Tsix\Delta CpG}$:O and X^{Tsix} IRES β geo:Y ES cells and mice, because no one model has accomplished this as yet. The feedback model consists of three

Table 2. Deletions within the mouse X chromosome inactivation center and their influence on random X chromosome inactivation

Mutant genotype	Observed counting	Observed choice	Tsix/Xite pairing	References Clerc and Avner, 1998; Bacher et al., 2006	
X ^{∆65kb} :X	Normal	Skewed	Failed		
X ^{∆65kb} :0	Failed	-	-	Clerc and Avner, 1998	
X ^{∆65kb} :Y	Failed	-	-	Morey et al., 2004	
X ^{∆65kb+16kb} :X	Normal	Skewed	Normal	Morey et al., 2001; Bacher et al., 2006	
X ^{∆65kb+37kb} :0	Normal	-	-	Morey et al., 2004	
X ^{∆DXPas34} :Y	Failed (in a small percentage of cells)	-	-	Vigneau et al., 2006	
X ^{Tsix∆major} :Y	Failed	-	-	Vigneau et al., 2006	
$X^{\Delta Xite}:X$	Normal	Skewed	Normal	Ogawa and Lee, 2003; Xu et al., 2006	
$X^{\Delta X \top X}:X$	Normal	Skewed	-	Monkhorst et al., 2008	
$X^{\Delta XTX}$:Y	Normal	-	-	Monkhorst et al., 2008	

, not applicable (choice) or not determined (pairing).

Mutant genotype	Observed counting	Observed choice	Tsix/Xite pairing	References
X ^{Xist∆promoter} :X	Normal	Skewed	_	Penny et al., 1996
$X^{Xist\Delta 1-5}:X$	Normal	Skewed	_	Marahrens et al., 1997
X ^{Xist∆1-5} :0	Normal	-	-	Marahrens et al., 1997
$X^{Xist\Delta 1-5}$:Y	Normal	-	-	Marahrens et al., 1997
X ^{Tsix∆CpG} :X	Normal	Skewed	Normal	Lee and Lu, 1999; Xu et al., 2006
X ^{Tsix∆CpG} :0	Normal	-	-	Lee, 2005
X [™] ix∆CpG:Y	Normal	-	-	Lee and Lu, 1999; Lee, 2005
$X^{Tsix\Delta CpG}: X^{Tsix\Delta CpG}$	Chaotic	-	Failed	Lee, 2005; Xu et al., 2006
X ^{Tsix∆E1} :X	Normal	Normal	-	Sado et al., 2001
X ^{Tsix∆E1} :Y	Normal	-	-	Sado et al., 2001
X ^{Tsix IRESβgeo} :X	Normal	Skewed	-	Sado et al., 2001; Ohhata et al., 2006
X ^{Tsix} IRESβgeo:Y	Normal	-	-	Sado et al., 2001; Ohhata et al., 2006
X ^{Tsix stop} :X	Normal	Skewed	-	Luikenhuis et al., 2001
X ^{Tsix stop} :Y	Failed	-	-	Luikenhuis et al., 2001; Vigneau et al., 2006

Table 3. Sequence replacements within the mouse X chromosome inactivation center and their affects on random X chromosome inactivation

major components (Fig. 5): a signaling feedback loop, a mechanism for choice, and a description of X-linked loci that directly affect XCI initiation.

A signaling feedback loop

The first component of the model is a signaling feedback loop between the autosomes and the X chromosomes, which allows the cell to iteratively inactivate the appropriate number of X chromosomes. Lyon first described this type of feedback loop in

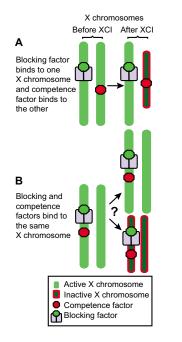


Fig. 4. A problem with the two factor model. After XCI,

 $X^{\overline{5ix\Delta CpG}}$: $X^{\overline{5ix\Delta CpG}}$ ES cells make three cell populations: one with a single active X (Xa) chromosome and a single inactive X (Xi) chromosome; one with two Xa chromosomes; and one with two Xi chromosomes. (**A**) Cells with normal XCI result from blocking factor (BF) binding to one X chromosome and the competence factor (C) binding to the other. (**B**) Cells with two Xa chromosomes and two Xi chromosomes result from BF and C binding to the same X chromosome. However, it is not clear how having both BF and C bound to a single X chromosome results in these two different populations of cells. 1971 (Lyon, 1971; Lyon, 1972). It begins with X chromosomes producing a trans-acting signal that indicates that they are active, called A (Fig. 5A,B part a). After receptors or binding sites on the autosomes are saturated by A, they respond by producing transacting signals, I, that promote the inactivation of one of the two X chromosomes (Fig. 5A,B parts b,c). Once one X chromosome is inactivated, the level of A is reduced by half and can no longer saturate the binding sites on the autosomes, shutting off the production of I and leaving the remaining X chromosome in an active state (Fig. 5B part c). Evidence for the existence of the I signal comes from the observation that autosomal ploidy affects counting. Furthermore, studies of aneuploid cells in humans indicate that the autosomal component in any XCI model is likely to be derived from more than one type of autosome (Migeon et al., 2008). This implies that A may be made of several factors or non-coding RNAs.

Both Monkhorst et al. and Augui et al. have provided indirect evidence for the A signal. Monkhorst et al. observed the speed at which XCI takes place correlates with the number of X chromosomes in a cell, and that there is a decrease in the probability of XCI occurring in cells with fewer X chromosomes (Monkhorst et al., 2008). Both observations could be interpreted as being the result of modulating the concentration of A. With more X chromosomes, the concentration of A is increased, which in turn will ensure that the autosomes will be saturated by this signal and produce I; with fewer X chromosomes, the production of I is lowered because of a reduction in A. Additionally, when the Xpr is inserted into an autosome as an ectopic single-copy transgene, it can increase the rate of XCI and cause ectopic increases in Xist expression and Xist accumulation on the X chromosome in male cells (Augui et al., 2007). These hallmarks of random XCI indicate that two copies of this region can promote inactivation in a way that is postulated by the A signal.

A mechanism for choice

The second component uses Nicodemi and Prisco's theory (Nicodemi and Prisco, 2007a; Nicodemi and Prisco, 2007b) to determine how I binds to one of two X chromosomes. However, instead of a diffuse signal that forms a compound BF, we propose that it induces XCI. Thus, I begins as a swarm of molecules that can bind to each other and to key sites on the X chromosomes (Fig. 5B). By pairing together, the X chromosomes concentrate I, allowing a critical mass to bind to a single X chromosome in a sufficiently short amount of time. Once a binding threshold is met, cooperative-like

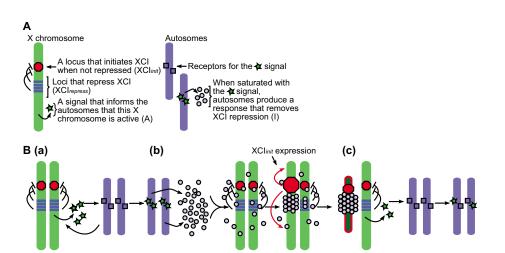


Fig. 5. The feedback model of X chromosome inactivation. (A) A description of the components required for the model. (B,a) The active X chromosomes produce a trans-acting signal, A, that saturates specific sites on the autosomes. (b) Once saturated, the autosomes produce a swarm of inactivation signals, I. These signals bind to each other and to XCI inhibitors on the X chromosomes. Once all of the XCI inhibitors on an X chromosome are sufficiently bound by I, the XCI initiator induces inactivation. (c) With only one active X chromosome producing A, the autosomes are no longer saturated with A and stop producing I.

binding causes all of the remaining I to bind to the same X chromosome. The result is that one X chromosome binds all of the I signal and the other does not bind any of it.

X-linked loci that directly influence XCI initiation

The third component of the feedback model consists of specifying, in general terms, at least one locus within the XIC that initiates X inactivation, XCI_{init}, and several loci that repress the activity of the XCI_{init} locus, XCI_{repress} (Fig. 5A). One candidate for the XCI_{init} locus is *Xist* because it is expressed early during XCI initiation and coats the entire X chromosome that becomes inactivated. Reasonable candidate XCI_{repress} loci are both *Tsix* and *Xite* (Lee, 2005; Lee et al., 1999a; Lee and Lu, 1999; Ogawa and Lee, 2003; Sado et al., 2001). In XY ES cells and male mice, deleting *Tsix* (Lee and Lu, 1999) or *Xite* (Ogawa and Lee, 2003) does not result in XCI; however, the single X chromosome undergoes XCI when both *Tsix* and *Xite* are removed (Clerc and Avner, 1998). Furthermore, the overexpression of *Tsix* (Luikenhuis et al., 2001; Stavropoulos et al., 2005) inhibits XCI, as do multicopy transgenes that contain *Tsix* and *Xite* (Lee, 2005).

In the feedback model, an X chromosome inactivates when the effects of all the XCI_{repress} loci over the XCI_{init} locus are removed (Fig. 6). This can be due to XCI_{repress} loci being bound by the I signal, or to deletions that remove $XCI_{repress}$ loci or other mutations that prevent XCI_{repress} from functioning normally. Because the model assumes that there are multiple $XCI_{repress}$ loci in each XIC, the deletion or mutation of only one will predispose that X chromosome to inactivation, as it would require less I signal to inhibit the remaining $XCI_{repress}$ loci in a single XIC would ensure the inactivation of that X chromosome, even in cells with only one X chromosome.

The feedback loop between X chromosomes and autosomes can reproduce the counting that takes place in normal cells, and in cells with unusual numbers of X chromosomes and autosome ploidy. Male cells, for example, with only one X chromosome cannot create enough of the initial A signal to invoke inactivation. In diploid cells with more than two X chromosomes, the signaling feedback loop inactivates all but one X chromosome because the autosomes would continue to be saturated with A until only one X chromosome remained active. In polyploid cells, the additional autosomes would require more A before producing I in sufficient quantities to inactivate an X chromosome, thereby allowing more Xs to remain active. Thus, the feedback model can reproduce the counting that takes place in normal, X chromosome aneuploid and polyploid cells.

The feedback model explains the results from the $X^{\Delta 65kb}$, $X^{\Delta 65kb+16kb}$, and $X^{\Delta 65kb+37kb}$ deletions. The $X^{\Delta 65kb}$ deletion, which removes both Tsix and Xite and causes the mutant X chromosome to inactivate in all cells, potentially removes all of the XCI_{repress} loci. Thus, one would expect the XCI_{init} locus to act in an uninhibited way and to inactivate the X chromosome, regardless of the number of other active or inactive X chromosomes present in the cell (Fig. 6). The $X^{\Delta 65kb+16kb}$ deletion, which removes only one $XCI_{repress}$ locus, Xite, but not Tsix, does not cause a failure in counting, but does cause the mutant X chromosome to inactivate in $X^{\Delta 65kb+16kb}$:X ES cells. Under the feedback model, removing only one XCI_{repress} locus from the mutant X chromosome would only skew choice towards inactivating the mutant, it would leave counting unchanged (Fig. 6). This is because at least one other XCI_{repress} locus would inhibit ectopic XCI, allowing for proper counting, but the reduction of overall repression would limit the amount of the I signal required to inactivate the mutant X chromosome. The $X^{\Delta 65kb+37kb}$ deletion, which does not remove either Tsix or Xite from the mutant X chromosome, does not disrupt counting or choice. The feedback model would interpret these results as suggesting that the $X^{\Delta 65kb+37kb}$ deletion leaves all XCI_{repress} loci intact.

The feedback model can also explain the chaotic counting that is observed in $X^{Tsix\Delta CpG}$: $X^{Tsix\Delta CpG}$ ES cells. In mutant cells in which both X chromosomes remain active, neither X is bound by sufficient quantities of the I signal to inactivate because the X chromosomes did not pair. Cells with one or two inactive X chromosomes result from the reduction of *Tsix* transcription across *Xist*. Because *Tsix* transcription can repress *Xist* transcription, it is one of several potential XCI_{repress} loci. With one fewer XCI_{repress} locus, X^{TsixΔCpG} chromosomes would require less I to initiate inactivation than would wild-type X chromosomes. In these cases, smaller clusters of I could bind to one or both Xs, even in conditions that prevented the formation of a single, large macromolecule.

The results from the $X^{\Delta XTX}$ deletion are also easily understood with the feedback model. By removing *Xist*, and thus the XCI_{*init*} locus, from an X chromosome, the mutant would not inactivate, but would still be able to produce the A signal. Thus, normal counting should take place in heterozygous cells, but choice should be skewed; the mutant X chromosome should remain active in all cells.

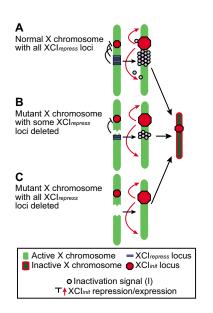


Fig. 6. Three different paths to X inactivation. (**A**) In a normal X chromosome, all of the XCI_{repress} loci must be turned off by I. (**B**) In a mutant X chromosome where some of the XCI_{repress} loci have been removed, only a small amount of I is required to initiate XCI. Because these chromosomes have a lower threshold to overcome before initiating XCI, there is a higher probability that they will inactivate. (**C**) In a mutant X chromosome where all of the XCI_{repress} loci have been removed, XCI will initiate without any I.

It is possible that the *Xpr* pairing is the signal to synthesize A, and that the gene that encodes A is in this region. However, it is more likely that A is the product of more than one locus. Although the locus in the Xpr may be relatively dominant, because a single ectopic copy is sufficient to drive XCI in XY cells, transgenes that include Xist (Herzing et al., 1997; Lee et al., 1999b; Lee et al., 1996) but that do not include the Xpr can also induce ectopic XCI, but multiple copies need to be present. Perhaps these transgenes contain weaker A-producing loci that need to be present in sufficient numbers in order to drive XCI without an additional Xpr region. Thus, given a large number of *Xist*-containing transgenes, an XY cell might generate enough of the A signal to generate the I signal. The cell's response to the I signal, however, would depend on the structure of the transgene. Transgenes that also contain XCI_{repress} loci would probably bind the I signal because of the large number of binding sites they would provide. This idea is supported by Lee's transgene experiments with a multicopy transgene that contains Tsix and Xist, which prevented XCI in XX cells (Lee, 2005). Transgenes that contain Xist but not XCI_{repress} loci might not bind the I signal, thereby allowing the I signal to bind to the wildtype X chromosome at levels that depend upon the presence or absence of Tsix/Xist pairing: with pairing, one would expect a high level of binding; without pairing, one would expect a relatively low level of binding.

Limitations of the feedback model

It is currently unclear if researchers should favor the results from $X^{Tsix\Delta CpG}$: Y, $X^{Tsix\Delta CpG}$: 0 and X^{Tsix} IRES β geo: Y ES cells and mice over those derived from X^{Tsix} stop: Y and $X^{Tsix\Delta major}$: Y ES cells. For all of these mutant ES cells and mice, researchers have reported drastically reduced levels of *Tsix* expression across *Xist*. The effects of this reduction, however, are different in the two groups of cells. In the

first group, *Xist* is not upregulated and the cells do not show ectopic XCI. In the second group, *Xist* is upregulated and the cells inactivate the single X chromosome. Until researchers can determine why these cells initiate XCI differently, it will be impossible to know whether one should use the feedback model or the stochastic model to interpret these data.

Conclusions

Since random XCI was first proposed in 1961 as the means for ensuring that only one X chromosome is active per diploid set of autosomes, scientists have used models to try to understand their experimental results. Here, we present the feedback model, which was designed to maximize the number of experimental results that it could account for. Because it incorporates Lyon's interchromosomal feedback signaling, we hope that there will be a renewed interest in searching for trans-acting signals that might originate from the X chromosomes and that might be received by autosomes prior to the initiation of XCI. Our model also suggests that multiple loci are involved in repressing the initiation of XCI, and not a single locus. This concept allows the model to reconcile data from different laboratories that would otherwise be contradictory. It is our hope that the feedback model provides a clearer picture of how X chromosome mutation and deletion data should be interpreted, and that it will encourage researchers to develop hypotheses for future experiments.

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